

# REVIVE

## PRODUCT CATALOG



## From Farm to Family: Quality Assured at Every Step

### GROWERS

**The Farmers:** We work with farmers who have years of experience cultivating a particular crop, who invest in the highest quality seeds and equipment, and whose farming techniques are environmentally friendly. Their rich knowledge of the local soil, climatic conditions, optimum planting and harvesting time, etc. ensures that the essential oil produced from the crop will be premium and potent.

### DISTILLERS

**Our Distillers:** The next step in the production of essential oils is a delicate process that requires expertise and close attention. It is in the distillery that the crop will be processed, and its rich, aromatic essence extracted. The expert distillers responsible for REVIVE essential oils use extraction techniques and equipment that preserve its unique chemical and fragrance profile. The final result is a concentrated, aromatic oil of the highest quality.

**Steam distillation:** This is an intricate process that requires close attention to detail. Steam from boiling water is passed through the plant material. The aromatic compounds from the plant material collected by the steam flow into a tube where they are collected. Once cool, it turns back into the water. The essential oil is then separated from water and collected.

**Expression or cold pressing:** The rinds of citrus fruits are subjected to high pressure that squeezes out the essential oil.

## **Pure, Premium, Potent: Tests don't lie**

Every batch of REVIVE essential oil undergoes a number of intensive tests, both internally and at an independent third-party lab. The oils are tested for potency, purity, and overall quality.

For independent third-party testing, we send our oils to Essential Oil University, a testing facility founded by the renowned Dr. Robert Pappas, an essential oil chemist. A PhD chemist, Dr. Pappas is considered a leading authority on essential oils. Essential Oils University specializes in Gas Chromatography-Mass Spectrometry or GC/MS analysis that determines the chemical breakdowns of essential oils to verify purity and potency. Test reports of essential oil are available on our website.

We also have an expert aromatherapist on board who guides all new product-related decisions at REVIVE.

When it comes to quality, no compromises are made at any step of the production process. Our unwavering commitment to quality results in each drop of REVIVE essential oils being pure, unadulterated, premium, and potent.

# REVIVE

## ESSENTIAL OIL APPLICATION

**How to Use REVIVE Essential Oils and Blends:** There are several ways you can enjoy essential oils. They can be used for personal application, household purposes, while cooking, and even at the workplace. Basically, the application of essential oils falls under three categories: Aromatic, Topical, and Internal.

**Aromatic:** The relaxing aroma of essential oils can be enjoyed straight from the bottle through inhalation. They can also be diffused in an aromatherapy diffuser to promote relaxation and to purify the air.

**Topical:** Essential oils can be topically applied to the skin where they are readily absorbed by the body. However, several essential oils need to be diluted in a carrier oil before topical application. Here is a simple guide that will help you identify essential oils that can be used neat (N) or diluted (D). The oils marked N can be used directly whereas the ones marked D should be mixed with a carrier oil before application. Essential oils in the Sensitive (S) category should be used diluted if you have sensitive skin or if they are being used on the elderly or children.

**Internal:** To maintain health, essential oils can also be consumed as dietary supplements. For internal use, a drop or two of essential oil can be added to a veggie capsule. It can also be added to water with an emulsifier or any other beverage.

**Skin Sensitivity:** Next to every oil you will also find one of the three skin sensitivity descriptors: Neat (N), Sensitive (S), or Dilute (D). Use this key to help you properly use your essential oils according to sensitivity levels.

**Neat:** The essential oil can be used topically with no dilution.

**Sensitive:** The essential oil should be diluted for young or sensitive skin.

**Dilute:** The essential oil should be diluted before using topically.

# REVIVE

## ESSENTIAL OIL APPLICATION

**A few safety guidelines:** Because our oils are very potent, we caution users to exercise care when using them. You only need to use a little bit to enjoy the oil aromatically, topically, or internally. Below are some usage guidelines that will help you enjoy our products safely.

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Some essential oils, like Cinnamon and Oregano, are considered to be 'hot' oils, and they should not be used neat. Always dilute these oils before applying on skin. We recommend a dilution ratio of 12 drops essential oil per fluid ounce of carrier oil.

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When using topically for the first time, conduct a skin patch test. This will eliminate any chance of reaction, redness, etc. Just mix 1 drop of essential oil with 5 drops of Coconut oil and apply to the inside of your wrist. Check for any adverse reactions.

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Some citrus based essential oils and blends can cause photosensitivity, leading you to sunburn easily. It is best to avoid going outdoors in the sun for at least 12 hours after application. Soothing Massage, Bergamot, Breathe Air, Citrus Delight, Grapefruit, Concentrate, Limitless, Protect, Slimming, Endoplus, Lemon, Lime, and Wild Orange can cause photosensitivity.

Avoid applying essential oils to sensitive areas like eyes, inner ear, inside the nose, and intimate parts.

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If there is a reaction, gently remove the essential oil from skin by wiping with a damp cloth followed by applying a soothing carrier oil, such as Coconut.

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Dilute essential oils before using on children.

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Always store essential oils in a cool, dark place away from direct sunlight and beyond the reach of children. Make sure the bottle is tightly capped after use.

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Pregnant woman should discuss the use of essential oils with their healthcare provider.

# REVIVE

## ESSENTIAL OIL SINGLES

Our wide range of essential oil singles has been carefully selected for their therapeutic properties and rich aroma profiles. These all-natural oils have been sourced from countries where they grow best. The wide selection of single oils guarantees that there is an oil for every need.

## ESSENTIAL OIL BLENDS

REVIVE essential oil blends have been formulated by experts to create a potent mix that combines the strongest properties of each ingredient to address specific concerns. Our REVIVE blend collection includes proprietary blends created by our in-house experts and formulas that are comparable to popular blends by leading brands.

## CBD

REVIVE CBD is an all-natural and safe way to ease minor aches and pains, reduce feelings of stress and anxiousness, and promote better sleep at night. REVIVE uses the highest quality CBD oil from full spectrum hemp extract, not from isolate or fractionated cannabinoids. This oil is extracted using total CO2 extract, yielding the highest quality extraction, free of solvents rich in CBD and other cannabinoids, that help deliver better results. REVIVE CBD is 100% Organic Full Spectrum Hemp Extract, Peppermint Essential Oil and Fractionated Coconut Oil.

## ESSENTIAL OILS

- Amyris
- Angelica
- Arborvitae
- Balsam Fir
- Basil
- Bergamot** Top Seller
- Bergamot Mint
- Birch
- Black Pepper
- Black Spruce
- Blood Orange
- Blue Cypress
- Blue Tansy
- Buddha Wood
- Cajeput
- Camphor
- Cardamom
- Carrot seed
- Cassia
- Catnip
- Cedarwood (Atlas)** Top Seller
- Cedarwood (Juniperus virginiana)
- Cilantro
- Cinnamon Bark
- Cistus
- Citronella
- Clary Sage
- Clementine
- Clove
- Coffee
- Copaiba** Top Seller
- Coriander
- Cumin
- Cypress
- Davana
- Dill
- Douglas fir
- Elemi
- Eucalyptus** Top Seller
- Fennel
- Frankincense Carteri
- Frankincense King** Top Seller
- Frankincense Sacra
- French Lavender
- Geranium
- German Chamomile
- Ginger
- Goldenrod
- Grapefruit** Top Seller
- Green Mandarin
- Helichrysum
- Hemp
- Holy basil
- Ho Wood
- Hyssop
- Iced Coffee
- Italian Rosemary
- Jasmine
- Juniper berry
- Key Lime
- Laurel Leaf
- Lavender** Top Seller
- Lemon** Top Seller
- Lemon Eucalyptus
- Lemon Myrtle
- Lemon Verbena
- Lemongrass
- Lime
- Litsea
- Manuka
- Melissa
- Myrrh
- Myrtle
- Nutmeg
- Oregano
- Palo Santo
- Patchouli
- Peppermint** Top Seller
- Petitgrain
- Pine
- Pink Pepper
- Plai
- Ravensara
- Ravintsara
- Red Mandarin
- Roman Chamomile
- Rose
- Rose Geranium
- Rosemary
- Sage
- Sandalwood
- Siberian Fir
- Spearmint
- Sweet Marjoram
- Sweet Orange
- Tangerine
- Tarragon
- Tea Tree** Top Seller
- Thyme
- Turmeric
- Valerian
- Vanilla
- Vetiver
- Wild Orange** Top Seller
- Wintergreen
- Ylang Ylang** Top Seller
- Yuzu

## CARRIER OILS

- Argan
- Evening Primrose
- Fractionated Coconut** Top Seller
- Golden Jojoba
- Grapeseed
- Hemp Seed
- Neem
- Pomegranate
- Rosehip
- Sea Buckthorn
- Sweet Almond

## BLENDS

- Ache Away
- Allergy Relief** Top Seller
- Alleviate
- Brain Time
- Breathe Air** Top Seller
- Breathe Easy
- Breeze
- Bright Future
- Bugs Away
- Calm
- Center
- Christmas Morning
- Christmas Tree
- Citrus Delight
- Compassion
- Concentrate
- Connection
- Cool
- Copaiba & Coffee
- Courage
- Cycle Calm
- Digest Aid
- Digest Support
- Dreamer
- EndoPlus
- Energy
- Everything Nice
- Fantastic
- Fearless
- Fireworks
- First Aid Friend
- Frankincense & Myrrh
- Genius
- Germ Away
- Good Fortune
- Gorgeous
- Guardian Angel
- Harmonious Healing
- Headache Relief
- Hero
- Holiday Heaven
- Home
- Hug
- Immunity Boost** Top Seller
- Inspire
- Into the Woods
- Joy** Top Seller
- Lemonade Stand
- Limitless
- Lioness
- Love & Romance
- Maple Pancakes
- Margarita
- Mint Cookies
- Mommy Fuel
- Mrs.
- Nourish
- Peaceful
- Peppermint Latte
- Protect** Top Seller
- Pumpkin Pie
- Pumpkin Spice Latte
- Purify** Top Seller
- Reset
- Restore
- Royal
- Safe & Calm
- Sleep** Top Seller
- Slimming
- Smell the Neroli
- Smell the Roses
- Smile
- Soothe
- Soothing Massage
- Sore No More
- Spiced Apple
- Stargazer
- Steady
- Stress Easy** Top Seller
- Stress Relief
- Sugar & Spice
- Summer of Love
- Sunkissed
- Super Defense
- The Secret
- Tumble & Tidy
- Unity
- World's Best Mom
- YarPom
- Zen

## CBD

- REVIVE CBD For Pets
- REVIVE CBD For Pets - Bacon
- REVIVE CBD 0.0% THC
- REVIVE CBD Oil THC 0.0% - Extra Strength
- REVIVE CBD Oil** Top Seller
- REVIVE CBD Oil - Extra Strength
- REVIVE CBD Oil Chocolate Mint
- REVIVE CBD Oil Chocolate Mint - Extra Strength
- Bliss
- Focus
- Relief
- Rest

# REVIVE Essential Oils

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# REVIVE

ESSENTIAL OIL



## AMYRIS \$9

*Amyris balsamifera*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Sweet, woody, vanilla-like

**Properties:** Calming, relaxing, supports skin health

Also known as West Indian Sandalwood, Amyris is a cheaper option to Sandalwood essential oil. However, while they may smell similar, their individual properties are quite different. Amyris is excellent for skin care and may help reduce signs of aging, such as wrinkles, fine lines, etc. It may help maintain skin elasticity and glow.

**Blends well with:** Atlas Cedarwood and Vetiver.

**Youthful, Glowing Skin:** Add a few drops to Jojoba Oil and use as a facial oil, regularly.

**Sweet, Relaxing Aroma:** Diffuse a few drops to promote a feeling of calm and relaxation.

**Keep Bugs Away:** Add a few drops to a spray bottle containing water and spray around the home and garden to deter insects.

# REVIVE

ESSENTIAL OIL



## ANGELICA \$53

*Angelica archangelica*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Musky, earthy, woody

**Properties:** Relaxing, stimulating, respiratory support

Known as the “Oil of Angels”, the scent of Angelica essential oil is deeply soothing and relaxing. When used topically, it may help alleviate minor pain. The cleansing aroma also helps support respiratory function and fights the risk of seasonal threats. The soothing aroma is also energizing.

**Blends well with:** Patchouli, Vetiver, and Clary Sage.

**Respiratory Relief:** Add 1-2 drops to a bowl of hot water. Cover head with a towel and deeply inhale the vapors to clear airways.

**Ease Abdominal Discomfort:** Add 1-2 drops to a carrier oil, like Coconut, and apply to affected area.

**Deep Relaxation:** Add a few drops to half a cup of unscented Castile soap and add to bath water. Enjoy a calming soak.

# REVIVE

ESSENTIAL OIL



## ARBORVITAE \$18

*Thuja plicata*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Warm, woody

**Properties:** Cleansing, purifying

With powerful purifying and cleansing properties, Arborvitae can protect against environmental and seasonal threats. Its earthy aroma is also very grounding.

**Blends well with:** Birch, Cedarwood, and Cassia.

**Insect-Free Hikes:** Apply 1-2 drops to the wrists and ankles to keep bugs and insects away.

**Preserve Wood:** Mix with a few drops of Lemon essential oil and use as a wood polish.

**Meditation:** Diffuse 2-3 drops to promote a sense of calm and peace.

**Clean Surfaces:** Add a few drops to your favorite natural cleaner or DIY cleaner for added cleansing power in your home.

# REVIVE

ESSENTIAL OIL



## BALSAM FIR \$9

*Abies balsamea*

AROMATICALLY

TOPICALLY

NEAT

**Aroma:** Woodsy, fresh, earthy

**Properties:** Soothing, balancing, minor pain relief

A scent that conjures memories of the great outdoors. Balsam Fir instantly freshens up the space and uplifts the mood - a perfect essential oil for the holiday season.

**Blends well with:** Citrus, Myrrh, and other resins.

**De-stress and Relax:** Diffuse to alleviate stress and uplift your mood.

**Soothing Relief:** Mix with a carrier oil to soothe sore and fatigued muscles.

**Respiratory Relief:** Use topically (diluted) to support healthy respiratory functions.

**Christmas is in the Air:** In an 8 oz glass spray bottle, add 20 drops of Balsam Fir and 4 drops of Clove essential oil. Spritz your fake Christmas tree before decorating.

# REVIVE

## ESSENTIAL OIL



### BASIL \$10

*Ocimum basilicum*

AROMATICALLY

TOPICALLY

INTERNALLY

NEAT

**Aroma:** Sweet, spicy, fresh

**Properties:** Reduces stress, promotes relaxation

A well-known culinary herb, Basil's benefits are not confined to just the kitchen. This flavoring agent is packed with attributes that can maintain health and wellness.

**Blends well with:** Lavender, Lemon, and other floral & citrus oils.

**Digestive Aid:** Relieve occasional digestive issues by massaging the stomach with a mix of Basil and a carrier oil.

**Stay Sharp:** Diffuse to improve concentration and focus.

**Soothing Care:** Use topically to soothe tired muscles.

**Relax and De-stress:** Combine with Vanilla or Bergamot to create a relaxing atmosphere.

# REVIVE

## ESSENTIAL OIL



### BERGAMOT \$11

*Citrus bergamia*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Sweet, fresh, citrusy

**Properties:** Cleansing, purifying, uplifting

Anyone who has enjoyed a cup of Earl Grey Tea will be familiar with the aroma and flavor of Bergamot. This essential oil will instantly perk you up, counteract negative thoughts, and energize your mood.

**Blends well with:** Lavender, Lemon, and Black Pepper.

**Improve Mood:** Diffuse to drive away anxious feelings and uplift your spirits.

**Naturally Fresh Breath:** Add 1-2 drops to a glass of water and rinse your mouth for fresh breath plus healthy teeth and gums.

**Cup of Tea:** Add a drop to your regular, plain tea and voilà! It's a cup of Earl Grey now.

# REVIVE

ESSENTIAL OIL



## BERGAMOT MINT \$10

*Mentha citrata*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Citrusy, minty, floral, bright

**Properties:** Relaxing, reduces tension, purifying

Bergamot Mint is steam distilled from the leaves of this American plant. This essential oil is great for encouraging relaxation, emotional balance, and has anti-inflammatory properties.

**Blends well with:** Lavender, Peppermint, Bergamot, and Sage.

**Relax Your Mind:** Diffuse 3-4 drops in the room to relax and calm spirits.

**Reduce Tension:** Rub 4 drops Bergamot Mint and Fractionated Coconut Oil onto the problem area.

**Purify Small Spaces:** To clear musty smells out of cupboards, apply 2 drops of Bergamot Mint to cotton balls and them put inside cupboards and drawers.

# REVIVE

ESSENTIAL OIL



## BIRCH \$10

*Betula lenta*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Minty, sharp

**Properties:** Pain relief, antiseptic

An excellent natural option to relieve minor pains. Birch not only soothes muscles, but also helps fight against seasonal threats. A warming scent, perfect for cold and chilly days.

**Blends well with:** Peppermint and other mints.

**Soothe Fatigued Muscles:** Mix with a carrier oil and massage into overworked muscles after a vigorous workout.

**Soothe Irritations:** Take care of pesky skin-related irritations by applying Birch topically (diluted).

**Smoother Skin:** Add Birch to your favorite skin care cream and enjoy a healthy, glowing complexion.



# REVIVE

## ESSENTIAL OIL



## BLACK PEPPER \$12

*Piper nigrum*

AROMATICALLY

TOPICALLY

INTERNALLY

SENSITIVE

**Aroma:** Spicy, woody, hot

**Properties:** Antioxidant, soothing, digestive aid

One of the most popular spices, Black Pepper can flavor food and helps maintain the immune system. Brimming with antioxidants and other beneficial compounds, Black Pepper essential oil will shield your family from seasonal threats.

**Blends well with:** Bergamot, Frankincense, Geranium, Rosemary, Sandalwood, and Turmeric.

**Soothing Massage:** Make your own warming massage oil using a carrier oil and Black Pepper oil.

**Fight Seasonal Threats:** Protect yourself against environmental threats by taking a veggie capsule with 1-2 drops of Black Pepper and a drop of honey.

**Digestive Aid:** Add to soups, salads, and meats. Your tasty food will now also be easily digestible.

# REVIVE

## ESSENTIAL OIL



## BLACK SPRUCE \$10

*Picea mariana*

AROMATICALLY

TOPICALLY

DILUTE

**Aroma:** Balsamic, slightly sweet, resinous, woody

**Properties:** Respiratory benefits, tonic, relaxation

Native Americans have known about the benefits of Black Spruce for hundreds of years. Now, a larger audience is discovering the medicinal benefits Black Spruce has to offer.

**Blends well with:** Cedarwood, Clary Sage, Cypress, Eucalyptus, Frankincense, Lavender, Lemon, Palo Santo, Pine, and Rosemary.

**Enjoy Mental Clarity:** Diffuse Black Spruce to increase concentration.

**No More Winter Blues:** Black Spruce helps maintain hormonal balance. It may have positive effects on mood and emotions.

**Minor Pain Relief:** No more tired muscles and joints. Mix Black Spruce with a carrier oil and gently massage into the affected areas.

# REVIVE

ESSENTIAL OIL



## BLOOD ORANGE \$8

*Citrus sinensis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, sweet, bright

**Properties:** Antioxidant, skincare, metabolic support

When a blood orange is peeled, a bright red fruit is revealed inside. The red pigment of the fruit is a potent antioxidant, a unique trait in the Citrus Family. The bright, refreshing scent of the oil is stimulating and energizing. The oil may also help support weight management and metabolic support.

**Blends well with:** Cinnamon and other spicy oils.

**Improve Digestion:** Add 1 drop to a teaspoon of Coconut oil and apply it on the abdomen to aid in digestion.

**Uplift the Senses:** Diffuser 2-4 drops when you need something to improve your mood.

**Brighter Skin:** Add a few drops to your facial cleanser and use regularly to detoxify and improve skin health.

# REVIVE

ESSENTIAL OIL



## BLUE CYPRESS \$15

*Callitris intratropica*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Clean, fresh, woody, citrusy hints

**Properties:** Grounding, purifying

Native to Australia, Blue Cypress was the “Essence of the Sydney 2000 Olympics”. It is also called Blue Gold, a well-earned title seeing it has many beneficial properties. This great-smelling oil has proved to be extremely versatile over the years.

**Blends well with:** Amyris, Bergamot, Black Pepper, and Lemon.

**Soothe Irritated Skin:** Enjoy soft, supple, and blemish-free skin with Blue Cypress.

**Boost Immunity:** Diffuse daily to support your immune system.

**Get Rid of Pesky Pests:** Enjoy a mosquito-free BBQ by using Blue Cypress topically as a bug repellent.

# REVIVE

ESSENTIAL OIL



## BLUE TANSY \$49

*Tanacetum annuum*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Sweet, fruity, light, balsamic

**Properties:** Antioxidant, uplifting, relaxant

Also known as Moroccan Tansy, this essential oil is vibrant blue in color and has a pleasing, sweet aroma. This luxurious essential oil can do wonders to maintain the health of your body and mind.

**Blends well with:** Clary Sage, Geranium, and Juniper Berry.

**Infuse Positivity:** Diffuse Blue Tansy and watch as the mood in the room instantly improves.

**Beautiful Skin:** Add a few drops to your moisturizer to help reduce the appearance of blemishes and soothe troubled skin.

**Reduce Stress:** Unwind and rejuvenate by enjoying a soothing massage using Blue Tansy oil.

# REVIVE

## ESSENTIAL OIL



## BUDDHA WOOD \$26

*Eremophila mitchellii*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Woodsy, balsamic, slightly smoky

**Properties:** Grounding, soothing, promotes sleep

A lesser-known essential oil, Buddha Wood is sometimes referred to as 'False Sandalwood'. Its calming scent has a grounding effect and can help you weather emotional upheavals.

**Blends well with:** Vetiver, Bergamot, and Patchouli.

**Sound Body & Mind:** Diffuse while meditating to help focus and clear your mind of errant thoughts.

**Smell Good:** Create your own perfume by adding a few drops to a carrier oil, like Sweet Almond, and using it in a roll-on bottle.

**Natural Repellent:** Able to repel termites, ticks, mosquitos, etc. Add Buddha Wood to a spray bottle with water and use as needed.

# REVIVE

## ESSENTIAL OIL



### CAJEPUT \$8

*Melaleuca cajuputi*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Herbaceous, camphoraceous, warm

**Properties:** Fights seasonal threats, energizing, relieves minor pain

Related to Tea Tree, Cajeput has a more camphoraceous aroma than its cousin. The scent of Cajeput can help uplift your mood and boost energy. It also has properties that can protect the body from season threats.

**Blends well with:** Eucalyptus, Lavender, and other high cineole & floral aromas.

**Energizing Scent:** Diffuse 3-4 drops when feeling dull & uninspired. It will help alleviate a heavy mood and infuse energy.

**Fight Environmental Threats:** Add 1-2 drops to 1 teaspoon of Coconut Oil and use to soothe a scratchy throat.

**Healthy Lungs:** Apply topically with a carrier oil to encourage respiratory health.

# REVIVE

## ESSENTIAL OIL



## CAMPBOR \$8

*Cinnamomum camphora*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Strong, peppery, medicinal, leafy, fresh

**Properties:** Healthy lungs, maintain respiratory functions, insect repellent

Our all-natural Camphor essential oil comes from the Camphor tree found in China. The distinct scent of Camphor helps keep insects and pests away. It can also be used to support your lungs and ease breathing.

**Blends well with:** Eucalyptus and other camphoraceous aromas.

**Supports Respiratory Health:** Add a drop of Camphor oil to a teaspoon of Coconut Oil and rub on your chest, back, and soles of your feet.

**Insect Repellent:** To keep annoying insects away, add 1-2 drops of Camphor to 2 teaspoons of carrier oil.

**Keep Odors Away:** Add 1 drop of oil to a cotton ball and keep in your wardrobe to keep musty smells away.



# REVIVE

## ESSENTIAL OIL



## CARDAMOM \$16

*Elettaria cardamomum*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Sweet, spicy, fruity, balsamic, warm

**Properties:** Protection from seasonal threats, digestive aid, respiratory support

Many are familiar with the enticing aroma of Cardamom. Also known as the 'Queen of Spices', Cardamom is a popular ingredient in Asian & Middle Eastern cuisine. Besides adding an exotic touch to recipes, Cardamom can help protect against environmental elements, promote easy breathing, and support blood circulation.

**Blends well with:** Bergamot, Cilantro, Ginger, Ylang Ylang, and woods & other carminative spices.

**Flavored Chai Latte:** Add 1 drop to a cup of tea with honey and enjoy a spiced Chai Latte.

**Recipes:** Add some complexity to your dishes by adding 1 drop of Cardamom Oil when required.

**Ease Breathing:** Diffuse a few drops to support healthy lungs and breathing.

# REVIVE

ESSENTIAL OIL



## CARROT SEED \$11

*Daucus carota*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Woody, earthy, slightly spicy

**Properties:** Antioxidant, protection from seasonal threats

Carrot Seed Oil contains powerful antioxidants that may help prevent damage caused by free radicals. This property makes it a strong ally in the skincare department. Not only does Carrot Seed help reduce signs of visible aging, it may also help your eyesight and muscles.

**Blends well with:** Frankincense, Geranium, Lavender, Lemon, Patchouli, and Spearmint.

**Nourished Skin:** Prepare a lotion with 30mL Fractionated Coconut Oil and 12 drops of Carrot Seed Oil. Use regularly to improve complexion and promote healthy skin.

**Haircare:** Add a few drops to Coconut or Olive Oil and massage into your scalp for healthy, strong hair.

**Ease Anxiety:** Diffuse to dispel feelings of worry.

# REVIVE

## ESSENTIAL OIL



### CASSIA \$8

*Cinnamomum cassia*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Spicy, hot, sweet, cinnamon-like, slightly woody

**Properties:** Stimulating, reduces stress

Cassia smells a lot like Cinnamon; the tree bark (like Cinnamon) is used to flavor food. Since Cassia is native to China, it is also known as Chinese Cinnamon. The strong, warm aroma of Cassia is uplifting and can help reduce negative & anxious feelings. It can also protect against environmental & seasonal threats.

**Blends well with:** Sweet Orange, Clove, and other spices.

**Improve Mood:** Diffuse 2-3 drops to feel rejuvenated and promote positive feelings.

**Warming Massage Oil:** Dip a toothpick into the bottle and then swirl it in 1 oz of carrier oil.

**Immune Support:** Take a veggie capsule with 1 drop of Cassia oil and 1 drop of honey to maintain immune health.

# REVIVE

ESSENTIAL OIL



## CATNIP \$20

*Nepeta cataria*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Floral, herbaceous, mint

**Properties:** Insect repellent, stimulating, relieves minor pain

Also known as cat mint, Catnip is commonly sighted in the pet aisle and is usually used around cats. However, it can also be beneficial to humans. It can help alleviate menstrual symptoms, like cramps, or stomach-related complaints, such as aches & ulcers.

**Blends well with:** Lemon, Lime, Mint, Eucalyptus, Myrrh, Citronella, and Geranium.

**Menstrual Relief:** Mix 1-2 drops with 1 teaspoon of carrier oil and gently massage the lower abdomen to provide relief.

**Repellent:** Add a few drops to a spray bottle containing water or witch hazel. Spray the mixture on arms & legs before going out. This may also help eliminate tick infection.

**Relax:** Diffuse to promote relaxation.

# REVIVE

ESSENTIAL OIL



## CEDARWOOD (ATLAS) \$8

*Cedrus atlantica*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Woodsy, balsamic, warm, strong

**Properties:** Maintains lung health, respiratory support, grounding

It is believed to be one of the very first essential oils extracted, most likely by Egyptians who used a lot of aromatic oils. Traces of Cedar Oil have been found on mummies, suggesting it was used in the embalming process. The soothing scent of Cedar is very relaxing and can help calm the mind.

**Blends well with:** Clary Sage, Lavender, and Vetiver.

**Breathe Easy:** Rub a mixture of Cedar and Coconut oil on the chest to help maintain respiratory functions.

**Repellent:** Keep moths away by adding 1-2 drops to cotton balls and leaving them in your closet.

**Better Hair:** Massage your hair with a mixture of Coconut and Cedar Oil to stimulate the scalp and promote healthy, strong hair.

# REVIVE

ESSENTIAL OIL



## CEDARWOOD \$8

*Juniperus virginiana*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Oily-woody, slightly sweet, mild, somewhat balsamic

**Properties:** Calming, skin health, healthy lungs

A scent that conjures memories of the great outdoors, instantly freshening up the space and uplifting the mood. Cedarwood is the perfect essential oil for the holiday season.

**Blends well with:** Clary Sage, Lavender, and Vetiver.

**Unwind and Relax:** Diffuse to de-stress and relax.

**Healthy Skin:** Add 1-2 drops to skin care products to get healthy, toned skin.

**Insect Repellent:** Mix a few drops with a light carrier oil, like Almond or Avocado, and use on exposed skin every time you step outdoors. This will keep away insects, like mosquitos.

# REVIVE

## ESSENTIAL OIL



### CILANTRO \$12

*Coriandrum sativum*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Fresh, green, herbaceous, sweet

**Properties:** Antioxidant, digestive support, cleansing

We have all enjoyed Cilantro in salads, salsas, and soups, but this humble garnishing does more than just enhance the flavor of food. Besides being an excellent digestive aid, it is also a powerful cleanser & purifier and is rich in antioxidants.

**Blends well with:** Clary Sage, Lavender, and Vetiver.

**Use in Cooking:** Add 1 drop of Cilantro to your dish if the recipe calls for Cilantro.

**Digestive Support:** Take a veggie capsule containing 1 drop of Cilantro Oil to aid digestion. This is also beneficial for immune health.

**Combat Allergies:** As an antihistamine, apply topically with a carrier oil to fight allergies.

# REVIVE

## ESSENTIAL OIL



## CINNAMON BARK \$13

*Cinnamomum zeylanicum*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Spicy, sweet, sharp, warm

**Properties:** Minor pain relief, antioxidant

The warm, comforting aroma of this spice will remind you of the holiday season. Cinnamon Bark has a rich and very interesting history; some people believe it is one of the oldest spices known to mankind. Besides its culinary applications, it also has many health benefits.

**Blends well with:** Tangerine, Clove, and other citrus & spices.

**Air Purifier:** Diffuse Cinnamon Bark to get rid of environmental threats and freshen up the space.

**Joint Massage:** Dilute with Fractionate Coconut Oil to create a warming massage for cold, achy joints during winter. Dilute to 0.07%

**Soothing Tea:** Add 1 drop of Cinnamon Bark and some honey to a cup of tea to soothe a scratchy throat.



# REVIVE

## ESSENTIAL OIL



### CISTUS \$24

*Cistus ladanifer*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Sweet, warm, fruity hints

**Properties:** Protects against environmental threats, relieves minor pain

Cistus essential oil is also known as 'Rock Rose' essential oil. In ancient times, it was used to heal wounds. Cistus may help regulate sebum production in skin, making it less oily. In addition, the uplifting aroma can help maintain focus & concentration.

**Blends well with:** Vetiver and Sandalwood

**Anti-acne Lotion:** Add 6 drops to 15mL of Grapeseed Essential Oil. Use regularly for a clear, problem-free complexion.

**Rejuvenating Bath:** Add 5-10 drops to 1/2 cup of unscented Castile soap and add to bath water. Enjoy a relaxing soak.

**First Aid:** Mix 1 drop with 1 teaspoon of Coconut Oil and use on open wounds & cuts.

# REVIVE

## ESSENTIAL OIL



## CITRONELLA \$8

*Cymbopogon winterianus*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Citrusy, sweet, grassy, fresh

**Properties:** Insect repellent, protects against environmental threats

Because of its lemony & fresh scent, Citronella is a favorite ingredient in incense & air fresheners. It is one of nature's most powerful repellants, particularly effective against mosquitoes that cause Yellow Fever. Besides this, it is a great anti-bacterial and anti-fungal, so it can help with skin issues, such as athlete's foot and acne.

**Blends well with:** Bergamot, Lavender, Lemon, Lemongrass, and Sandalwood.

**Natural Insect Repellent:** Mix with Coconut Oil and apply to exposed parts of the body before stepping out.

**Remove Odors:** Diffuse a few drops to freshen up the room and get rid of odors.

**Oily Skin:** Add a few drops to a face wash and use daily. This will help keep skin oil-free.

# REVIVE

ESSENTIAL OIL



## CLARY SAGE \$11

*Salvia sclarea*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Herbaceous, strong, nutty, sweet, fruity

**Properties:** Balancing, skin care, reduces sad feelings

The earliest known use of Clary Sage was in Rome & Greece to treat eye conditions. In the Middle Ages, it was used to soothe skin conditions. Today, it is known for its ability to balance hormones and promote relaxation.

**Blends well with:** Bergamot, Lavender, Sandalwood, and Ylang Ylang Complete.

**PMS Support:** Rub a mixture of Clary Sage and a carrier oil to the abdomen for PMS relief.

**Hormone Balance:** Apply diluted to pulse points for hormone support.

**Boost Libido:** Boost your love life by diffusing it in the bedroom.

# REVIVE

ESSENTIAL OIL



## CLEMENTINE \$8

*Citrus clementina*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Sweet, tangy, citrusy

**Properties:** Cleansing, calming, supports healthy skin, uplifting

Clementine is a hybrid of Mandarin and Sweet Orange that grows naturally. It has powerful cleansing properties and, like most essential oils in the Citrus Family, it uplifts moods, calms anxious feelings, and promotes a sense of positivity.

**Blends well with:** Frankincense, Geranium, Vanilla, and other citrus oils.

**Tummy Troubles:** Add 1 drop to 1 teaspoon of Coconut Oil and massage on the abdomen to soothe upset stomachs. Add Ginger or Peppermint oil as well, for those really troubled tummies.

**Uplift Your Mood:** Diffuse 2-4 drops when you need something to improve your mood.

**Healthy Skin:** Add a few drops to your facial cleanser and use regularly to detoxify & improve skin health.

# REVIVE

## ESSENTIAL OIL



### CLOVE \$9

*Eugenia caryophyllata*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Spicy, hot, sweet, rich

**Properties:** Energizing, stimulating, antioxidant

It takes 20 years for a Clove tree to produce Clove buds; the essential oil is extracted from the buds that have been dried in the sun. Ancient Greeks & Romans started the practice of using Clove to maintain oral health. Even today, Clove is widely used for oral health care.

**Blends well with:** Cinnamon, Grapefruit, Lemon, Peppermint, and Rosemary.

**Oral Care:** Mix 1 drop with 1 teaspoon of carrier oil and use on gums & teeth.

**Mouthwash:** Add 1 drop to a glass of water and use to gargle.

**Maintain Healthy Blood Pressure:** Diffuse a few drops to support immune health & blood pressure.

# REVIVE

## ESSENTIAL OIL



### COFFEE \$13

*Coffea robusta*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Warm, strong, dark roasted coffee-like, rich

**Properties:** Stimulant, antioxidant, digestive

A study has shown that the majority of the antioxidants in a Western country come from Coffee. Most people are already aware of its energy-boosting powers; however, Coffee has a lot more to offer. The essential oil has many properties that can help maintain health as we age and can also help with weight management.

**Blends well with:** Vanilla, Peppermint, Copaiba, and Sandalwood.

**Smoother Skin:** Add a few drops to Coconut Oil and apply on skin.

**Healthy Hair:** Add 1-2 drops to shampoo and use to wash hair. This can stimulate the scalp and promote hair growth.

**A Little Pick-Me-Up:** Diffuse Coffee in the room to drive away lethargy & tiredness.

# REVIVE

## ESSENTIAL OIL



### COPAIBA \$8

*Copaifera langsdorffii*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Sweet, spicy, woody

**Properties:** Calming, mild pain relief, skincare

Far before Copaiba was introduced to the world at large, it was being used by the natives inhabiting the Amazon region. The essential oil comes from the Copaiba trees, giants that can grow more than 100 feet tall. Its many benefits to the skin make it a favorite ingredient in skincare products.

**Blends well with:** Frankincense, Lavender, Rose, Sandalwood, Ylang Ylang Complete.

**Support Bodily Systems:** Drink a cup of water with 1-2 drops of Copaiba daily.

**Get Gorgeous Skin:** Add a few drops to your favorite skincare products.

**Relief from Mild Pain:** Add 1-2 drops to a teaspoon of Coconut Oil and apply.

# REVIVE

## ESSENTIAL OIL



### CORIANDER \$10

*Coriandrum sativum*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Fresh, herbaceous, sweet, bright, citrusy undertones

**Properties:** Digestive, relaxant, skincare

The leaves of the Coriander plant are a popular ingredient in many salads & dishes. The essential oil comes from the seeds, which are also used for cooking. Coriander is good for digestive purposes and the oil can also help maintain skin health and reduce the appearance of lines & wrinkles.

**Blends well with:** Bergamot, Lavender, and other florals.

**Digestive Aid:** Take a drop with a little honey in a glass of water after a big meal.

**Oily Skin Care:** Add to a facial cleanser or toner and use regularly to improve the appearance of oily skin.

**Mouthwash:** Add 1-2 drops to a glass of water and use this to rinse the mouth. This will help keep gums & teeth clean.



# REVIVE

ESSENTIAL OIL



## CUMIN \$9

*Cuminum cyminum*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Warm, spicy, rich, nutty

**Properties:** Warming, digestive

Another common kitchen ingredient, the oil extracted from Cumin has powerful properties that help support bodily functions. It also helps support digestive health.

**Blends well with:** Cilantro, Coriander, and other spices.

**Enhance Flavors:** Add a drop to curries, stews, etc. to improve taste.

**Oral Health:** Add 1-2 drops to a glass of water and rinse your mouth with this mixture.

**Relieve Stomach Discomfort:** Add 1 drop of Cumin and 1 drop of honey to a veggie capsule and take daily.

# REVIVE

## ESSENTIAL OIL



### CYPRESS \$8

*Cupressus sempervirens*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Fresh, woody, herbaceous, distinctive

**Properties:** Energizing, respiratory support, refreshing

Called the 'Mournful Tree' by Ancient Romans & Greeks, the Cypress is usually associated with death. On the contrary, it is actually packed with benefits that promote health & wellness. The fresh fragrance of Cypress is energizing and the oil may help relieve minor muscle & joint pain.

**Blends well with:** Clary Sage, Lavender, Sandalwood, and Tea Tree.

**Smoother Skin:** Mix 2-4 drops with a tablespoon of carrier oil and apply on affected areas.

**Oily Skincare:** Add to a facial cleanser or toner and use daily.

**Invigorate the Senses:** Diffuse a few drops of Cypress and a citrus essential oil to freshen up the space and boost energy.

# REVIVE

ESSENTIAL OIL



DAVANA \$30

*Artemisia pallens*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Sweet, fruity

**Properties:** Healthy skin, beautiful aroma

This sweet-smelling essential oil comes from the Daisy Family. In India, where it grows natively, it has been traditionally used in Ayurvedic medicinal practices. Davana is beneficial for reducing stress and maintaining a healthy skin.

**Blends well with:** Lavender, Sandalwood, Patchouli, and citrus oils.

**Calm Yourself:** Diffuse 2-4 drops when you need something to create a calm & pleasant mood.

**Personal Fragrance:** Apply a few drops to your wrist & neck to use as a personal fragrance. Davana can smell different on each person based on the interaction with each person's unique body chemistry.

**Healthy Skin:** Add a few drops to your facial cleanser or lotion and use regularly to help maintain skin health.

# REVIVE

## ESSENTIAL OIL



### DILL \$9

*Anethum graveolens*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Herbaceous, grassy, fresh, tangy

**Properties:** Digestive, purifying, reduces stress

A member of the Celery Family, Dill is an ideal ingredient used to flavor soups, salads, and many more. Its name comes from the Norwegian word 'dylla', meaning 'to lull', alluding to its ability to induce sleep. It also has some antibacterial qualities that may help fight environmental threats.

**Blends well with:** Carrot Seed, Fennel, Lavender, and other citrus oils.

**Sleep Aid:** Drink a cup of warm tea with a drop of Dill and a little honey before bed.

**Immune Support:** Add a drop of Dill to a glass of water. Drink regularly for antioxidant support and to maintain immune health.

**Cooking:** Add a drop of Dill Oil to soups, salads, curries, etc. when the recipe calls for it.

# REVIVE

## ESSENTIAL OIL



### DOUGLAS FIR \$13

*Pseudotsuga menziesii*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Fresh, clean, woody, Christmas tree-like

**Properties:** Skincare, uplifting, respiratory support

It is one of the top ten choices for a Christmas tree. The fresh, uplifting smell of the Douglas Fir can infuse a sense of positivity & focus. By supporting collagen production, it may also help improve skin health.

**Blends well with:** Frankincense, Grapefruit, Vetiver, Bergamot, and Silver Fir.

**Holiday Scent:** Diffuse a few drops of Douglas Fir to create a relaxing holiday aroma.

**Skincare:** Add a few drops to your cleanser or lotion and use regularly for healthy skin.

**Stay Focused:** Inhale deeply from the bottle when you are feeling distracted and need to focus on the task at hand.

# REVIVE

## ESSENTIAL OIL



### ELEMI \$9

*Canarium luzonicum*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Fresh, peppery, spicy, lemon-like, clean

**Properties:** Minor pain relief, skincare, anti-aging

Elemi is yet another versatile oil that has many benefits. In Ancient Egypt, it was one of the ingredients used in the mummification process, but it may also help protect against seasonal threats & environmental elements. When used topically, it may help improve skin health by keeping balanced.

**Blends well with:** Frankincense and other earthy essential oils.

**Improve Oily Skin:** Add a few drops of Elemi to a face cleanser or toner and use regularly.

**Headache Relief:** Add a drop of Elemi and a drop of Eucalyptus to a teaspoon of Coconut oil and apply to the forehead & temples to alleviate head & neck tension.

**Reduce Signs of Aging:** Add a few drops to a face cream or moisturizer and use daily.

# REVIVE

## ESSENTIAL OIL



## EUCALYPTUS \$11

*Eucalyptus radiata*

AROMATICALLY

TOPICALLY

SENSITIVE

**Aroma:** Menthol, fresh, sharp, herbal

**Properties:** Immune support, lungs support, minor pain relief

Eucalyptus may be native to Australia, but its scent is recognized around the world. Having been used for hundreds of years, today, many medicines for pain relief & respiratory support use it as a main component. Eucalyptus can also be used to protect against seasonal threats, especially during winter.

**Blends well with:** Cedarwood, Frankincense, Lavender, Rosemary, and Tea Tree.

**Breathe Easier:** Add the oil to steaming hot water and inhale the vapors to clear nasal passages.

**Remove Tension:** Massage temples with a mixture of Eucalyptus and a carrier oil to relieve head & neck tension.

**Maintain Lung Health:** Mix Fractionated Coconut Oil and Eucalyptus and apply it to the chest, back, nape, and soles of the feet.

# REVIVE

## ESSENTIAL OIL



### FENNEL \$8

*Foeniculum vulgare*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Sweet, licorice-like, fresh, floral

**Properties:** Digestive aid, immune support, stimulating

It is said soldiers in ancient Rome consumed fennel seeds for strength before a battle. With its sweet, licorice-like flavor, Fennel is a great digestive aid but can also help support healthy respiratory function. In addition, it helps to improve the metabolism and circulation.

**Blends well with:** Cardamom and other spices.

**Healthy Respiratory System:** Add a drop to a glass of water or a cup of tea every morning.

**Menstrual Relief:** Rub 1-2 drops, diluted with a carrier oil, on the lower abdomen to help relieve discomfort.

**Digestive Aid:** Take a veggie capsule with a drop of Fennel and a drop of honey for relief from indigestion.



# REVIVE

## ESSENTIAL OIL



### FRANKINCENSE CARTERII \$16

*Boswellia carterii*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Sweet, warm, resinous, clean, spicy hints

**Properties:** Immune boosting, anti-aging, relaxing

Famously known as the 'King of Oils', Frankincense has a rich history dating back to 1500 B.C. Carterii is the most popular among the 3 varieties of Frankincense. Its immune boosting properties help protect against seasonal changes & environmental threats.

**Blends well with:** Neroli, Sandalwood, Galbanum, Geranium, citrus oils, and spice oils.

**Boost Immunity:** Take 1-2 drops in a veggie capsule to maintain a healthy immune system.

**Glowing Skin:** Add a few drops to your skincare products. Enjoy smooth, blemish-free, and glowing skin.

**Relaxing Soak:** Mix with bath salts and use in your bath water. Feel the stress & tension in your body just melt away.

# REVIVE

## ESSENTIAL OIL



### FRANKINCENSE KING \$30

*Comparable to doTERRA Frankincense*

AROMATICALLY TOPICALLY INTERNALLY NEAT

Boswellia Carterii, Boswellia Sacra, Boswellia Papyrifera, Boswellia Frereana

**Aroma:** Warm, spicy, clean

**Properties:** Immune boost, skincare, relaxant

Rightly considered the 'King of Oils', REVIVE Frankincense King is a blend of 4 varieties of Boswellia, each having a distinct chemical profile & numerous benefits. The warm, woody scent helps spread peace & tranquility.

**Blends well with:** Neroli, Sandalwood, Galbanum, Geranium, citrus oils, and spice oils.

**Healthy Cellular Functions:** Add 1 drop and 1 of honey to a veggie capsule and ingest regularly.

**Radiant Glow:** Mix a few drops with Golden Jojoba Oil and use as a facial oil to promote a glowing & clear complexion.

**Feel at Peace:** Diffuse a few drops before your meditation session for an elevated experience.

# REVIVE

ESSENTIAL OIL



## FRANKINCENSE SACRA \$18

*Boswellia sacra*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Bold, earthy, pungent, strong

**Properties:** Grounding, relaxant, moisturizing

Frankincense Sacra is the most premium & most expensive variety of the 3. It is extracted from the resin of a tree that grows in the Dhofar region of Oman. The deep, rich notes are distinct to Sacra and promote a sense of peace & tranquility.

**Blends well with:** Neroli, Sandalwood, Galbanum, Geranium, citrus oils, and spice oils.

**Focus & Clarity:** Diffuse a few drops of Sacra to elevate your meditation routine.

**Relieve Pain:** Mix with a carrier oil and apply to aching muscles & joints.

**Uplift Your Mood:** Breathe in the deep, rich aroma to instantly improve your mood.

# REVIVE

ESSENTIAL OIL



## FRENCH LAVENDER \$10

*Lavandula angustifolia*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Floral, fruity, sweet, woody, herbaceous

**Properties:** Relaxing, calming, immune support

French Lavender is grown at a high altitude in France. It has a bolder, more pronounced Lavender aroma and contains a higher ester profile.

**Blends well with:** Bergamot, Geranium, Rose, Sandalwood, Ylang Ylang, Cedarwood, Clove, Calry Sage, Helichrysum, and other citrus & floral oils.

**Classic Relaxation:** Diffuse 3-4 drops an hour before bed to gently lull you to sleep.

**Gentle on Skin:** Great for skin health, add a few drops to your hand cream to boost soothing dry, cracked hands.

**Fresh Laundry:** For fresh-smelling clothes, add a few drops to wool dryer balls and toss them in the dryer with the laundry. It also makes a great linen spray to refresh those items left in the cupboard all winter!

# REVIVE

## ESSENTIAL OIL



### GERANIUM \$11

*Pelargonium graveolens*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Floral, sweet, fresh

**Properties:** Uplifting, skincare, moisturizing

Geranium has a pleasant floral aroma that is relaxing & calming. It has many applications in skincare and was used by Ancient Egyptians to improve their skin. It is also a great natural option for soothing relief from skin irritations. In addition, Geranium is an excellent stress buster that can help reduce sad & anxious thoughts.

**Blends well with:** Bergamot, Cedarwood, Lavender, Lemon, and Sandalwood.

**Healthy, Glowing Skin:** Add 6 drops to 15mL of Jojoba Oil and use the mixture as a facial oil.

**Alleviate Anxious Feelings:** Diffuse a few drops to calm anxious thoughts.

**Toned Muscles:** Add a few drops to Coconut Oil and use on the body for a toning effect.

# REVIVE

ESSENTIAL OIL



## GERMAN CHAMOMILE \$40

*Matricaria chamomilla*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Fruity, herbal, sweet

**Properties:** Purifying, uplifting, calming

Most people know Chamomile as a soothing tea flavor. One of German Chamomile's most prominent properties is its ability to induce relaxation and promote sound sleep. It can also be used topically to maintain skin health.

**Blends well with:** Bergamot, Clary Sage, Geranium, and Lavender.

**Skin Maintenance:** Add a few drops to your favorite facial cream and use regularly.

**Sleep Aid:** Diffuse 3-4 drops in the bedroom for a restful night's sleep.

**Tension Relief:** Add 1-2 drops to a moist towel and apply on the forehead to relieve head & neck tension.

# REVIVE

ESSENTIAL OIL



## GINGER \$14

*Zingiber officinale*

AROMATICALLY

TOPICALLY

INTERNALLY

SENSITIVE

**Aroma:** Spicy, warm, fresh

**Properties:** Digestive, respiratory support, minor pain relief

Popularly recognized as a culinary ingredient, Ginger has been used for thousands of years in Chinese folk medicine. When added to food, it acts as a digestive aid, soothing the stomach. It can also help alleviate a scratchy throat and boost the immune system.

**Blends well with:** Basil, Cinnamon Bark, Clove Bud, Lavender, and Peppermint

**Soothe a Scratchy Throat:** Add a drop to a warm cup of tea with a little honey and drink to soothe an irritated throat.

**Occasional Nausea:** Add a drop to a handkerchief and inhale deeply when you are feeling queasy.

**Digestive Aid:** Rub 1-2 drops, diluted with a carrier oil, on the abdomen after meals.

# REVIVE

ESSENTIAL OIL



## GOLDENROD \$38

*Solidago canadensis*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Grassy, slightly sweet, herbaceous, earthy

**Properties:** Relaxing, circulatory system support

Goldenrod's scientific name, *Solidago canadensis*, comes from the Latin word 'solidare' meaning 'to strengthen'. The earthy aroma of Goldenrod is very helpful in caring the mind, making it the perfect oil for meditation & yoga.

**Blends well with:** Vetiver and other resins.

**Meditation:** Diffuse a few drops during meditation for mental clarity & focus.

**Massage Blend:** Add 1-2 drops of oil to a teaspoon of carrier oil and use for a relaxing body massage.

**Relaxing Bath:** Add 2-3 drops to honey and add the mixture to bath water. Enjoy a luxurious soak.



# REVIVE

ESSENTIAL OIL



## GRAPEFRUIT \$9

*Citrus x paradise*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, fruity, sweet, fresh

**Properties:** Cleansing, purifying, uplifting

Known as one of the “Seven Wonders of Barbados”, Grapefruit was described as the ‘Forbidden Fruit’ by a Welshman, who found it in Barbados. It got its name because the fruits grow together in bunches like grapes. Its invigorating aroma can refresh the mind & ward away sad feelings. Grapefruit is also a good addition to weight loss programs.

**Blends well with:** Bergamot, Lemon, and Ylang Ylang.

**Glowing, Bright Skin:** Add a few drops to skincare products to get healthy skin (avoid exposure to sun after application).

**Weight Management:** Diffuse or use topically on wrists & neck to fight cravings & stay motivated.

**Boost Metabolism:** Add 1 drop to a glass of water and drink daily to maintain a healthy metabolism.

# REVIVE

## ESSENTIAL OIL



### GREEN MANDARIN \$8

*Citrus deliciosa*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, tangy, sweet, zesty

**Properties:** Digestive aid, immune support, relaxant

While the Red Mandarin comes from a slightly mature fruit, the Green Mandarin essential oil is extracted while the fruit is still unripe. It may help promote digestive health & cellular functions. The crisp, uplifting scent may help you feel more energized.

**Blends well with:** Basil, Bergamot, and Geranium

**Preserve Leftovers:** Add 1-2 drops and keep it aside. It will save it from going bad while also preserving the flavor.

**Nausea Relief:** If you are feeling queasy, simply take a whiff straight from the bottle.

**Brighter Skin:** Add a few drops to your moisturizer and use daily. It may help impart a healthy glow to the skin.

# REVIVE

ESSENTIAL OIL



## HELICHRYSUM \$59

*Helichrysum italicum*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Floral, sweet, honey-like, earthy

**Properties:** Moisturizing, antioxidant, anti-aging

Referred to as the “Everlasting Flower”, Helichrysum offers a range of benefits from skincare to pain relief. It may help reduce breakouts & other skin conditions. It also has some anti-aging properties that help reduce the appearance of fine lines & spots.

**Blends well with:** Bergamot, Clary Sage, Lavender, Lemon, and Rosemary.

**Clear, Glowing Skin:** Add 1 drop to a teaspoon of carrier oil and use daily to reduce breakouts & improve skin health.

**Wounds:** Apply 1 drop on open cuts & wounds to keep seasonal threats at bay.

**Soothe Joints:** Rub 1-2 drops to aching muscles & joints to support cartilage & joint functions.

# REVIVE

## ESSENTIAL OIL



### HEMP \$49

*Cannabis Sativa*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Earthy, grassy, green, potent

**Properties:** Relaxant, minor pain relief, immune support

Hemp essential oil is completely different from Hemp Seed Oil. It is extracted from the leaves of the plant, while Hemp Seed Oil is extracted from the seeds. The essential oil contains no THC or CBD. It is helpful in relieving minor joint & muscle pain. It can also promote deep relaxation & sound sleep.

**Blends well with:** Lavender, Lemon, and Mint.

**Soothe Minor Aches & Pains:** Add 1-2 drops to a teaspoon of carrier oil and apply on tired muscles.

**Experience Deep Relaxation:** Mix a drop with 2 drops of carrier oil and apply to the temples & neck.

**Soothe Skin:** Add a few drops to Hemp Seed Oil and use to moisturize skin.

# REVIVE

ESSENTIAL OIL



## HOLY BASIL \$11

*Ocimum sanctum*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Sharp, sweet-spicy, herbaceous-minty, fresh, camphorous, licorice-like

**Properties:** Calming, relaxant, insect repellent

Native to India and also known as Tulsi locally, Holy Basil is an important ingredient in the Ayurvedic system of medicine. It helps alleviate feelings of stress and is also an effective insecticide.

**Blends well with:** Lavender, Lemon, and other floral & citrus oils.

**Meditation:** Diffuse while meditating to help with spiritual awakening.

**Peace & Calm:** Diffuse a few drops to promote a sense of peace & calm.

**Anti-Aging Elixir:** Add a few drops to your facial cream to fade spots and reduce the appearance of fine lines & wrinkles.

# REVIVE

ESSENTIAL OIL



HO WOOD \$9

*Cinnamomum camphora, linalool chemotype*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Woody, floral, camphoraceous

**Properties:** Supports breathing, immune support, calming

Distilled from the bark of the Chinese Ho Tree, Ho Wood is one of the most potent sources of naturally-occurring linalool and is excellent for promoting a peaceful & relaxing environment. It is very similar to the endangered Rosewood Tree, so it serves as a suitable substitute in some applications. It is steam distilled from the bark & wood of the same tree that brings us Ravintsara essential oil, also known as Ho Leaf oil.

**Blends well with:** Lavender, Lemon, and Ylang Ylang.

**Support Breathing:** For relief from respiratory-related issues, mix a few drops with Fractionated Coconut Oil and rub on the soles of the feet, chest, & back for a cooling effect.

**Calm Skin:** Apply 1 drop, diluted in a carrier oil, to irritated skin.

**Relax:** Diffuse 2 drops each of Ho Wood and Lavender to relax & calm stressed nerves.

# REVIVE

## ESSENTIAL OIL



### HYSSOP \$17

*Hyssopus officinalis var. decumbens*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Fresh, herbal, warm

**Properties:** Purifying, immune boosting

In ancient times, Hyssop was known as the “Holy Herb” or the “Sacred Herb”. In fact, the Father of Medicine, Hippocrates, used it extensively and praised it for its benefits for the respiratory system. It is also an excellent ingredient in skincare recipes.

**Blends well with:** Eucalyptus and other camphoraceous aromas.

**Wounds & Cuts:** Add 1 drop of Hyssop to a teaspoon of Coconut Oil and apply to open wounds & cuts.

**Healthy, Younger Skin:** Add a few drops to your skincare products and use regularly to tone skin.

**Respiratory Relief:** Mix a drop with some carrier oil and rub on the chest and soles of the feet.

# REVIVE

ESSENTIAL OIL



## ICED COFFEE \$19

*Coffea arabica*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Strong, rich aroma of dark-roasted coffee

**Properties:** Stimulating, antioxidant support, digestive aid

Iced Coffee is Coffee essential oil that is made from super roasted Arabica Beans! It is similar to REVIVE Coffee essential oil in scent and properties, but offers a longer-lasting aroma due to the darker roast of the beans.

**Blends well with:** Vanilla, Peppermint, Copaiba, and Sandalwood.

**Smooth Skin:** Enjoy smoother skin by adding a few drops to Coconut Oil and applying on skin.

**Thicker Hair:** Add 1-2 drops to shampoo and use to wash your hair. This can stimulate the scalp and promote hair growth.

**Energized:** Diffuse in the room to drive away lethargy and tiredness.



# REVIVE

## ESSENTIAL OIL



### ITALIAN ROSEMARY \$11

*Rosmarinus officinalis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Fresh, herbal, true Rosemary

**Properties:** Respiratory aid, improves focus, healthy hair

Italian Rosemary has a powerfully herbaceous aroma and high verbenone content. Its aroma is noticeably different than our other Rosemary from Morocco because it is more herbaceous and less camphorous.

**Blends well with:** Cedarwood, Citronella, Clove Bud, Eucalyptus, Grapefruit, Lavender, Lemon, Lime, Peppermint, and Tea Tree.

**Healthy Hair:** Mix 10 drops of Italian Rosemary, 5 drops of French Lavender, and 30mL of Fractionated Coconut Oil for healthy hair.

**Better Memory:** Diffuse when preparing for an exam or memorizing something important.

**Cooking:** Use Italian Rosemary to enhance flavor when cooking! A great way to use it is to add 1-2 drops to meats while cooking to enhance the flavor.

# REVIVE

ESSENTIAL OIL



## JASMINE \$30

*Jasminum grandiflorum*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Intensely floral, sweet, exotic

**Properties:** Balancing, nourishing, calming

Also known as the “King of Flowers”, Jasmine Absolute has an exotic fragrance that can help uplift the mood & spirits. It can also provide nourishment to skin & hair.

**Blends well with:** Bergamot, Blood Orange, and Lemon.

**Signature Fragrance:** Blend with Coconut Oil and use on your pulse points for a personalized fragrance.

**Improve Your Mood:** Diffuse 2-3 drops to improve the mood and spread joy.

**Beauty Blend:** Mix with Jojoba Oil and apply to the skin on a daily basis to reduce the appearance of scars & blemishes.

# REVIVE

ESSENTIAL OIL



## JUNIPER BERRY \$10

*Juniperus communis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Woody, crisp, earthy, floral hints

**Properties:** Antioxidant, calming, immune boosting

Juniper berries gives gin its unique woody flavor. The essential oil comes from the same berries. In ancient times, Egyptians used this oil as a laxative. However, Juniper Berry can also help promote a clear complexion and protect against seasonal threats. In addition, its soothing scent can be used for relaxation.

**Blends well with:** Bergamot, Clary Sage, Grapefruit, and Black Pepper.

**Refreshing Beverage:** Add a drop to a glass of water or a citrus beverage for a refreshing drink.

**Clear Skin:** Add 1 drop to a teaspoon of Coconut Oil and apply to skin to keep mild acne in check.

**Healthy Scalp:** Add a few drops to your shampoo to maintain scalp & hair health.

# REVIVE

## ESSENTIAL OIL



### KEY LIME \$8

*Citrus aurantifolia*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Lime-like, tart, citrus

**Properties:** Antioxidant, purifying, digestive aid

Key Lime is a smaller variety of limes and it has a strong, tart scent. Besides its powerful cleansing properties, it also helps support respiratory functions, especially when seasonal threats are high. This essential oil also offers antioxidant support and helps maintain the body's immune system.

**Blends well with:** Citronella, Clary Sage, Grapefruit, and Sandalwood.

**Flavor:** Add 1-2 drops to a bottle of drinking water to enhance flavor.

**Skincare:** Add to skincare products, such as face wash or toner. This will help tighten skin and make it appear brighter.

**Cleaning:** Mix 1/2 cup vinegar, 1/2 cup water, and 12-24 drops of Key Lime. Use this mixture to clean surfaces in the house.

# REVIVE

## ESSENTIAL OIL



### LAUREL LEAF \$14

*Laurus nobilis*

AROMATICALLY

TOPICALLY

INTERNALLY

DILUTE

**Aroma:** Floral, spicy, herbal, sweet

**Properties:** Immune support, uplifting, stomach relief

Laurel leaves have a rich history and have been mentioned in Greek mythology in which they often symbolize victory. The essential oil is known to promote concentration & focus. When used on skin, it can help soothe & cleanse the skin.

**Blends well with:** Eucalyptus and Tea Tree.

**Uplifting:** Diffuse 3-4 drops for an uplifting mood. For a more complex aroma, combine with Sweet Orange & Ginger!

**Stomach Troubles:** Dilute with Sweet Almond Carrier Oil and massage onto the abdomen to relieve an upset stomach.

**Immune Support:** Dilute 1 drop with 1 drop of carrier oil and take in a veggie capsule for immune support.

# REVIVE

ESSENTIAL OIL



## LAVENDER \$9

*Lavandula angustifolia*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Floral, sweet, herbaceous, fruity, woody

**Properties:** Calming, immune boosting, relaxant

A versatile oil, Lavender essential oil can do it all - from reducing sad & anxious thoughts to promoting sleep. It is an all-rounder that smells divine.

**Blends well with:** Bergamot, Geranium, Grapefruit, Rose, Sandalwood, Ylang Ylang, Cedarwood, Clove Bud, Clary Sage, Helichrysum, Neroli, Patchouli, Rosemary, Vetiver, and other citrus oils.

**Sleep Like a Baby:** Diffuse a few drops and the relaxing scent will gently lull you to sleep.

**Clear, Radiant Skin:** Add a few drops to your face cream or lotion for healthy, glowing skin.

**Fresh-Smelling Laundry:** Add 1-2 drops to a few wool dryer balls and toss them into the dryer with your laundry.

# REVIVE

## ESSENTIAL OIL



### LEMON \$7

*Citrus Limon*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Fresh, citrusy, tangy, bright

**Properties:** Cleansing, purifying, energizing

One of the most popular oils, Lemon is a staple for the essential oil users' collection. Another versatile oil, it has numerous applications. It is an essential oil for every season.

**Blends well with:** Bergamot, Vanilla, Cinnamon Bark, Grapefruit, Red Mandarin, Orange, and Sandalwood

**Detoxify:** Start your day by drinking a glass of warm water with a drop of Lemon essential oil and a little honey added.

**Clean Surfaces:** Add a few drops to a spray bottle filled with water and use it to clean surfaces.

**Freshen the Room:** Diffuse in a room to purify & freshen the air.

# REVIVE

ESSENTIAL OIL



## LEMON EUCALYPTUS \$8

*Eucalyptus citriodora*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Citrusy, sweet, rosy hints, camphorous

**Properties:** Respiratory support, minor pain relief

Lemon Eucalyptus comes from the Gum Eucalyptus Tree, which has a lemony scent. The bright scent is energizing and can help promote relaxation. In addition to its mental benefits, Lemon Eucalyptus also helps support respiratory functions.

**Blends well with:** Lime and other citrus oils.

**Clear Airways:** Mix 1 drop of Lemon Eucalyptus, 1 drop of Peppermint, and 1 teaspoon of Coconut Oil and use as a chest rub.

**Insect Repellent:** Add 1-2 drops to a tablespoon of Aloe Vera Gel and apply on exposed skin before leaving the house.

**Uplift Your Mood:** Diffuse 2-3 drops when feeling low or fatigued.



# REVIVE

## ESSENTIAL OIL



### LEMON MYRTLE \$11

*Backhousia citriodora*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Citrusy, strong lemon scent, sweet, vibrant, medicinal

**Properties:** Refreshing, energizing, respiratory support

Lemon Myrtle has a strong lemony fragrance that is refreshing to the senses. It is an excellent oil to have on hand when combating seasonal threats. The sharp scent helps clear the airways and supports normal breathing.

**Blends well with:** Basil, Black Pepper, Lavender, Rosemary, and Tea Tree.

**Fight Seasonal Threats:** Diffuse a few drops during changing seasons to stay protected against environmental threats.

**Breathe Easier:** Add 2 drops to a bowl of boiling water and breathe in the vapors to clear airways.

**Respiratory Relief:** Prepare a chest rub by adding 1-2 drops to a teaspoon of Coconut Oil and apply to the chest and soles of the feet.

# REVIVE

ESSENTIAL OIL



## LEMON VERBENA \$45

*Lippia citriodora*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Lemony, citrusy, earthy

**Properties:** Calming, soothing, nervous system support

This lemony scented oil offers an impressive array of benefits. It can help alleviate feelings of anxiousness & sadness and provide relief from minor aches & pains.

**Blends well with:** Roman Chamomile, Bergamot, Frankincense, Grapefruit, Peppermint, and Vetiver.

**Soothe Sore Muscles:** Add 1 drop to a teaspoon of Fractionated Coconut Oil and massage into sore & tired legs.

**Calming Aroma:** Diffuse 2-3 drops to soothe frazzled nerves.

**All-Natural Cleaner:** Create your own surface cleaner by mixing Lemon Verbena with lemon & water.

# REVIVE

## ESSENTIAL OIL



### LEMONGRASS \$10

*Cymbopogon flexuosus*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Citrusy, earthy, herbaceous, fresh

**Properties:** Insect repellent, immune support, skincare

Lemongrass has a unique lemony scent that is relaxing. Because of this, it is often used in spas & wellness clinics. Lemongrass can reduce stress and promote a sense of calm & well-being. It is also a powerful insect repellent.

**Blends well with:** Bergamot, Cedarwood, Lavender, Lemon, and Sandalwood

**Flea Repellent:** Add 4-5 drops to a cup of water and add to a spray bottle. Spray it on your pet's coat to get rid of fleas.

**Mosquito Repellent:** Add 1 drop to a tablespoon of Coconut Oil and apply to skin before going outdoors.

**Soothing Tea:** Add a drop to your cup of tea with some honey for a soothing beverage.

# REVIVE

## ESSENTIAL OIL



### LIME \$9

*Citrus aurantifolia*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Citrusy, very tart, strong

**Properties:** Antioxidant, purifying, digestive aid

Yet another citrus powerhouse, Lime is packed with health benefits. A versatile oil whose benefits range from skincare to supporting a healthy immune system, it also works to stimulate one's appetite. In addition, its tangy & fresh scent can help enhance one's mood.

**Blends well with:** Citronella, Clary Sage, Grapefruit, and Sandalwood

**Detox Water:** Add 1-2 drops to a bottle of drinking water to enhance the flavor.

**Skincare:** Add to skincare products, like face wash or toner. This will help tighten the skin and make it appear brighter.

**Household Cleaner:** Mix 1/2 cup of vinegar, 1/2 cup of water, and 12-24 drops of Lime and use this to clean surfaces in the house.

# REVIVE

## ESSENTIAL OIL



## LITSEA \$8

*Litsea cubeba*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, sweet, spicy, soft, grassy, lemon-like

**Properties:** Purifying, stimulant

Litsea is native to China, where it is locally known as May Chang. The cheerful fragrance is uplifting & energizing. It can refresh tired senses and help a distracted mind maintain focus. As a part of a daily beauty routine, it can help keep skin clear & blemish-free.

**Blends well with:** Bergamot, Citronella, Clove Bud, Ginger, Lavender, Marjoram, and Rosemary.

**All-Natural Hand Sanitizer:** Add a few drops to a tablespoon of Aloe Vera Gel and carry around in a squeeze bottle.

**Find Inspiration:** Diffuse a few drops when you are working on a new project or need inspiration.

**Soothe Irritate Skin:** Add 1 drop to a teaspoon of Coconut Oil and apply on the area that needs attention.

# REVIVE

## ESSENTIAL OIL



### MANUKA \$19

*Leptospermum scoparium*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Fresh, spicy, sweet, earthy, fresh

**Properties:** Relaxing, purifying, soothing

Manuka belongs to the Tea Tree Family. With strong properties, it is more effective than Tea Tree Oil in soothing skin irritations. The Maoris have used Manuka Oil for many years. It is very effective in soothing insect bites and irritated skin.

**Blends well with:** Basil, Bergamot, Roman Chamomile, Clary Sage, Eucalyptus, Grapefruit, Sandalwood, and Tea Tree.

**Soothe Scalp:** Add 1 drop to a dollop of shampoo and use on scalp. This will help soothe a dry & itchy scalp.

**Soothe Skin:** Add a few drops to Aloe Vera Gel and apply to dry, chapped skin.

**Minimize Health Risks During Winter:** Diffuse a few drops during seasonal changes.

# REVIVE

ESSENTIAL OIL



## MELISSA \$68

*Melissa officinalis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, herbaceous, grassy, lemony

**Properties:** Relaxing, immune support, promotes overall wellness

Also known as Lemon Balm, Melissa essential oil has many physical, mental, and emotional benefits. The word “Melissa” is Greek for “honey bee”, a reference to its sweet smell that attracts honey bees. The sweet scent can calm frazzled nerves and promote relaxation.

**Blends well with:** Basil, Frankincense, Lavender, Lemon, and Orange.

**Alleviate Anxious Feelings:** Diffuse a few drops to calm the mind & quell anxious thoughts.

**Relieve Tension:** Add 1-2 drops to a compress and apply to forehead.

**Restful Sleep:** Add 1-2 drops to cotton balls and leave near the pillow.

# REVIVE

ESSENTIAL OIL



MYRRH \$18

*Commiphora myrrha*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Warm, smoky, woody, balsamic

**Properties:** Immune support, anti-aging

The Old Testament mentions Myrrh; it was one of the 3 gifts the wise men brought for baby Jesus. It can help maintain oral health, protect the body against external threats, and contribute to overall well-being. Myrrh is a soothing oil and is also helpful in maintaining skin health.

**Blends well with:** Bergamot, Clary Sage, Patchouli, and Grapefruit.

**Anti-Aging Solution:** Mix 1-2 drops with face cream and use regularly for smooth, glowing skin.

**Stomachache Relief:** Add 1-2 drops to 1/2 cup of water. Add some to honey and drink.

**Oral Health:** Add 1 drop to your toothbrush to improve oral health.



# REVIVE

ESSENTIAL OIL



MYRTLE \$14

*Myrtus communis*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Fresh, sweet, green, slightly camphorous

**Properties:** Immune support, skincare, respiratory support

In Greek mythology, the Myrtle plant is associated with Aphrodite, the goddess of love & beauty. When used topically, the oil can improve the health & appearance of the skin. It can also support the immune system.

**Blends well with:** Mint and wood & citrus oils.

**Beautiful Skin:** Add a few drops to a facial serum or cream and use daily.

**Maintain Respiratory Health:** Add a few drops to a teaspoon of Coconut Oil and apply to chest & back.

**Increase Mindfulness:** Diffuse a few drops before meditation to increase focus & mindfulness.

# REVIVE

## ESSENTIAL OIL



### NUTMEG \$9

*Myristica fragrans*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Spicy-woody, musky, sweet, rich

**Properties:** Digestive aid, supports oral health

This exotic-smelling spice is a fixture in many Asian kitchens. It also has mild hallucinogenic properties. Nutmeg essential oil smells of autumn goodness; its warm scent promotes relaxation - a good cure for those sleepless nights.

**Blends well with:** Cardamom, Clary Sage, Frankincense, and Vetiver.

**Oral Health:** Add 1 drop to some Coconut Oil and rinse your mouth with this mix.

**Soothing Bath:** Add a few drops to some unscented Castile soap and add to your bath water. Enjoy a relaxing soak.

**Alleviate Stress:** Diffuse at home or at the workplace to reduce anxious thoughts.

# REVIVE

## ESSENTIAL OIL



## OREGANO \$9

*Origanum Vulgare*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Herbaceous, sharp

**Properties:** Immune support, digestive aid

You may know it as an herb used for seasoning pizza & pasta, but did you know about Oregano's potent properties? Oregano essential oil can help protect against seasonal threats & environmental elements. It can also be used to support a healthy immune system.

**Blends well with:** Bergamot, Lemon, Orange, and Sandalwood.

**Topical Application:** Add 1 drop to some carrier oil and apply to skin to reduce irritations.

**Boost Immunity:** Mix with some Coconut Oil and rub on the soles of your feet to maintain immune health.

**Maintain Gut Health:** Drink a glass of water with a drop of Oregano Oil and a little bit of honey to support the digestive system.

# REVIVE

## ESSENTIAL OIL



### PALO SANTO \$18

*Bursera graveolens*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Sweet, woody, sharp, dry, peppery, earthy, minty hints

**Properties:** Relaxing, calming, grounding

Palo Santo closely resembles Frankincense. The word means “holy wood”, and it has been used in religious & spiritual practices for hundreds of years. The Incans used it to purge their surroundings of negative energies. But it is also very good for relieving stress, repelling insects, and reducing minor pain.

**Blends well with:** Myrrh, Bergamot, Clove, other resins, and other citrus oils.

**Cleansing Aroma:** Diffuse a few drops to purify the air and remove bad odors.

**Relieve Tension:** Mix a drop with a teaspoon of carrier oil and apply to the forehead & temples.

**Unwind:** Add 6 drops to 15mL of carrier oil, such as Coconut. Use this for a relaxing massage.

# REVIVE

## ESSENTIAL OIL



### PATCHOULI \$9

*Pogostemon cablin*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Earthy, musky, rich, warm, spicy

**Properties:** Uplifting, grounding, calming

It has the most distinct-smelling aroma among all essential oils. Traditionally, Patchouli is used in making perfumes; however, it can also be used to soothe skin irritations, reduce sad & anxious thoughts, and boost the immune system.

**Blends well with:** Bergamot, Clove Bud, Geranium, Lavender, Myrrh, Sandalwood, and Vetiver.

**Uplift Your Mood:** Diffuse a few drops to help keep away anxious & negative thoughts.

**Clear Skin:** Mix with Aloe Vera Gel and apply to the affected area on the skin. This can help reduce breakouts and other skin conditions.

**Strong Hair:** Add a few drops to Coconut Oil and use those for a relaxing scalp massage. This will help promote healthy & strong hair.

# REVIVE

## ESSENTIAL OIL



### PEPPERMINT \$11

*Mentha piperita*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Minty, sweet, sharp, strong, cool

**Properties:** Digestive aid, respiratory support, energizing

This hybrid species comes from Watermint & Spearmint. Its fresh, minty scent is invigorating. Add this one to your medicine cabinet - it will come in handy during the cold winter months or when you need to soothe an occasional upset stomach.

**Blends well with:** Basil, Coriander, Eucalyptus, Geranium, Lavender, Lemon, Palmarosa, Black Pepper, Rosemary, Spearmint, Spruce, Vanilla, Wintergreen, and Ylang Ylang.

**Fresh Breath:** Mix 1 drop in a glass of water and use this as mouthwash.

**Peppermint Tea:** Add 1 drop to a cup of tea with honey and feel instantly refreshed.

**Happy Tummy:** Take a veggie capsule with a drop of Peppermint to relieve an upset stomach.

# REVIVE

## ESSENTIAL OIL



## PETITGRAIN \$8

*Citrus aurantium*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Fresh, floral, peppery, fruit, citrusy, herbaceous hints

**Properties:** Immune support, calming, uplifting

Petitgrain essential oil comes from the tender twigs & leaves of the bitter Orange tree. Unlike bitter orange, Petitgrain doesn't pose a photosensitivity risk when used topically. It can help support a healthy respiratory system. And its relaxing aroma may help calm negative emotions.

**Blends well with:** Cypress, Lavender, and other floral oils.

**Strengthen Bodily Systems:** Drink a glass of water with 1 drop of Petitgrain and a little honey to support cardiovascular, digestive, and immune systems.

**Invigorating Scent:** Diffuse 2-3 drops when you are feeling down or dejected.

**Relaxing Bath:** Add a few drops to unscented Castile soap and use in bath water.

# REVIVE

## ESSENTIAL OIL



### PINE \$9

*Pinus sylvestris*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Fresh, woody, earthy, terpenic

**Properties:** Immune boosting, soothing, energizing

The refreshing aroma of Pine essential oil can feel energizing & rejuvenating. It can help soothe tired muscles & joints. In addition, it has some collagen boosting benefits that help moisturize, renew, and smooth out skin.

**Blends well with:** Citronella, Clary Sage, Eucalyptus, Frankincense, Grapefruit, Myrrh, and Oregano.

**All-Natural Freshener:** Add a few drops to a spray bottle containing water & witch hazel. Spray across a room for a fresh scent.

**Skincare:** Prepare a facial oil with 6 drops of Pine oil and 15mL of Jojoba or Almond Oil.

**Soothe Tired Feet:** Add a few drops to Epsom salts and add to a tub of water for a soothing foot bath.



# REVIVE

## ESSENTIAL OIL



### PINK PEPPER \$11

*Schinus molle*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Spicy, sweet, fruity, peppery

**Properties:** Digestive aid, supports cellular health & major bodily systems

Pink Pepper is sourced from pink peppercorn berries. The tree was sacred to the Incans and was used for its many applications. It's very effective in supporting overall cellular health and functions of various bodily systems, including respiratory & circulatory.

**Blends well with:** Black Pepper, Cardamom, Carrot Seed, Clary Sage, Frankincense, Geranium, Nutmeg, Sandalwood, and citrus oils.

**Metabolic Boost:** Add 1 drop to a glass of water with honey for a healthy metabolism.

**Flavor Enhancer:** Use 1 drop in place of Black Pepper in recipes.

**Stay Alert:** Diffuse a few drops at home or at the workplace to maintain alertness, especially when working on sensitive projects.

# REVIVE

ESSENTIAL OIL



PLAI \$14

*Zingiber cassumunar*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Spicy, dry, peppery, camphorous

**Properties:** Relaxing, minor pain relief

Belonging to the same family as Ginger, Plai has many benefits ranging from minor pain management to insect repellent. Its energizing aroma can help address lethargy, but can also help boost immunity and help fight seasonal threats.

**Blends well with:** Rosemary and other strong, herbaceous oils.

**Minor Pain Relief:** Add a few drops to a tablespoon of carrier oil, like Coconut, and apply to overworked joints & muscles.

**Energizing Aroma:** Diffuse 2-3 drops to feel energized & focused.

**Insect Repellent:** Add 5 drops each of Plai and Lemongrass to 50mL of Aloe Vera. Apply the mixture on exposed skin when stepping out.

# REVIVE

ESSENTIAL OIL



## RAVENSARA \$10

*Ravensara aromatica*

AROMATICALLY TOPICALLY DILUTE

**Aroma:** Spicy, herbal

**Properties:** Minor pain relief, soothing, relaxing

In Madagascar, where our Ravensara essential oil comes from, it is referred to as the “oil that heals”. Its powerful properties make it a great option for alleviating minor aches & pains. Ravensara can protect against seasonal threats and its warming aroma can help alleviate stress.

**Blends well with:** Eucalyptus and other camphoraceous oils.

**Stress Buster:** Diffuse 3-4 drops to create a relaxing environment after a long, tiring day.

**Minor Pain Relief:** Mix 8-10 drops with 1 oz of carrier oil to create a massage oil. Use to soothe tired, aching muscles & joints.

**Calm Nerves:** Mix 1 drop with a teaspoon of carrier oil and apply on the wrists & neck when feeling agitated or anxious.

# REVIVE

## ESSENTIAL OIL



### RAVINTSARA \$8

*Cinnamomum camphora*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Similar to Eucalyptus, spicy, warm

**Properties:** Immune support, respiratory support

Like Eucalyptus, Ravintsara has a high 1,8-cineole content, which gives it a distinct scent. This warming scent helps promote mental clarity & focus. It also helps maintain clear airways and supports normal breathing.

**Blends well with:** Geranium and other floral oils.

**Soothing Salve:** For maintaining respiratory-related issues, create a salve using Fractionated Coconut Oil and a few drops of Ravintsara. Rub this on the soles of the feet, chest, & back.

**Topical Application:** Apply 1 drop, diluted with a carrier oil, to irritated skin.

**Normal Breathing:** Diffuse to support normal breathing.

# REVIVE

ESSENTIAL OIL



## RED MANDARIN \$12

*Citrus deliciosa (Red)*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, smooth, sweet-tart, floral notes

**Properties:** Relaxing, uplifting, cleansing

It is considered to be the sweetest of all citrus fruits. Red Mandarin is extracted from the rind and has several benefits. The fresh, citrusy aroma can instantly bring cheer and help improve your mood. It is excellent for skin and can help reduce breakouts & the appearance of scars.

**Blends well with:** Ginger, Cardamom, and other spicy oils.

**Mood Enhancer:** Diffuse when feeling down or lethargic. It helps boost your energy & uplift your mood.

**Skincare:** Add a few drops to a toner and use after cleansing.

**Fresh-Smelling Laundry:** Add a few drops to dryer sheets or wool dryer balls and throw them into the dryer for fresh-smelling clothes.

# REVIVE

ESSENTIAL OIL



## ROMAN CHAMOMILE \$30

*Anthemis nobilis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Floral, sweet, herbal, fruity hints

**Properties:** Relaxing, calming

The Chamomile plant is often called “Plant’s Physician” because it helps the sick plants growing around it. Chamomile tea is well-known for its calming effects. A warm cup of Chamomile tea can help promote sound sleep. Chamomile may also help reduce anxious & sad feelings.

**Blends well with:** Bergamot, Clary Sage Chamomile, Lavender, Lemon, Patchouli, and Tea Tree.

**Soothing Cup of Tea:** Add 1 drop to a warm cup of tea and drink before bedtime.

**Soothing Scent:** Diffuse 2-4 drops to promote calm & relaxation.

**Glowing Skin:** Add a few drops to face cream or lotion and use regularly.

# REVIVE

ESSENTIAL OIL



## ROSE \$70

*Rosa damascena*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Floral, sweet

**Properties:** Moisturizing, uplifting, relaxing

The easily recognizable and very popular scent of Rose essential oil is very soothing & uplifting. It is also very moisturizing and helps promote healthy & hydrated skin.

**Blends well with:** Bergamot, Geranium, Patchouli, and Sandalwood.

**A Romantic Scent:** Apply on pulse points for a soft & floral personal scent.

**Moisturizer:** Add a few drops to Golden Jojoba Oil and use regularly to moisturize skin.

**Uplift Your Mood:** Diffuse a few drops when you are feeling low or sad.

# REVIVE

## ESSENTIAL OIL



## ROSE GERANIUM \$22

*Pelargonium roseum*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Floral, sweet, fruity, earthy, rosy

**Properties:** Immune support, cleansing, skincare

This rosy smelling essential oil is an excellent moisturizer that keeps skin clear, supple, & glowing and may soothe irritated skin. In addition, the sweet scent is calming and can help lower stress.

**Blends well with:** Basil, Grapefruit, Lemon, and Myrrh.

**Quench Dry Skin:** Add a few drops to a carrier oil, like Jojoba or Almond, and use daily at night to improve skin texture & overall health.

**Foot Bath:** Prepare a foot bath by mixing a few drops of Geranium with liquid Castile soap and soak your feet.

**Calming Effect:** Diffuse after a tiring day to promote calm & relaxation.



# REVIVE

## ESSENTIAL OIL



### ROSEMARY \$9

*Rosmarinus officinalis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Herbaceous, fresh, woody

**Properties:** Respiratory aid, improves focus, haircare

Another culinary herb whose applications extend well beyond the kitchen, Rosemary has been used for many years in folk medicine. It has been used to support memory; even Shakespeare mentioned it in Hamlet.

**Blends well with:** Cedarwood, Citronella, Clove Bud, Eucalyptus, Grapefruit, Lavender, Lemon, Lime, Peppermint, and Tea Tree.

**Strong, Healthy Hair:** Mix 12 drops with 30mL of Coconut Oil and use for a stimulating head massage.

**Improve Concentration:** Diffuse when preparing for an exam or memorizing something important.

**Cooking:** Add 1-2 drops to meats while cooking to enhance flavor.

# REVIVE

## ESSENTIAL OIL



### SAGE \$10

*Salvia officinalis*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Herbaceous, sweet, spicy, slightly camphorous

**Properties:** Antioxidant, supports memory, protects against environmental threats

Native Americans used Sage for spiritual purification. It is believed that burning sage in the house will rid it of negative energies. Sage may help rid negative thoughts & feelings of hopelessness. It also supports the nervous & respiratory systems.

**Blends well with:** Cardamom and other spices.

**Cleansing Aroma:** Diffuse a few drops in the house to purify the air.

**Improve Focus:** Diffuse Sage when you are learning a new language or studying for exams.

**Menopausal Support:** Add a few drops to 1/2 cup of unscented Castile soap and prepare a bath. This will help ease symptoms of menopause.

# REVIVE

## ESSENTIAL OIL



## SANDALWOOD \$60

*Santalum album*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Woody, earthy, sweet, warm

**Properties:** Skincare, moisturizing, soothing

This rich, earthy smelling essential oil comes from the fragrant woods of Sandalwood trees found in India. The wood from this tree is highly valued and is traditionally used during religious ceremonies. The exotic smell of the oil is excellent for skin health and has a grounding effect that can be used to achieve focus during meditation.

**Blends well with:** Bergamot, Atlas Cedarwood, Copaiba, Balsam, Geranium, Lemon, Myrrh, Nutmeg, Patchouli, and Vetiver.

**Calm Anxious Nerves:** Diffuse a few drops to soothe anxious thoughts & lift your mood.

**Deeper Focus:** Diffuse while meditating or doing yoga for better focus.

**Skincare:** Add a few drops to a carrier oil, like Jojoba or Almond, and apply on the face daily for glowing, smooth skin.

# REVIVE

## ESSENTIAL OIL



## SIBERIAN FIR \$8

*Abies sibirica*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Woody, herbaceous, fresh

**Properties:** Balancing, soothing

As stated in the name, Siberian Fir essential oil is sourced from Siberia. It has a relaxing scent that can help soothe anxious thoughts & balance emotions.

**Blends well with:** Pine, Cedarwood, Lavender, Spruce, and Rosemary.

**Post-workout Massage:** Mix with a carrier oil and rub into sore muscles after a rigorous exercise session.

**Stress Buster:** Diffuse at home or at the workplace to keep stress away.

**Topical Application:** For minor skin irritations, mix a drop with a teaspoon of carrier oil and apply to troubled spots.

# REVIVE

ESSENTIAL OIL



## SPEARMINT \$9

*Mentha spicata*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Bright, minty, sweet

**Properties:** Stimulant, antiseptic

Spearmint is a popular flavoring agent used in gums, candy, & oral health products. It is considered to be the most gentle in the Mint Family. Spearmint is cleansing and can help you focus. It can also aid in digestion and help with an occasional upset stomach.

**Blends well with:** Basil, Bergamot, Lavender, and Peppermint.

**Uplifting Aroma:** Diffuse a few drops in the room to enhance the mood & lift the spirits.

**Occasional Upset Stomach:** Mix 1-2 drops in water with honey and drink.

**Mouth Freshener:** Mix a drop with a cup of water and use it to rinse your mouth.

# REVIVE

## ESSENTIAL OIL



## SWEET MARJORAM \$9

*Origanum majorana*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Herbaceous, medicinal, woody, sweet

**Properties:** Analgesic, antiseptic, digestive aid

In ancient times, Sweet Marjoram was a symbol of love. It finds mention in Greek & Roman mythology as a gift from Venus, symbolizing her beauty. Marjoram works as a digestive aid, is good for heart health, and can help reduce stress & promote relaxation.

**Blends well with:** Carrot Seed, Helichrysum, Lemongrass, Tea Tree, and Thyme.

**Minor Pain Relief:** Add 1-2 drops to 1 teaspoon of carrier oil and use to massage into sore muscles & joints. Apply on temples & forehead to relieve tension.

**Cooking:** Substitute 1 drop for dried Marjoram in a recipe.

**Stress Relief:** Apply 1 drop, diluted with a carrier oil, to the back of the neck to soothe tiredness & tension.

# REVIVE

## ESSENTIAL OIL



### SWEET ORANGE \$7

*Citrus sinensis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Citrusy, sweet, bright, light

**Properties:** Antioxidant, uplifting, lymphatic support

Sweet Orange is the tame cousin of Wild Orange. This variety of oranges are cultivated, unlike their cousins that grow wild. It is very beneficial to skin and can be used to reduce breakouts & improve its overall appearance.

**Blends well with:** Bergamot, Grapefruit, Lemon, Frankincense, Lemon, and Sandalwood.

**Mature Skincare:** Add a few drops to Jojoba Oil and apply to the face at night. This will help reduce the appearance of fine lines, wrinkles, etc.

**Home Cleaner:** Add a few drops to a spray bottle of water. Use this to clean surfaces, it will help get rid of germs & freshen up the space.

**Healthy Circulation:** Add a drop to a teaspoon of carrier oil and use for a full body massage.

# REVIVE

## ESSENTIAL OIL



## TANGERINE \$8

*Citrus reticulata*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Fresh, sweet, citrusy

**Properties:** Immune support, calming, mood enhancer

A single whiff of this fresh, citrusy scent can uplift spirits & improve mood. Its bright scent helps alleviate stress and reduces anxious thoughts & nervous tension. Besides this, it is also a cleansing & purifying oil that can be used around the house.

**Blends well with:** Bergamot, Clary Sage, Coriander Seed, Cypress, Grapefruit, Lavender, Lemon, Lime, and Vanilla.

**Healthy Home:** Add a few drops to cleaning water and use to mop the floors & wipe down countertops.

**Spread Happiness:** Diffuse a few drops when you want to change the mood in the room or when you need a little pick-me-up.

**Immune Boost:** Start your day by drinking a glass of water with 1 drop of oil and some honey added.



# REVIVE

## ESSENTIAL OIL



## TARRAGON \$12

*Artemisia dracunculus*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Sweet-anisic, spicy-green

**Properties:** Digestive aid, stimulant

Another culinary herb, Tarragon is popularly known as “Little Dragon”. Although it is more commonly known for its culinary applications, it has several health benefits that cannot be ignored. Along with aiding digestion, Tarragon can also support joint & cartilage functions and boost energy.

**Blends well with:** Basil, Cistus, Galbanum, Lavender, Oakmoss, Pine, and Vanilla.

**Minor Pain Relief:** Add 1 drop to a teaspoon of carrier oil and use on tired joints & cartilage.

**Odor Control:** Add 3-4 drops to 1/2 cup of liquid Castile soap. Add this to a tub of warm water and enjoy a relaxing foot soak.

**Digestive Aid:** Add a drop to a cup of warm tea or water and drink after meals.

# REVIVE

## ESSENTIAL OIL



### TEA TREE \$7

*Melaleuca alternifolia*

AROMATICALLY TOPICALLY NEAT

**Aroma:** Herbaceous, green, camphoraceous, sharp, menthol, medicinal

**Properties:** Insect repellent, cleansing, purifying

Tea Tree is an oil that everyone must have in their kit. It is basically nature's first-aid kit. The Aboriginal people of Australia have been using it for years to soothe skin conditions and scratchy throats. The purifying & cleansing properties of Tea Tree can be used for household applications and skincare.

**Blends well with:** Bergamot, Cypress, Eucalyptus, Frankincense, Grapefruit, Lavender, Lemon, and Rosemary.

**Skin Cleanser:** Add a few drops to a face wash and use daily to clean skin.

**Cuts & Wounds:** Dilute 1 drop in Coconut Oil and apply to the wound.

**Household Cleaner:** Add a few drops to water and use to clean countertops & other surfaces.

# REVIVE

ESSENTIAL OIL



THYME \$11

*Thymus vulgaris*

AROMATICALLY TOPICALLY INTERNALLY DILUTE

**Aroma:** Woody, herbaceous, dry, sweet, warm

**Properties:** Antioxidant, insect repellent

A popular ingredient in many kitchens, most people know Thyme as a food seasoning agent. However, this herb has been used for thousands of years for its health benefits, too. Thyme can be used to support a healthy immunity system, repel insects, and remove toxins from the body.

**Immune Support:** Add a drop to a veggie capsule and take daily to strengthen immune system.

**Facial Spritzer:** Add 2 drops of Thyme, 2 teaspoons of Aloe Vera Juice, and 3 fl oz. of witch hazel to a spray bottle.

**Insect Repellent:** Mix with a carrier oil and apply to exposed skin before going on a trek or performing an outdoor activity.

# REVIVE

## ESSENTIAL OIL



## TURMERIC \$8

*Curcuma longa*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Fresh, woody with spicy notes, mild

**Properties:** Immune support, antioxidant

Turmeric bark is widely used as a spice in India and in the Ayurvedic system of medicine. Recent research has revealed it is high in antioxidants and can help boost the immune system. Turmeric has also gained the title of a “superfood” because of its many health benefits.

**Blends well with:** Black Pepper, Lemon, Tangerine, and Ginger.

**Clear, Radiant Skin:** Add 1 drop to your face mask for clear, glowing skin.

**Soothing Care for Skin:** To reduce breakouts, add 1 drop to a teaspoon of Coconut Oil and apply.

**Respiratory Support:** Add 1 drop of Turmeric and some honey to a glass of warm milk or tea and drink.

# REVIVE

## ESSENTIAL OIL



## VALERIAN \$27

*Valeriana officinalis*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Woodsy, musky, slightly sweet, smoky

**Properties:** Calming, relaxing, sleep aid

This essential oil is extracted from the root of the Valerian plant that is native to Asia & Europe. The scent of Valerian is wonderfully calming and can help promote sleep. It may also help alleviate stress & reduce anxious thoughts. Valerian may also help women during their menstrual cycles or women going through menopause.

**Blends well with:** Geranium and other floral oils.

**Restful Sleep:** Rub 1-2 drops between your palms and run them over your pillow at bedtime.

**Calm Anxious Thoughts:** Diffuse in the room to calm anxious thoughts & soothe the mind.

**PMS Support:** Add 1-2 drops to a teaspoon of Coconut Oil and apply on the lower abdomen during the menstrual cycle.

# REVIVE

ESSENTIAL OIL



## VANILLA \$20

*Vanilla planifolia*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Sweet, rich, warm

**Properties:** Immune support, calming, stimulating

The sweet scent of Vanilla is easily recognizable around the world. It is one of the most popular flavoring options. Vanilla essential oil can be used to promote relaxation, improve sleep, and be used in skin & hair care.

**Blends well with:** Clementine, Coffee, Peppermint, Lemon, Tangerine, and Tarragon.

**A Romantic Scent:** Diffuse in the bedroom to set a romantic tone.

**Date Night:** Add 1 drop to your wrists & the hollow of your neck before leaving for a date.

**Beautiful Skin & Lustrous Hair:** Add a few drops to hair & skin care products.

# REVIVE

## ESSENTIAL OIL



### VETIVER \$14

*Vetiveria zizanoides*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Rich, earthy, sweet

**Properties:** Grounding, calming, focus

Vetiver belongs to the Grass Family. Its unique scent helps calm emotions and its rich aroma has made it an important ingredient in perfumery. It is a calming & grounding oil that helps maintain focus & balance emotions.

**Blends well with:** Bergamot, Clary Sage, Frankincense, Lemon, Orange, Sandalwood, and Ylang Ylang.

**Peace & Calm:** Diffuse in the house to promote a feeling of tranquility.

**Clear Your Mind:** Diffuse before a meditation session to help focus better.

**Boost Immunity:** Add a drop to a glass of water and drink daily to boost your immune system.

# REVIVE

ESSENTIAL OIL



## WILD ORANGE \$8

*Citrus sinensis*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Fresh, citrusy, bold, tangy

**Properties:** Improved mood, energizing, antioxidant

Wild Orange and Sweet Orange come from the same species. However, Wild Orange has an edge over its tamed cousin, Sweet Orange, when it comes to benefits. The energizing scent of Wild Orange can help drive away the blues & uplift your mood. It can also help support a healthy immune system.

**Blends well with:** Bergamot, Grapefruit, Lemon, Frankincense, and Sandalwood

**Overall Health:** Mix a drop in a glass of water with some honey and drink daily to improve immunity & overall health.

**Energy Boost:** Diffuse 3-5 drops in a room to keep it smelling fresh and improve energy levels.



# REVIVE

ESSENTIAL OIL



## WINTERGREEN \$8

*Gaultheria procumbens*

AROMATICALLY TOPICALLY SENSITIVE

**Aroma:** Minty, sweet, fruity, sharp

**Properties:** Stimulant, uplifting, minor pain relief

Wintergreen is 1 of 2 plants with naturally occurring methyl salicylate. This compound has a soothing property that helps alleviate minor pain & aches. While the fresh, minty aroma of Wintergreen can stimulate & refresh the senses.

**Blends well with:** Clove Bud, Eucalyptus, Geranium, Lavender, Peppermint, Rosemary, and Spearmint.

**Soothe Tired Muscles:** Mix with a carrier oil and massage into sore & tired muscles for a warming effect.

**Relieve Tension:** Add a drop to a teaspoon of carrier oil and apply on the temples & forehead.

**Mask Odors:** Add a few drops to a cotton ball and leave in your gym bag or a musty-smelling corner of the house.

# REVIVE

## ESSENTIAL OIL



### YLANG YLANG \$14

*Cananga odorata var. genuine*

AROMATICALLY TOPICALLY INTERNALLY NEAT

**Aroma:** Sweet, floral, rich, herbaceous undertones

**Properties:** Antioxidant, relaxing, calming

This essential oil that comes from pretty yellow flowers is one of the main ingredients in the famous Chanel No. 5 perfume. Indonesians have been using Ylang Ylang oil in their haircare routines for hundreds of years, but its applications are not limited to this.

**Blends well with:** Cedarwood, Grapefruit, Lavender, and Orange.

**Love is in the Air:** Enhance your love life by diffusing Ylang Ylang in the bedroom.

**Strong, Shiny Tresses:** Get more out of your haircare products by adding Ylang Ylang.

**Signature Perfume:** Make your own perfume by mixing it with a carrier oil, like Sweet Almond, and adding it to a roll-on bottle.

# REVIVE

## ESSENTIAL OIL



### YUZU \$22

*Citrus junos*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

**Aroma:** Bright, citrusy, fresh, zesty, citrus peel

**Properties:** Refreshing, calming, respiratory support

For centuries, this fresh-smelling essential oil has been used in Japan for its many health benefits. The bright scent of Yuzu can help boost your confidence, uplift your mood, and relieve anxiety & nervousness.

**Blends well with:** Basil, citrus oils, mint oils, and floral oils.

**No Worries:** Diffuse a few drops to reduce tension & worry.

**Respiratory Support:** Mix with a carrier oil and rub on the chest & back to clear airways.

**Confidence Boost:** Apply 1-2 drops, diluted with a carrier oil, to the wrists & nape of the neck before a public event.

# REVIVE Essential Oil Blends

Revive essential oil blends have been formulated by experts to create a potent mix that combines the strongest properties of each ingredient for maximum health benefits. Revive blend collection includes proprietary blends created by our in-house experts and formulas that are comparable to popular blends by leading brands.

# REVIVE

## ESSENTIAL OIL BLENDS



### ACHE AWAY \$32

*Comparable to Young Living PanAway®*

TOPICALLY DILUTE

REVIVE Ache Away is a proprietary blend of Wintergreen, Clove, Peppermint, and Helichrysum essential oils.

**Recommended Use:** Minor pain relief, cooling, soothing

A cooling blend with a refreshing aroma that soothes. Apply it topically to invigorate & stimulate, providing a cooling sensation to soothe muscles.

**Aroma:** Minty, sweet, slightly spicy

**Post-Exercise Relief:** Mix 1 drop with a teaspoon of carrier oil and apply to legs & feet pre- & post-workout for a cooling sensation.

**Back Rub:** If your back needs some attention after a day of heavy work, use Ache Away (diluted) for a soothing back rub.

**Soothe Tired Feet:** Add 1-2 drops to Epsom salts and add to a tub of warm water. Soak your tired

# REVIVE

## ESSENTIAL OIL BLENDS



### ALLERGY RELIEF \$14.50

*Proprietary blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Allergy Relief is a proprietary blend of Eucalyptus, Rosemary, Lavandin grosso, Peppermint and Hyssop essential oils.

**Recommended Use:** Immunity support, tension relief, minimizes threats during seasonal changes

Prepare for seasonal changes with REVIVE's signature blend, Allergy Relief. One of the five potent essential oils in the blend is the "Holy Herb" or Hyssop oil - used by the "Father of Medicine", Hippocrates, to treat respiratory issues.

**Aroma:** Sweet, minty, slightly herbaceous

**Tension Relief:** Diffuse a few drops in the house to help ease tension in the head, neck, & throat.

**Clear Airways:** Add 2 drops to a bowl of boiling water, cover head with a towel, and inhale the vapors.

**Support Healthy Respiration:** Mix 1-2 drops with Coconut Oil and apply to chest, back, nape, and soles of your feet.

# REVIVE

## ESSENTIAL OIL BLENDS



### ALLEVIATE \$25

*Comparable to Young Living Relieve It®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Alleviate is a proprietary blend of Black Spruce, Black Pepper, Hyssop, and Peppermint essential oils.

**Recommended Use:** Relaxing, warming, soothing

Alleviate is a blend brimming with properties that help relieve minor aches & pains. When applied to sore & tired muscles, its warming sensation brings gentle relief. It can help alleviate the mild aches & pains that accompany an active lifestyle.

**Aroma:** Minty, peppery, spicy, slightly sweet

**Soothe Muscles:** Mix 1-2 drops in a teaspoon of Fractionated Coconut Oil and apply on calves & feet before a strenuous workout or run.

**Warming Comfort:** Diffuse 1-2 drops during the winters for a spicy scent that will warm the space.

**Joint Support:** Mix a few drops with a mildly scented lotion or carrier oil and apply to joints. Apply daily to support joint & cartilage functions.

# REVIVE

## ESSENTIAL OIL BLENDS



### BRAIN TIME \$14

*Proprietary Blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Brain Time is a proprietary blend Grapefruit, Lavender, Vetiver, Lime, Orange, Atlas Cedarwood, Pink Pepper, Spearmint, Sandalwood, Geranium, and Osmanthus Flower essential oils.

**Recommended Use:** Increase focus, improve concentration, study-time blend

Brain Time is a blend of kid-friendly essential oils designed to help children stay on task while studying or doing homework. We recommend a 1% dilution for topical use on kids.

**Aroma:** Sweet, floral, warm, citrus hints

**Homework Helper:** Diffuse 2-3 drops when tackling homework with your kids to help them focus & create a homework routine!

**Concentrate & Go:** Apply 1 drop, diluted with a carrier oil, to the nape & wrists to help kids focus while on the move.

**Focus:** Apply a few drops to a cotton ball stored in a jar to smell & help focus when your mind is wandering to bring you back to the present.



# REVIVE

## ESSENTIAL OIL BLENDS



### BREATHE AIR \$12

*Comparable to doTERRA Breathe®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Breathe Air is a proprietary blend of Laurel, Eucalyptus, Peppermint, Tea Tree, Lemon, Cardamom, Ravintsara, and Ravensara essential oils.

**Recommended Use:** Respiratory support, sleep aid, immunity support

Stay healthy in every season with REVIVE's Breathe Air blend. Made from 8 essential oils, this blend helps you fight health threats associated with changing seasons. It helps you breathe easy by maintaining clear airways, promoting restful sleep, and reducing the effects of seasonal infections.

**Aroma:** Minty, sweet, slightly spicy

**Prepare for Seasonal Changes:** Diffuse 2-3 drops when the risk of health threats is high.

**Sound Sleep:** Diffuse at night for a restful sleep.

**Clear Airways:** Mix 1 drop with a teaspoon of carrier oil and rub on the chest, back, & neck to clear nasal passages & support lung function.

# REVIVE

## ESSENTIAL OIL BLENDS



### BREATHE EASY \$14.50

*Comparable to Young Living R.C.®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Breathe Easy is a proprietary blend of Eucalyptus, Myrtle, Marjoram, Pine, Lavender, Cypress, Black Spruce, and Peppermint essential oils.

**Recommended Use:** Relaxation, respiratory support, minor pain relief.

Experience the fresh, rejuvenating aroma of REVIVE Breathe Easy to keep you motivated & moving. Perfect for the cold months, it supports a healthy immune system & helps protect against seasonal threats.

**Aroma:** Minty, fresh, sharp, herbaceous

**Refresh Stuff Spaces:** Diffuse 2-3 drops in the house to eliminate odors & deodorize the air.

**Boost Energy:** Rub a mix of Breathe Easy & a carrier oil (1:1) on muscles before your workout to stay motivated & soothe overworked muscles.

**Chest Rub:** Mix with a carrier oil and apply on chest and soles of the feet to boost immunity.

# REVIVE

## ESSENTIAL OIL BLENDS



### BREEZE \$18

*Comparable to Young Living Raven®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Breeze is a proprietary blend of Ravintsara, Lemon, Wintergreen, Peppermint, and Eucalyptus essential oils.

**Recommended Use:** Respiratory support, energy boost, rejuvenation.

A light & breezy fragrance to freshen up a stuffy environment and promote feelings of calm & relaxation. The cool, minty notes support deep, clear breathing. Feel comforted, relaxed, and refreshed with our REVIVE Breeze blend.

**Aroma:** Minty, sweet, fresh, citrus hints

**Amp Up Your Workout:** Mix 1-2 drops with a carrier oil and apply on muscles & chest before your workout.

**Relaxing Environment:** Diffuse 2-3 drops in the house to freshen up the space & clear foul odors.

**Foot Rub:** Mix 1 drop with a teaspoon of carrier oil and apply to feet before bedtime for a night of relaxed sleep.

# REVIVE

## ESSENTIAL OIL BLENDS



### BRIGHT FUTURE \$16

*Comparable to Young Living® Envision®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Bright Future is a proprietary blend of Black Spruce, Orange, Geranium, Lavender, Sage, and Rose essential oils.

**Recommended Use:** Supporting inspiration, promoting creativity

Bright Future promotes the uniqueness inside us all and supports all of our dreams. Let your creativity out and walk your path with your head held high.

**Aroma:** Sweet, herbaceous, floral

**Focused Mind:** Apply 3 drops on your wrists & neck. This will help clear out your mind of negative energy & support positive thoughts.

**Get Creative:** Diffuse 5 drops when you are trying to get rid of mental blocks & get creative.

**Follow Your Path:** When you need to regroup and focus on the things most important to you, rub a few drops between your palms and inhale deeply.

# REVIVE

## ESSENTIAL OIL BLENDS



### BUGS AWAY \$14

*Comparable to doTERRA TerraShield®*

AROMATICALLY TOPICALLY NEAT

REVIVE Bugs Away is a proprietary blend of Fractionated Coconut Oil, Ylang Ylang, Nootka, Cedarwood, Catnip, Lemon Eucalyptus, Litsea, Arborvitae essential oils, and Vanilla Bean Oleoresin.

**Recommended Use:** Outdoors, insect repellent

REVIVE Bugs Away combines 9 powerful oils to create a natural & safe shield from pests, insects, and other potential threats one may encounter outdoors. Grab a bottle of Bugs Away before your next camping trip and enjoy a peaceful, insect-free outdoor experience with family & friends.

**Aroma:** Sweet, herbaceous, slightly woody, mild

**Insect Repellent:** Apply 1-2 drops to exposed arms & legs before heading outdoors.

**Home Protection:** Diffuse a few drops on your patio to keep mosquitos & other insects away.

**Camping:** Spray around your tent to keep pesky bugs away.

# REVIVE

## ESSENTIAL OIL BLENDS



### CALM \$18

*Comparable to doTERRA Serenity®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Calm is a proprietary blend of Lavender, Cedarwood, Ho Wood, Ylang Ylang, Marjoram Leaf, Roman Chamomile, Vetiver, Hawaiian Sandalwood essential oils, and Vanilla Bean Oleoresin.

**Recommended Use:** Calming, relaxing, sleep aid

REVIVE Calm combines 7 essential oils that have a calming effect on the body & mind. They work together to reduce tension & stress, promoting relaxation and emotional balance. The soothing scent also helps you sleep soundly throughout the night and can be used safely around children.

**Aroma:** Sweet, floral, woody

**Restful Sleep:** Diffuse a few drops in the bedroom at night and sleep like a baby.

**Unwind:** Mix 5-6 drops with unscented Castile soap and add to bath water for a relaxing soak.

**Feel Calm:** Apply 1-2 drops, diluted in a carrier oil, to the wrists & temples if you are feeling restless.

# REVIVE

## ESSENTIAL OIL BLENDS



### CENTER \$10

*Comparable to doTERRA Balance®*

TOPICALLY NEAT

REVIVE Center is a proprietary blend of Spruce, Ho Wood, Frankincense, and Blue Tansy essential oils in a base of Fractionated Coconut Oil.

**Recommended Use:** Balancing, increase focus & tranquility, grounding

REVIVE Center helps promote a sense of calm & tranquility by balancing emotions and making you feel more grounded. The warming scent helps calm anxious thoughts, achieve focus, and relax the mind & body.

**Aroma:** Warm, sweet, light, fruity

**No More Monday Blues:** Put on a clothespin to create an easy car diffuser for a relaxing journey.

**Start the Day Right:** Put 1-2 drops on the soles of your feet every morning to feel calm & collected throughout the day.

**Think Happy Thoughts:** Keep anxious & negative thoughts away by rubbing a drop on each wrist.

# REVIVE

## ESSENTIAL OIL BLENDS



### CHRISTMAS MORNING \$15

*Comparable to doTERRA Holiday Joy®*

AROMATICALLY TOPICALLY NEAT

REVIVE Christmas Morning is a proprietary blend of Nutmeg, Orange, Clove, Cinnamon Bark, Pimento, Bay, Siberian Fir essential oils, and Vanilla fruit extract.

**Recommended Use:** Purifying, uplifting

Bask in the holiday scent all year long with REVIVE Christmas Morning. Its warming, spicy scent purifies & freshens the air, spreading joy around the room. Create a welcoming & relaxed environment for your family & friends by diffusing this special holiday blend.

**Aroma:** Camphoraceous, sweet, rich, woody

**Spread Warmth & Joy:** Diffuse during the holidays to create an inviting environment.

**Wear the Scent:** Keep the spirits up and mood cheerful as you tackle holiday chores by applying 1-2 drops to your clothing.

**Custom Potpourri:** Make the house smell like Christmas by adding 1-2 drops to homemade potpourri.



# REVIVE

## ESSENTIAL OIL BLENDS



### CHRISTMAS TREE \$16

*Comparable to doTerra® Holiday Peace®*

AROMATICALLY TOPICALLY NEAT

REVIVE Christmas Tree is a proprietary blend of Siberian Fir, Grapefruit Peel, Douglas Fir, White Fir, Frankincense, and Vetiver Root essential oils.

**Recommended Use:** Grounding, uplifting

There is nothing better than the smell of a freshly cut Christmas tree to brighten moods any time of the year! REVIVE Christmas Tree is a blend of 6 essential oils that brings a Christmas tree to you in a bottle!

**Aroma:** Sweet, sharp, woody, fresh, clean

**Christmas Spirit:** Diffuse 3-4 drops to create a relaxing & Christmasy atmosphere.

**Boost Your Tree Aroma:** Enhance the smell of Christmas trees, garlands, or wreaths with a few drops of Christmas Tree!

**A Hostess Gift:** With all of the holiday parties this time of year, an easy & amazing gift for your next host or hostess is a REVIVE oil! Choose your favorite Christmas time blend and spread the holiday cheer!

# REVIVE

## ESSENTIAL OIL BLENDS



### CITRUS DELIGHT \$10

*Comparable to doTERRA Citrus Bliss®*

AROMATICALLY TOPICALLY NEAT

REVIVE Citrus Delight is a proprietary blend of Wild Orange, Lemon, Grapefruit Peel, Mandarin Peel, Tangerine, Clementine, Bergamot essential oils, and Vanilla fruit extract.

**Recommended Use:** Freshen stuffy spaces, uplifting, energizing

A treat for citrus lovers, REVIVE Citrus Delight is a blend that will enliven your home and fill you with energy. A potent, fresh-smelling combination of 6 different oils, Citrus Delight is a purifying & cleansing blend.

**Aroma:** Citrusy, fresh, sweet

**Uplift Spirits:** Diffuse in the room to instantly improve the mood.

**Clean, Fresh-Smelling Home:** Mix with water and use to clean countertops & surfaces.

**Laundry Freshener:** Add 2-3 drops to dryer sheets and add to the laundry for fresh-smelling clothes and linens.

# REVIVE

## ESSENTIAL OIL BLENDS



### COMPASSION \$22

*Comparable to doTERRA Forgive®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Compassion is a proprietary blend of Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, and Citronella Herb essential oils.

**Recommended Use:** Calming, promotes feelings of patience & contentment

REVIVE Compassion is a blend of 8 essential oils that helps quell intense feelings of anger & calm the mind. It promotes emotional balance, leading to feelings of happiness & comfort.

**Aroma:** Earthy, citrus undertones

**Release Negativity:** Diffuse in the room to calm emotions, especially when feeling angry or guilty.

**Soothe Restless Nerves:** Rub 1-2 drops between your palms and inhale deeply from cupped hands. This will help you feel grounded, promoting patience.

**Contentment:** Wear on wrists & neck to inhale the soothing aroma.

# REVIVE

## ESSENTIAL OIL BLENDS



### CONCENTRATE \$23

*Comparable to DoTERRA inTune®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Concentrate is a proprietary blend of Amyris, Patchouli, Frankincense Carterii, Lime, Ylang Ylang, Sandalwood, and Roman Chamomile essential oils.

**Recommended Use:** Improving focus & concentration

A perfect blend for people who are easily distracted and have trouble staying on task. REVIVE Concentrate combines the power of 7 essential oils in a formula designed to improve concentration & maintain focus. It can be used to help children during study time.

**Aroma:** Sweet, woody, floral

**Stay Focused:** Diffuse 2-3 drops in your office when tackling projects needing your full attention.

**Improve Concentration:** Mix 1 drop with a little carrier oil and apply to the back of the neck & temples to maintain concentration.

**Mental Clarity:** Inhale from the bottle when you find yourself slacking & your mind wandering.

# REVIVE

## ESSENTIAL OIL BLENDS



### CONNECTION \$25

*Comparable to Young Living® Inner Child®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Connection is a proprietary blend of Sweet & Bitter Orange, Tangerine, Ylang Ylang, Lemongrass, Hawaiian Sandalwood, Jasmine, Ho Wood, and Black Spruce essential oils.

**Recommended Use:** Promoting feelings of connection, combating negative emotions.

This citrusy blend promotes self-reflection & connection with yourself. It is the perfect New Year's blend to diffuse when setting resolutions for the new year. Use it throughout the year when you want to reconnect with those goals.

**Aroma:** Musky, floral, sweet, citrus undertones

**Time for Reflection:** Add a few drops to a spray bottle with water and spritz onto your coziest blanket and wrap around yourself to reflect & reconnect with yourself.

**Connect with Others:** Diffuse 3 drops before company arrives to help connect with others.

**Setting Goals:** Mix 2 drops with 1 drop carrier oil and apply on wrists & temples before setting goals.

# REVIVE

## ESSENTIAL OIL BLENDS



### COOL \$16

*Comparable to Young Living's AromaEase®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Cool is a proprietary blend of Peppermint, Spearmint, Ginger, Cardamom, and Fennel essential oils.

**Recommended Use:** Invigorating, energizing, purifying

Cool is a refreshing & energizing blend of 5 essential oils. Diffuse this minty & refreshing blend to help you stay invigorated throughout your day.

**Aroma:** Minty, sharp, menthol, fresh

**In the Car:** Diffuse in the car on your way to work to arrive feeling refreshed and ready to power through your work day.

**Center Yourself:** Put 1-2 drops on your neck or shoulders as a refresher throughout the day.

**Massage & Soothe:** Dilute with a carrier oil and use for an invigorating massage blend.

# REVIVE

## ESSENTIAL OIL BLENDS



### COPAIBA & COFFEE \$18

*Signature blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Copaiba & Coffee is a proprietary blend of Copaiba, Coffee fruit extract & oil, Balsam, Cardamom, Vanilla fruit extract, Cocoa fruit extract, Geranium, Star Anise, Nutmeg, and Cinnamon essential oils.

**Recommended Use:** Immune & cardiovascular support, mood enhancer

REVIVE Copaiba & Coffee contains 11 essential oils with properties that help both body & mind. When you need a little pick-me-up after a particularly trying day at work, this warm scent will help ease your mind & uplift your mood.

**Aroma:** Warm, strong, rich, sweet, slightly spicy

**Tension Relief:** Apply 1 drop to a teaspoon of carrier oil and apply on temples & neck.

**Perk Up Your Afternoons:** Diffuse 3-4 drops to recreate the warm & welcoming scents of a coffee shop when you start feeling sluggish.

**Cellulite Buster:** Mix with a moisturizer or carrier oil and apply daily for clear, supple skin.

# REVIVE

## ESSENTIAL OIL BLENDS



### COURAGE \$22

*Comparable to Young Living Valor®*

TOPICALLY SENSITIVE

REVIVE Courage is a proprietary blend of Fractionated Coconut Oil, Black Spruce, Camphor, Blue Tansy, Frankincense, and Geranium essential oils.

**Recommended Use:** Boost confidence, reduce feelings of fear, alleviate stress

REVIVE Courage is a mix of 5 essential oils. The sweet, spicy aroma is a great confidence booster that may help you overcome fear. Banish negative thoughts, experience mental clarity, and feel more grounded with Courage.

**Aroma:** Sweet, sharp, camphoraceous, strong

**Boost Confidence:** Apply 1-2 drops (diluted) to the wrists & temples before a speech or important presentation.

**Relieve Tired Muscles:** Mix with some carrier oil and massage into the back of the neck when feeling stiff or pain.



# REVIVE

## ESSENTIAL OIL BLENDS



### CYCLE CALM \$20

*Comparable to Young Living Dragon Time®*

AROMATICALLY TOPICALLY NEAT

REVIVE Cycle Calm is a proprietary blend of Fennel, Clary Sage, Lavender, Marjoram, Blue Yarrow essential oils, and Jasmine Absolute.

**Recommended Use:** Women's health, hormonal imbalance, mood enhancer

REVIVE Cycle Calm is a special formula created for women to help ease PMS & menopause. The soothing aroma of Cycle Calm works on the mind & body to provide soothing relief during the menstrual cycle, maintain hormone balance, and enhance mood.

**Aroma:** Strong, sweet, floral

**Abdominal Massage:** Mix with a carrier oil and rub on the abdomen to ease discomfort during PMS.

**Balancing Emotions:** Breathe deeply from the bottle to feel grounded & balanced.

**Soothe Hot Flashes:** Mix with a carrier oil and apply to the back of the neck to reduce hot flashes.

# REVIVE

## ESSENTIAL OIL BLENDS



### DIGEST AID \$16

*Comparable to Young Living DiGize®*

AROMATICALLY TOPICALLY INTERNALLY NEAT

REVIVE Digest Aid is a proprietary blend of Ginger, Peppermint, Tarragon, Lemongrass, Juniper, and Anise essential oils.

**Recommended Use:** Soothe upset stomachs, digestive aid

This blend of 6 essential oils is excellent for digestive support. The earthy, comforting aroma is an excellent scent to diffuse around a gathering of family & friends. It is also great for easing stomach-related issues.

**Aroma:** Strong, sweet, earthy

**Soothing Massage:** Mix with a carrier oil and massage in circular motions on your stomach to soothe an occasional upset stomach.

**Comforting Aroma:** Diffuse 2-3 drops in the dining area during meals to create a warm & relaxing environment.

# REVIVE

## ESSENTIAL OIL BLENDS



### DIGEST SUPPORT \$14.50

*Comparable to DoTerra DigestZen®*

AROMATICALLY TOPICALLY INTERNALLY NEAT

REVIVE Digest Support is a proprietary blend of Peppermint, Ginger, Tarragon, Fennel, Caraway, Coriander, and Star Anise essential oils.

**Recommended Use:** Digestive health, relief from upset stomach, bloating, and/or gas

REVIVE Digest Support contains 7 essential oils that help support the digestive system. The blend helps maintain digestive health, relieves bloating, gas, & indigestion, and soothes an upset stomach.

**Aroma:** Mild, sweet, earthy

**Ease Stomach Woes:** Drink a glass of water with a drop of Digest Support and a little honey added to soothe an occasional upset tummy.

**Soothing Massage:** Mix with a carrier oil and apply on the stomach after a large meal.

**Daily Digestive Support:** Drink a cup of tea daily with a drop of oil and a little honey added to maintain digestive health.

# REVIVE

## ESSENTIAL OIL BLENDS



### DREAMER \$18

*Signature blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Dreamer is a proprietary blend of Sage, Lavender, Sweet Marjoram, Grapefruit, Damiana, Cistus, and Osmanthus essential oils.

**Recommended Use:** Sleep aid, relaxing, unwind

Reach for Dreamer when you want to relax, unwind, or get ready for bed! It is a blend of 7 relaxing essential oils that will melt away the stress of a long day and allow you to fall into your dreams.

**Aroma:** Herbaceous, sweet, fruity

**Dream the Night Away:** Diffuse 3-4 drops in your bedroom as you start your nighttime routine. Once you crawl into bed, you will be dreaming before you know it!

**Dreamy Bath:** Mix 5-6 drops with unscented Castile soap and add to bath water.

**On-the-Go:** Add 15 drops to a 10mL roll-on bottle and add your carrier oil of choice to create your own roll-on whenever you need Dreamer on-the- go!

# REVIVE

## ESSENTIAL OIL BLENDS



### ENDOPLUS \$11

*Comparable to doTERRA Zendocrine®*

AROMATICALLY TOPICALLY INTERNALLY NEAT

REVIVE EndoPlus is a proprietary blend of Rosemary, Geranium, Mandarin, Tangerine, Juniper, and Coriander essential oils.

**Recommended Use:** Detoxify & purify bodily systems

A potent blend made from 4 essential oils, EndoPlus helps the body rid itself of accumulated toxins and free radicals more efficiently. By supporting liver & kidney functions, it helps the body eliminate unwanted toxins that could harm it.

**Aroma:** Light, herbaceous, sweet, slightly citrusy

**Support Liver Function:** Start your day by drinking a cup of tea containing a drop of oil and a little honey.

**Clean Air:** Diffuse 2-4 drops in the house to purify the air and fight environmental threats.

**Detoxify Naturally:** Mix with some carrier oil and apply to the soles of the feet to help the body detoxify.

# REVIVE

## ESSENTIAL OIL BLENDS



### ENERGY \$20

*Signature blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Energy is a proprietary blend of Lavender, Sweet Orange, Osmanthus extract, Amyris, Litsea, Ylang Ylang, and Violet extract essential oils.

**Recommended Use:** Refreshing, energizing

REVIVE's signature blend, Energy, is made from 7 different essential oils. When you feel like your energy levels are low and you need something to keep you motivated, this blend will instantly refresh you, infusing you with energy.

**Aroma:** Sweet, citrusy, floral

**Intense Workout:** Before starting a workout, inhale deeply from the bottle to prepare your body & mind for the session.

**Drive Away Sluggishness:** Diffuse 2-3 drops around afternoon when you are likely to feel unmotivated & lethargic.

**Start the Day Right:** Apply diluted to pulse points in the morning before starting your day.

# REVIVE

## ESSENTIAL OIL BLENDS



### EVERYTHING NICE \$26

*Signature blend*

AROMATICALLY

TOPICALLY

DILUTE

REVIVE Everything Nice is a proprietary blend of Douglas Fir, Lemon, Yuzu, White Fir, Cistus, Clove essential oils, and Vanilla Bean extract.

**Recommended Use:** Increase positivity, boost focus

REVIVE Everything Nice is a signature blend created to enhance and increase the positivity in your life. Keep negativity at bay and increase your focus throughout the day with this great blend. Use it for a kinder perspective and enjoyable day.

**Aroma:** Citrusy, fresh, sweet

**Feeling Nice:** Diffuse 3-4 drops to boost positivity.

**Focus:** Apply 2 drops with a carrier oil to the nape or chest and inhale deeply. This will encourage increased concentration.

**Commuting Bliss:** Use a car diffuser (or make your own) and add 4-5 drops before long commutes to keep positive energy flowing even in the worst traffic!

# REVIVE

## ESSENTIAL OIL BLENDS



### FANTASTIC \$16

*Comparable to doTERRA Citrus Bloom®*

AROMATICALLY TOPICALLY NEAT

REVIVE Fantastic is a proprietary blend of Wild Orange, Grapefruit, Lavender, Roman Chamomile, and Magnolia essential oils.

**Recommended Use:** Invigorating, energizing, air freshener

A gorgeous blend of scents, Fantastic will remind you of spring. Strong, citrusy notes and soft floral hints combine to create a lovely aroma that will freshen and brighten your home.

**Aroma:** Bright, citrusy, sweet

**Freshen Up the Room:** Diffuse a few drops for a lovely, fresh scent.

**Tackle Odors:** Add a few drops to a cotton ball and add to the dustbin, drawers, linen cupboards, etc. to keep them from smelling stuffy.

**Infuse Positivity:** Rub a drop on the insides of your wrists to enjoy the pleasant aroma throughout the day.



# REVIVE

## ESSENTIAL OIL BLENDS



### FEARLESS \$19

*Comparable to doTERRA Adaptiv®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Fearless is a proprietary blend of Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum essential oils.

**Recommended Use:** Relaxing, soothing, energizing, boost focus

REVIVE Fearless is a blend of 8 essential oils that will help you overcome your fears and push your limits. Its fresh scent will give you a boost of energy and help you focus on your tasks at hand.

**Aroma:** Fresh, citrusy, sweet, fruity, floral hints

**Fight Your Fears:** To stop doubts & fears in their tracks, diffuse 3-4 drops as part of your morning routine to start each day fearlessly.

**Get Things Done:** Apply 2 drops with a carrier oil to the nape or chest and inhale deeply. This will encourage increased concentration, so you can finish everything on your to-do list.

**Destress:** Use 3 drops with Fractionated Coconut Oil and massage into your shoulders to destress and refocus on the important things!

# REVIVE

## ESSENTIAL OIL BLENDS



## FIREWORKS \$20

*Proprietary blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Fireworks is a proprietary blend of Sweet Orange, Patchouli, Copaiba, Bergamot, Sandalwood, Tobacco, Osmanthus, Pink Pepper, Lavandin, Galbanum, and Vanilla Oleoresin essential oils

**Recommended Use:** Calming, warming, skincare

REVIVE Fireworks is a unique blend of 10 essential oils that produce a sophisticated scent to remind you of warm days and balmy evenings. The uplifting & warming scent can help calm anxious thoughts or soothe stressful emotions.

**Aroma:** Spicy, slightly sweet, warm, earthy

**Skin Health:** Add 1-2 drops (diluted) to your skin for smooth, glowing skin or to moisturize dry skin.

**Energizing Aroma:** Diffuse in the afternoons for a balanced energy that calms anxious & negative thoughts so you can focus on the important stuff.

**A Classic:** Add 15 drops to a roller bottle and fill the rest with Coconut Oil for a classic perfume scent in an on-the-go form!

# REVIVE

## ESSENTIAL OIL BLENDS



### FIRST AID FRIEND \$24

*Proprietary blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE First Aid Friend is a proprietary blend of Lavender, Helichrysum, Tea Tree, Cistus, and Roman Chamomile essential oils pre-diluted in Fractionated Coconut Oil.

**Recommended Use:** Promotes healthy skin, soothes minor irritations

First Aid Friend is a blend of kid-friendly essential oils! Use on your little ones when they get little cuts & bruises to soothe minor irritations or calm dry skin.

**Aroma:** Sweet, sharp, floral

**Bumps & Bruises:** Use 2-4 drops topically when your kids get those oh-so-common scrapes & bruises.

**Healthy Skin:** For skin issues, like dry or irritated skin, apply 2-4 drops to help soothe & calm skin.

**Aromatically:** For aromatic use, apply 3-4 drops into the palms of your hands and cup to your face to inhale. You can also use a felt pad or wooden clothespin for a DIY evaporative diffuser.

# REVIVE

## ESSENTIAL OIL BLENDS



### FRANKINCENSE & MYRRH \$14

*Signature blend*

AROMATICALLY TOPICALLY NEAT

REVIVE Frankincense & Myrrh is a proprietary blend of Myrrh, Himalayan Cedarwood, Frankincense, Frereana, Virginia Cedarwood, Labdanum, Western Red Cedarwood essential oils, and Vanilla CO2.

**Recommended Use:** Lung support, pain relief

In the Bible, Frankincense & Myrrh were among the gifts the 3 Wise Men brought for Jesus. REVIVE's blend contains both of these essential oils along with 5 other equally powerful oils. The exotic aroma is relaxing & comforting.

**Aroma:** Sweet, woody, strong, earthy

**Minor Pain Relief:** Mix 1-2 drops with a teaspoon of carrier oil and apply on affected areas.

**Clear Breathing:** In a bowl of hot water, add 2-3 drops of the blend and inhale the vapors deeply. This will help clear airways & ease breathing.

**Relax & Unwind:** Diffuse 5 drops to relax & unwind your mind & body. Diffuse before you go to sleep to ensure restful & calm dreams.

# REVIVE

## ESSENTIAL OIL BLENDS



### GENIUS \$52

*Comparable to Young Living Brain Power*

AROMATICALLY TOPICALLY NEAT

REVIVE Genius is a proprietary blend of Sandalwood, Cedarwood, Frankincense, Blue Cypress, Melissa, Lavender, and Helichrysum essential oils.

**Recommended Use:** Promotes focus, increases concentration, study-time blend

REVIVE Genius helps promote a sense of mental clarity and improves your concentration. A perfect blend to help you power through important projects and keep your mind on task.

**Aroma:** Sweet, citrusy, floral

**Tackle Projects:** Diffuse 2-3 drops in your office when talking projects that need your full attention.

**Focus:** Apply a few drops to the nape & temples to maintain concentration.

**Clear Your Mind:** Deeply inhale the scent from the bottle when you find yourself slacking and your mind wandering.

# REVIVE

## ESSENTIAL OIL BLENDS



### GERM AWAY \$14

*Proprietary Blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Germ Away is a proprietary blend of Hemlock Spruce, Sweet Marjoram, Lavender, Rosalina, and Lemon essential oils.

**Recommended Use:** Purifying, protects against seasonal threats, cleans surfaces

Germ Away is a blend of kid-friendly essential oils that are perfect for keeping you and your family protected from seasonal threats and during times when it is easy to get sick. A great blend for refreshing stuffy areas and cleansing the home.

**Aroma:** Sweet, floral, fresh, citrusy hints

**Topical Protection:** During the cold & flu season, apply diluted to the chest & soles of the feet to stay protected from seasonal threats.

**Refresh & Purify:** Diffuse 2-3 drops daily to purify the air and reduce health risks from seasonal threats.

**Clean Away:** Mix a few drops with household cleaning products and use to wipe down floors, countertops, and other surfaces.

# REVIVE

## ESSENTIAL OIL BLENDS



### GOLDEN \$15

*Proprietary Blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Golden is a proprietary blend of Lime, Tangerine, Grapefruit, Lemongrass, Ylang Ylang, and Laurel Leaf essential oils.

**Recommended use:** Increase positivity, freshen spaces, reduce tension

REVIVE Golden is a citrusy blend to help produce feel good emotions and encourage energy.

**Aroma:** Citrusy, sweet, fresh, floral & herbaceous hints

**Boost Energy:** For those days when your energy is waning but you're still shooting for that gold medal, place 1-2 drops of Golden in the palm of your hands, cup your face and inhale.

**Diffuse for Positivity:** Diffuse 4-5 drops to immerse you and your space in positive feelings. To really focus the positivity, try to think of what memory the aroma most strongly reminds you of. Is it an island vacation? Picking oranges with your best friend? Baking fresh fruit pies for your teenagers? These memories are golden!

**Bring Freshness Home:** Add a few drops onto cotton balls and place them in storage spaces like drawers or near air vents for a quick boost of freshness as part of your Spring Cleaning!

# REVIVE

## ESSENTIAL OIL BLENDS



### GOOD FORTUNE \$20

*Comparable to Young Living Abundance®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Good Fortune is a proprietary blend of Orange, Patchouli, Clove, Frankincense, Ginger, Myrrh, Spruce, and Cinnamon essential oils.

**Recommended Use:** Boost confidence, energizing, infusing positivity

Traditionally, Ginger & Cinnamon are associated with success & prosperity. Myrrh was one of the 3 gifts the Wise Men brought Jesus. Frankincense has long been associated with spirituality & religious practices. Good Fortune combines these oils and a few others to create a powerful blend that helps promote joy & happiness.

**Aroma:** Spicy, warm, earthy

**Grounding:** Diffuse a few drops in the house for emotional balance.

**Relaxing Massage:** Mix with a carrier oil for a relaxing hand, foot, or full body massage.

**Health Boost:** Add 10 drops to your bath to detoxify your mind & body and strengthen the connection with your inner self.



# REVIVE

## ESSENTIAL OIL BLENDS



### GORGEOUS \$39

*Comparable to doTERRA Passion®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Gorgeous is a proprietary blend of Fractionated Coconut Oil, Cardamom Seed, Cinnamon Bark, Ginger Rhizome, Clove Bud, Sandalwood, Jasmine Absolute, Vanilla Bean Oleoresin, and Damiana Leaf essential oils.

**Recommended Use:** Promote excitement & joy, uplifting, inspiring

The warm aroma of REVIVE Gorgeous helps tackle feelings of boredom. Feelings of stagnation & dullness are replaced by sentiments of joy & excitement. Approach every challenge with a passion using this blend.

**Aroma:** Spicy, sweet, floral hints

**Inspiration:** Diffuse when you need a spark of inspiration, especially if you are working on a project.

**Wake Up Determined:** Diffuse in the room after you wake up to feel energized & motivated.

**Uplifting:** Wear a drop on your pulse points to enjoy a lovely aroma throughout the day.

# REVIVE

## ESSENTIAL OIL BLENDS



### GUARDIAN ANGEL \$28

*Comparable to Young Living White Angelica®*

AROMATICALLY TOPICALLY NEAT

REVIVE Guardian Angel is a proprietary blend of Bergamot, Myrrh, Geranium, Sandalwood, Ylang Ylang Flower, Coriander, Black Spruce, Melissa, Hyssop, Rose essential oils, and Sweet Almond oil.

**Recommended Use:** Comforting, boost positivity, inspire feelings of safety

REVIVE Guardian Angel combines 11 distinct oils with aroma profiles ranging from floral to woody, creating a uniquely exotic scent that is comforting & uplifting. The scent will make you feel safe and inject a feeling of optimism in the air. It is also beneficial to skin.

**Aroma:** Sweet, floral, sharp

**Comforting Space:** Diffuse 1-3 drops in a room to create a relaxed & comforting atmosphere.

**Beautiful Skin:** Add a few drops to moisturizer and use regularly for a glowing, healthy complexion.

**Signature Perfume:** Add 6 drops to a roll-on bottle and fill the rest with Argan Oil. Wear it as a perfume by applying to the wrists, neck, etc.

# REVIVE

## ESSENTIAL OIL BLENDS



### HARMONIOUS HEALING \$19

*Comparable to Young Living Progessence Plus®*

TOPICALLY

NEAT

REVIVE Harmonious Healing is a proprietary blend of Copaiba, Frankincense, Cedarwood, Bergamot, Peppermint, and Clove essential oils with MCT oil, Tocopherol, and USP-grade Progesterone (from wild yam extract).

**Recommended Use:** Formulated for women, promotes harmony

REVIVE Harmonious Healing is beautiful blend formulated especially for women. It has a lovely aroma and helps to nourish & moisturize the skin. It uses plant-based ingredients that aid the blend in easily absorbing into the skin. Add it to your daily routine to promote feelings of balance, relaxation, and harmony.

**Aroma:** Fresh, sweet, slightly spicy

**How to Use:** Apple 2-4 drops to the stomach, feet, or inner thighs 1-2 times a day. Always rotate application sites to avoid application to the same area 2 days in a row. Do not exceed 2 applications a day.

# REVIVE

## ESSENTIAL OIL BLENDS



## HEADACHE RELIEF \$14.50

*Signature blend*

AROMATICALLY

TOPICALLY

DILUTE

REVIVE Headache Relief is a proprietary blend of Eucalyptus, Rosemary, Lavender, Peppermint, and Hyssop essential oils.

**Recommended Use:** Relief from head & neck tension

REVIVE's Headache Relief is a natural & safe aid for relief from head & neck tension. This blend contains 5 essential oils that work together to provide relief from minor pains. This calming, minty scent can also help promote relaxation.

**Aroma:** Minty, sharp, herbaceous hints

**Quick Relief:** Mix with a carrier oil and apply to the temples & nape for relief from head & neck tension.

**Soothing Relief:** Diffuse 2-3 drops when your head is feeling heavy or tensed.

**Respiratory Support:** Mix with a carrier oil and apply to the chest, back, throat, and nose for respiratory support.

# REVIVE

## ESSENTIAL OIL BLENDS



### HERO \$18

*Signature blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Hero is a proprietary blend of Clove, Cassia essential oils, and Vanilla Absolute.

**Recommended Use:** Immune support, circulation boost, stimulating

REVIVE Hero is a proprietary blend of 3 oils. The spicy, sweet aroma has a warming effect and can help boost energy levels. It also supports the immune system and improves circulation.

**Aroma:** Sweet, spicy, rich

**Protection from Seasonal Threats:** Mix 1-2 drops in Coconut Oil and rub this mixture on the inside of the wrists and the hollow of the neck.

**Immune Boost:** Diffuse 1-2 drops in the house to boost the immune system.

**Foot Rub:** Mix in Fractionated Coconut Oil and use it for a warm foot massage.

# REVIVE

## ESSENTIAL OIL BLENDS



### HOLIDAY HEAVEN \$15

*Comparable to Young Living® Christmas Spirit®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Holiday Heaven is a proprietary blend of Orange, Cinnamon, and Black Spruce essential oils.

**Recommended Use:** Promote positive feelings, energizing, uplifting

Holiday Heaven is a festive blend of 3 essential oils. This blend is a must for the holidays, but comes in handy throughout the year with its mood enhancing properties.

**Aroma:** Sweet, spicy, fresh

**Create a Holiday Heaven:** Diffuse 3-4 drops to enhance the mood and foster warm holiday feelings.

**Clean Up for the Holidays:** Create your own holiday themed cleaning spray using 15 drops of oil, 1 teaspoon Witch Hazel, and 4 oz of water in a glass spray bottle and go to town!

**Enhance Your Holidays:** Add a few drops to enhance the smell of holiday trees, garlands, or wreathes.

# REVIVE

## ESSENTIAL OIL BLENDS



### HOME \$16

*Signature blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Home is a proprietary blend of Lemon, Lavender, Orange, Eucalyptus, Lime, Tea Tree, Cinnamon, Copaiba, Vetiver, Oregano, Jasmine, Vanilla, and Peppermint essential oils.

**Recommended Use:** Promoting connection, warmth, and feelings of joy

This blend was specially formulated to help create feelings of connection & joy when the weather outside is starting to get cold & dreary. It is warm & wonderful and perfect for spending time at home with friends & family.

**Aroma:** Warm, citrusy, slightly spicy, strong

**House Warming:** Diffuse 4-5 drops when you have a guest coming over and want to make your space warm & inviting.

**Diffuse for Health:** Diffuse 4-5 drops regularly to purify the air when you are stuck inside during the fall & winter months.

**Foot Rub:** Dilute with Fractionated Coconut Oil and use for a warming foot rub!

# REVIVE

## ESSENTIAL OIL BLENDS



### HUG \$28

*Comparable to doTERRA Console®*

AROMATICALLY TOPICALLY NEAT

REVIVE Hug is a proprietary blend of Frankincense Resin, Patchouli, Ylang Ylang Flower, Labdanum Stem & Twig, Amyris, Sandalwood, Rose, and Osmanthus Flower essential oils.

**Recommended Use:** Promote feelings of positivity & hope, uplifting

Hug is a powerful blend whose sweet & floral notes add a comforting touch to the air. It's helpful in combating negative thoughts & emotions, especially in times of great emotional upheaval.

**Aroma:** Sweet, floral, musky

**For Happiness:** To uplift yourself, place 1-2 drops in your hands, cup to your face, and inhale.

**For Hope:** Wear 1 drop on your inner wrists when you are feeling low & hopeless. Or diffuse 4-5 drops for an uplifting & comforting space.

**For Healing:** Apply a few drops to a sweater or blanket and wrap yourself in comfort & healing when your head, heart, or soul is needing love.



# REVIVE

## ESSENTIAL OIL BLENDS



### IMMUNITY BOOST \$14

*Comparable to Young Living Thieves®*

AROMATICALLY

TOPICALLY

INTERNALLY

DILUTE

REVIVE Immunity Boost is a proprietary blend of Clove, Lemon, Eucalyptus, Rosemary, and Cinnamon Bark essential oils.

**Recommended Use:** Protection against environmental threats, immunity support

REVIVE Immunity Boost is a blend of 5 essential oils that have purifying & cleansing properties. Its aroma fills up any room, purifying the air and eliminating harmful environmental threats.

**Aroma:** Warm, spicy, strong cinnamon aroma

**Purify the Air:** Diffuse 2-3 drops in the house to purify the air and freshen up the space.

**Clean Surfaces:** Mix with water to use to wipe down floors, countertops, and other surfaces.

**Boost Immunity:** Mix with a carrier oil and apply to the soles of your feet to support the immune system, especially during the cold & flu season.

# REVIVE

## ESSENTIAL OIL BLENDS



### INSPIRE \$20

*Comparable to doTERRA Elevation®*

AROMATICALLY TOPICALLY NEAT

REVIVE Inspire is a proprietary blend of Lavender, Tangerine, Lavadin, Amyris, Clary Sage, Hawaiian Sandalwood, Ylang Ylang, Ho Wood, Osmanthus, Lemon Myrtle, and Melissa essential oils.

**Recommended Use:** Energizing, revitalizing

REVIVE Inspire instills confidence & boosts energy levels. The invigorating aroma is just the pick-me-up you need for days when your energy levels are low or when you feel lethargic & uninspired. Its perky scent will revitalize your senses and give you the energy boost you need.

**Aroma:** Sweet, woody, citrus undertones

**Banish Restlessness:** Diffuse 1-3 drops in the room if you are feeling restless or down.

**Melt Away Stress:** Mix 5-6 drops with unscented Castile soap and add to bath water.

**Drive Alert:** Add a few drops to a cotton ball and keep in the car during long drives to stay alert & energized.

# REVIVE

## ESSENTIAL OIL BLENDS



### INTO THE WOODS \$20

#### *Signature Blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Into the Woods is a proprietary blend of Texas Cedarwood, Yuzu, Lavandin, Douglas Fir, Bitter Orange, Vanilla, and Patchouli essential oils.

**Recommended Use:** Deepen breathing, calming, refresh stuffy spaces

Into the Woods is a refreshing and woody blend with an aroma that reminds us of spring showers in the woods. This blend is great for respiratory function and clear breathing when used aromatically or topically.

**Aroma:** Fresh, woody, sweet

**Spring Cleaning:** Diffuse 3-4 drops in the house to eliminate odors and deodorize the air.

**Breathe Deeply:** Rub 3 drops and Fractionated Coconut Oil on your chest to help deepen breathing and improve respiratory function.

**Restful Sleep:** Diffuse 3-4 drops at night when you need help relaxing & calming your mind. The calming & breath deepening properties will improve your ability to get ready for bed at night.

# REVIVE

## ESSENTIAL OIL BLENDS



### JOY \$16

*Comparable to Young Living Joy®*

AROMATICALLY TOPICALLY NEAT

REVIVE Joy is a proprietary blend of Bergamot, Lemon, Tangerine, Ylang Ylang, Coriander, Palmarosa, Geranium, Roman Chamomile flower, Rose flower, and Jasmine flower extract essential oils.

**Recommended Use:** Uplifting, warm & joyful environment

REVIVE Joy is a unique fragrance that is warm & welcoming. It uplifts the spirit and spreads a feeling of happiness. The flirty floral notes in the blend also help set a romantic tone.

**Aroma:** Floral, citrusy, warm, sweet, musky, light

**Love is in the Air:** To add some romantic flavor to date night at home, diffuse 3-4 drops.

**Family Time:** For family get-togethers & gatherings, diffuse to create a warm environment.

**Refreshing Bath:** Add a few drops to 1/2 cup of unscented Castile soap and add these to bath water. Enjoy a luxurious & pampering soak.

# REVIVE

## ESSENTIAL OIL BLENDS



### LEMONADE STAND \$18

*Proprietary Blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Lemonade Stand is a proprietary blend of Lemon, Osmanthus, Roman Chamomile essential oils, and Vanilla extract.

**Recommended Use:** Cleansing, purifying, uplifting, calming

Lemonade Stand brings us back to those times when we were kids and selling lemonade in our neighborhoods! It is a refreshing scent that is perfect to use in the summer time to reminisce and energize yourself on those hot, stuffy days.

**Aroma:** Light, sweet, lemony, floral hints

**Go to Your Happy Place:** Diffuse to help lift your mood and calm tension at any time of the day!

**Freshen Laundry:** Add 2-3 drops to dryer sheets or dryer balls to add a refreshing aroma to your laundry.

**Brighten Your Home:** Diffuse 4-5 drops in the home to help eliminate unwanted smells or odors.

# REVIVE

## ESSENTIAL OIL BLENDS



### LIMITLESS \$22

*Comparable to doTERRA Motivate®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Limitless is a proprietary blend of Peppermint, Clementine, Coriander, Basil, Yuzu, Lime, Melissa, Rosemary essential oils, and Vanilla Bean Oleoresin.

**Recommended Use:** Counteract self-doubt & negative thoughts, promote confidence

A scent to drive away feelings of doubt & confusion. Gain increased confidence in your ability to make decisions by reducing negative thoughts. With REVIVE Limitless, you will no longer second guess yourself.

**Aroma:** Light, minty, fresh, sweet

**Confidence Boost:** Mix 1 drop with 1 drop of carrier oil and apply on wrists & temples before setting out for the day.

**Important Meetings:** Diffuse a few drops before an important meeting or make big decisions.

**School Work:** Diffusing a few drops will help children focus better on their homework & projects.

# REVIVE

## ESSENTIAL OIL BLENDS



### LIONESS \$20

*Comparable to Young Living® Lady Sclareol®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Lioness is a proprietary blend of Geranium, Coriander, Vetiver, Orange, Clary Sage, Bergamot, Ylang Ylang, Hawaiian Sandalwood, Spanish Sage, Jasmine, Spearmint, and Black Spruce essential oils.

**Recommended Use:** Perfume, relaxing

This beautiful, soft, feminine, floral blend is for all the ladies out there. Amplify your femininity and channel the power that comes from being a woman.

**Aroma:** Floral, earthy, slightly sweet

**Perfume:** Dab 1-2 drops inside your wrists and at the nape for a delicate personal fragrance.

**Balance:** Diffuse a few drops to experience emotional balance.

**Calming:** Add 1-2 drops to aromatherapy jewelry, like a pendant or bracelet, and enjoy the calming effects of the beautiful scent all day.

# REVIVE

## ESSENTIAL OIL BLENDS



### LOVE & ROMANCE \$20

*Comparable to Young Living Sensation®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Love & Romance is proprietary blend of Coriander, Ylang Ylang, Furanocoumarin-free Bergamot, Jasmine, and Geranium essential oils.

**Recommended Use:** Uplifting, refreshing, stimulating

As the name suggests, REVIVE Love & Romance is a blend for lovers & romantics. For couples, this is an extremely soothing fragrance that promotes the feeling of relaxation and sets the ambiance for a romantic tryst.

**Aroma:** Floral, musky, sweet, herbaceous notes

**Love is in the Air:** Diffuse 2-3 drops before a date to set the tone for the evening.

**Signature Scent:** Add 10-12 drops in a roll-on bottle along with Fractionated Coconut oil. Use as a personal fragrance.

**Linen Spray:** Mix 10-12 drops with a cup of distilled water in a spray bottle and spritz over pillows & bedding.



# REVIVE

## ESSENTIAL OIL BLENDS



### MAPLE PANCAKES \$15

*Proprietary Blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Margarita is a proprietary blend of Copaiba Balsam, Bergamot, Lime, Magnolia, Osmanthus, Juniper Berry, Sweet Orange, Fenugreek, Galbanum, Vanilla, Roman Chamomile, Rose, Jasmine, Buchu, and Violet essential oils.

**Recommended Use:** Uplifting, deodorizing

A deliciously sweet blend to use during the cold months. REVIVE Maple Pancakes is the perfect blend to use to keep you warm & cozy while drowning you in the rich aroma of warm pancakes dripping with rich maple syrup!

**Aroma:** Strong, rich, warm

**Short Stack Lover:** If a maple pancake aroma is what you crave this time of year, diffuse 4-5 drops to remind you of mounds of warm pancakes dripping with rich maple syrup.

**Warm Atmosphere:** Diffuse in rooms that need deodorizing. Maple Pancakes warms & freshens any space!

# REVIVE

## ESSENTIAL OIL BLENDS



### MARGARITA \$18

*Proprietary Blend*

AROMATICALLY

TOPICALLY

DILUTE

REVIVE Margarita is a proprietary blend of Lime, Lemon, Vetiver, Sweet Orange, Douglas Fir, Osmanthus essential oils, and Vanilla extract.

**Recommended Use:** Calming, grounding, cleansing, uplifting, improves focus

An intoxicating blend to use during the summer time. REVIVE Margarita is the perfect blend to use when in need of an invigorating aroma to help brighten your mood and energize you.

**Aroma:** Strong, citrusy, sweet

**Daydream:** Wish you were enjoying the summer sun instead of being stuck inside? Diffuse 4-5 drops and imagine yourself under palm trees with the warm sun on your skin.

**Focus:** Put 1-2 drops in your hands and cup your hands to your nose and take a few deep breaths when feeling scattered and unfocused.

**Brighten Your Home:** Diffuse 4-5 drops in the home to help eliminate unwanted smells or odors.

# REVIVE

## ESSENTIAL OIL BLENDS



### MINT COOKIES \$18

*Signature Blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Mint Cookies is a proprietary blend of Copaiba, Peru Balsam, Peppermint, Lime, Cocoa, Vanilla, and Coffee essential oils.

**Recommended Use:** Relaxing, calming

A little crazy about cookies? REVIVE Mint Cookies is the perfect blend for you! A warm, sweet scent that is perfect for any time. Use it to relax, destress, or just because you want to smell the decadent smell of cookies!

**Aroma:** Sharp, minty, sweet, chocolatey

**Relax at Home:** Diffuse 6-8 drops to help create a cozy, peaceful environment

**Go Cookie Crazy:** Create a Mint Cookies skin nourishing lotion with Fractionated Coconut Oil.

**Destress the Car:** Add a few drops to a cotton ball and keep in the car during long drive to keep calm and cool.

# REVIVE

## ESSENTIAL OIL BLENDS



### MOMMY FUEL \$15

*Proprietary Blend*

AROMATICALLY

TOPICALLY

DILUTE

REVIVE Mommy Fuel is a proprietary blend of Sweet Orange, Cinnamon Bark & Leaf, Camphor, Eucalyptus essential oils, and Bitter Almond oil.

**Recommended Use:** Energizing, invigorating, uplifting

A perfect blend for every mother! REVIVE Mommy Fuel wakes up all the senses and reminds us of how much mothers get done in the world.

**Aroma:** Warm, sharp, fresh, sweet, citrusy

**No Procrastinating:** Apply to the wrists, neck, & inside the elbows with a carrier oil when you are ready to get things done and just need a little kickstart.

**Energize:** Diffuse 3-4 drops to create an energetic & invigorating atmosphere.

**Freshen Up Spaces:** Add 3-4 drops to cotton balls and put inside musty drawers or cabinets to refresh & brighten the air.

# REVIVE

## ESSENTIAL OIL BLENDS



MRS. \$26

*Comparable to doTERRA Whisper®*

TOPICALLY NEAT

REVIVE Mrs. is a proprietary blend of Fractionated Coconut Oil, Patchouli, Bergamot, Hawaiian Sandalwood, Rose, Cinnamon Bark, Vetiver Root, Labdanum Leaf & Stem, Cocoa Seed, Ylang Ylang Flower essential oils, and Vanilla Oleoresin & Jasmine Absolute.

**Recommended Use:** Perfume, emotional balance

A collection of rich essential oils combined to create a delicate & exotic fragrance. REVIVE Mrs. can provide feelings of calm & peace, smoothing out any emotional imbalances.

**Aroma:** Rich, spicy, musky, sweet & floral notes

**Alluring Scent:** Dab 1-2 drops inside of the wrists and at the nape for a delicate personal fragrance.

**Smell Good, Feel Good:** Add 1-2 drops to aromatherapy jewelry, like a pendant or bracelet, and enjoy the calming effects of the beautiful scent all day.

# REVIVE

## ESSENTIAL OIL BLENDS



### NOURISH \$21

*Proprietary blend*

AROMATICALLY

TOPICALLY

NEAT

REVIVE Nourish is a proprietary blend of Clary Sage, Fennel, Peppermint, and Spanish Sage essential oils.

**Recommended Use:** Digestive aid, focus, women's health

Nourish your body & mind with this powerful blend of 4 essential oils. It is especially helpful for women and emotional balance during menstruation.

**Aroma:** Sweet, minty, herbaceous

**Nourish the Mind:** Diffuse 2-3 drops during times when you need emotional balance, especially when it is clouding your focus or distracting you.

**Restore the Body:** Take a veggie capsule with 1 drop of Nourish and honey to aid in digestion support.

**Uplift Your Mood:** Mix with a carrier oil and apply to the back of the neck and soles of the feet to improve mood.

# REVIVE

## ESSENTIAL OIL BLENDS



### PEACEFUL \$24

*Comparable to Young Living Gentle Baby®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Peaceful is a proprietary blend of Coriander, Geranium, Palmarosa, Lavender, Ylang Ylang, Roman Chamomile, FC-Free Bergamot, Lemon, Rose essential oils, and Jasmine Absolute.

**Recommended Use:** Calming, children sleep aid, supports a healthy complexion

REVIVE Peaceful is a perfect blend that benefits parents & children. Its gentle aroma promotes feelings of calm & peace. It can be safely used around children and makes a great addition to their bedroom.

**Aroma:** Sweet, light, fruity, floral

**Peaceful Nights:** Diffuse a few drops to enjoy a quiet & relaxed time at home.

**Comfort:** Rub a few drops on the children's pillows & linens.

**Blessing for the Skin:** Mix with Jojoba Oil and apply on the skin for a healthy, glowing complexion.

# REVIVE

## ESSENTIAL OIL BLENDS



### PEPPERMINT LATTE \$19

*Proprietary Blend*

AROMATICALLY

TOPICALLY

INTERNALLY

DILUTE

REVIVE Peppermint Latte is a proprietary blend of Peppermint, Coffee essential oils, and Vanilla extract.

**Recommended Use:** Stimulating, boosts mental clarity

REVIVE Peppermint Latte is an amazing blend for the holiday season! The perfect blend of Peppermint and Coffee for a warm and energizing aroma that will keep you going during all those family gatherings.

**Aroma:** Warm, strong, sweet, peppermint-smell

**Morning Energy:** Diffuse in the house for a warm & welcoming scent, especially if you are a morning latte person!

**Afternoon Pick-Me-Up:** Add a few drops to a cotton ball, then cup in your hands and inhale for a boost of energy.

**Go Latte Crazy:** Mix 3 drops with a carrier oil and apply to the wrists & neck for clarity and focus.



# REVIVE

## ESSENTIAL OIL BLENDS



## PROTECT \$14

*Comparable to Doterra OnGuard®*

AROMATICALLY

TOPICALLY

INTERNALLY

SENSITIVE

REVIVE Protect is a proprietary blend of Wild Orange, Clove, Cinnamon, Eucalyptus, and Rosemary essential oils.

**Recommended Use:** Protect against seasonal & environmental threats, respiratory & immune support

REVIVE Protect is a mix of 6 potent essential oils with powerful antioxidant properties that protect against seasonal threats. Protect works with the body's natural defense systems to shield it from environmental threats. It also helps alleviate respiratory conditions and boosts immunity.

**Aroma:** Sweet, spicy, citrus hints

**Purify the Air:** Diffuse 2-3 drops daily to purify the air & reduce health risks from seasonal threats.

**Soothe a Scratchy Throat:** Mix a drop in a tablespoon of water and gargle.

**Stay Protected:** During the cold & flu season, apply (diluted) to the soles of the feet to keep yourself protected from seasonal threats.

# REVIVE

## ESSENTIAL OIL BLENDS



### PUMPKIN PIE \$15

*Proprietary Blend*

AROMATICALLY

TOPICALLY

DILUTE

REVIVE Pumpkin Pie is a proprietary blend of Clove Bud, Cardamom, Cassia, Nutmeg, and Vanilla fruit extract essential oils.

**Recommended Use:** Purifying, freshens the air

REVIVE Pumpkin Pie smells just like Grandma's Pumpkin Pie! Take yourself back to those days when you were helping your grandparents bake pie for the fall season. A warming aroma that cleanses the air and is perfect as you enter the colder months.

**Aroma:** Warm, spicy, sweet

**Freshen Your Home:** Diffuse 5 drops of Pumpkin Pie to refresh and revive your home as the sweet Vanilla and Nutmeg essential oils in the blend enrich your living space.

**Connect with Others:** Diffuse when you have family & friends over to create a warm, welcoming environment that eases the atmosphere and stimulates conversation.

# REVIVE

## ESSENTIAL OIL BLENDS



### PUMPKIN SPICE LATTE \$19

#### *Signature Blend*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

REVIVE PSL is a proprietary blend of Clove, Peru Balsam, coffee, Sweet Orange, Ginger, Cardamom, Cassia, Nutmeg, Black Pepper, Vanilla Bean extract, Star Anise, Angelica, Damiana, and Opopanex essential oils.

**Recommended Use:** Purifying, energizing, uplifting

Pumpkin, Spice, and Everything Nice (plus some Coffee, just for good measure). PSL is an energetic and uplifting blend that is just what the soul needs on a Fall morning.

**Aroma:** Warm, sweet, slightly spicy, coffee hints

**PSL Lover:** Diffuse 4-5 drops to transform your home into a fall paradise!

**Energize Your Mood:** Put 1-2 drops in your hands, cup them over your nose, and take a few breaths. This blend of energizing oils will help give you a boost in the afternoon.

**Freshen Your Space:** Diffuse in rooms that need deodorizing. PSL brightens & freshens any space!

# REVIVE

## ESSENTIAL OIL BLENDS



### PURIFY \$14

*Comparable to Young Living Purification®*

AROMATICALLY TOPICALLY NEAT

REVIVE Purify is a proprietary blend of Rosemary, Citronella, Lemongrass, Lavandin, Tea Tree, and Myrtle essential oils.

**Recommended Use:** Getting rid of odors, freshening up stuffy spaces

REVIVE Purify combines 6 fresh-smelling essential oils. The refreshing aroma permeates the air, purifying it and removing unpleasant odors. A clean scent for your home, car, or office.

**Aroma:** Clean, crisp, sweet, citrusy, herbaceous

**Drive Away Odors:** Mix with water in a spray bottle and use around the house or in specific areas that smell stuffy.

**Fresh, Clean Air:** Diffuse a few drops for a bright scent and to purify the air.

**Laundry:** Add 1-2 drops to dryer sheets for fresh-smelling clothes.

# REVIVE

## ESSENTIAL OIL BLENDS



### RESET \$28

*Comparable to Young Living® RutaVaLa®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Reset is a proprietary blend of Ruta, Valerian, and Lavender essential oils.

**Recommended Use:** Calming, relaxing, sleep aid

Reset is a calming blend of 3 essential oils. Diffuse Reset when you are looking for a calming & relaxing blend that is perfect for evenings.

**Aroma:** Strong, floral

**Promotes Sleep:** Diffuse 3-5 drops at bedtime to calm and relax the body & mind and enhance sleep quality.

**Balance Feelings:** Add a few drops to cotton balls and store in a small glass jar you can bring with you. Throughout your day, you can harness the aromatic calm of Reset as you need it. This can be a lifesaver to get through stressful or emotional days.

**Tension Relief:** For relief from head & neck tension, apply with Fractionated Coconut Oil to the back of your neck and massage.

# REVIVE

## ESSENTIAL OIL BLENDS



### RESTORE \$14

*Comparable to doTERRA DDR Prime®*

TOPICALLY

INTERNALLY

SENSITIVE

REVIVE Restore is a proprietary blend of Frankincense, Wild Orange, Litsea, Thyme, Clove, Summer Savory, Niaouli, and Lemongrass essential oils.

**Recommended Use:** Antioxidant support, cellular health, immune support

Packed with powerful antioxidants, REVIVE Restore helps prevent oxidative stress by maintaining a healthy balance between free radicals and antioxidants in the body. It helps support cellular health, brain activity, and immune response.

**Aroma:** Herbaceous, sharp, slightly spicy, strong Thyme notes

**Daily Protection:** Add a drop to a cup of tea or glass of water and drink daily in the morning to maintain immune health and prevent oxidative stress.

**Rejuvenating Massage:** Use in massages after mixing with a carrier oil.

# REVIVE

## ESSENTIAL OIL BLENDS



### ROYAL \$22

*Proprietary blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Royal is a proprietary blend of Cedarwood, Patchouli, Bergamot, Frankincense, Amyris, Indian Sandalwood, Copaiba, Hawaiian Sandalwood, Muhuhu, and Australian Sandalwood essential oils.

**Recommended Use:** Promotes centered & calm feelings, soothes dry skin

REVIVE Royal is a blend of 10 precious essential oils that harness the power of Sandalwood.

**Aroma:** Musky, warm, earthy, sweet

**Brings Clarity:** For centered & calm feelings, place 1-2 drops at pulse points and channel your inner regal King or Queen.

**Center at Home:** Diffuse 4-5 drops to invigorate & focus feelings in your home! This is also great for meditation or when you need to get work done.

**Connections:** Add 15-20 drops to a 10mL roller bottle and top it off with Fractionated Coconut Oil. This DIY roll-on can be used a personal fragrance and draw others with its warm & rich aroma.

# REVIVE

## ESSENTIAL OIL BLENDS



### SAFE & CALM \$14

*Proprietary Blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Safe & Calm is a proprietary blend of Douglas Fir, Lavender, Petitgrain, Wild Orange, Roman Chamomile, Vetiver essential oils, and Vanilla CO<sub>2</sub>.

**Recommended Use:** Relaxing, sleep aid, unwind

REVIVE Safe & Calm is a kid safe blend that is designed to help your child achieve feelings of comfort and relaxation.

**Aroma:** Sweet, floral, vanilla tones, rich, heavy

**Prepare for Bed:** Diffuse 3-4 drops to help everyone feel more calm & relaxed before bed.

**On-the-Go:** Need something to calm the kids while going out or taking a long car ride? Dilute with Fractionated Coconut Oil in a roll-on bottle, so you are good to go wherever you are!

**Calm Down:** For days when you want a little bit of household calm, diffuse 3-4 drops in your living room to help the whole family feel less restless.



# REVIVE

## ESSENTIAL OIL BLENDS



### SLEEP \$15

*Signature blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Sleep is a proprietary blend of Geranium, Ho Wood, Coriander, Lavender, Roman Chamomile, Lemongrass, Lemon, Ylang Ylang, Rose essential oils, and Jasmine Absolute.

**Recommended Use:** Promotes feelings of calm & peace, sleep aid

A blend of 11 powerful essential oils that promote relaxation & peace. A calming scent to help people naturally fall asleep and enjoy a night of restful slumber. The sweet, floral scent helps invoke a scent of balance & security.

**Aroma:** Sweet, floral, fruity, citrusy hints

**Sound Sleep:** Diffuse a few drops at night to fall asleep naturally.

**Soothing Bath:** Mix 5-6 drops with unscented Castile soap and add to bath water. Enjoy a relaxing bath before bedtime.

**Uninterrupted Sleep:** Rub 1-2 drops between your palms and run over the pillow. Sleep soundly through the night.

# REVIVE

## ESSENTIAL OIL BLENDS



### SLIMMING \$15

*Comparable to DoTerra Slim & Sassy®*

AROMATICALLY TOPICALLY INTERNALLY SENSITIVE

REVIVE Slimming is a proprietary blend of Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon Bark essential oils.

**Recommended Use:** Boost metabolism, manage cravings

REVIVE Slimming is a perfect complement to a healthy weight management plan. When added to a nutritious diet plan & exercise regimen, Slimming can help support weight loss by curbing unhealthy cravings and boosting metabolism.

**Aroma:** Minty, sweet, citrusy

**Boost Metabolism:** Add a drop to a glass of water and take before meals.

**Curb Cravings:** Overcome cravings by drinking water with a drop of Slimming added.

**Tighten Skin:** Mix with a carrier oil, like Coconut, and apply to loose skin or cellulite for firmer looking skin.

# REVIVE

## ESSENTIAL OIL BLENDS



### SMELL THE NEROLI \$16

*Signature blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Smell the Neroli is a proprietary blend of Petitgrain, Camphor, and Mandarin Peel essential oils.

**Recommended Use:** Minor pain relief, calming, clear airways

REVIVE Smell the Neroli's fresh, bright scent will invigorate your senses while the camphoraceous hints will clear nasal passages & aid breathing. Camphor may also help relieve minor joint & muscle aches.

**Aroma:** Fresh, bright, camphoraceous

**Calming Aroma:** Diffuse 3-5 drops in the house to reduce anxious feelings & uplift spirits.

**Soothing Oil:** Mix 6 drops with a tablespoon of carrier oil and apply on tired joints & muscles.

**Support Lung Function:** Add a few drops to a bowl of hot water and breathe in the vapors. Covering your head with a towel will ensure the vapors do not escape.

# REVIVE

## ESSENTIAL OIL BLENDS



### SMELL THE ROSES \$18

*Signature blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Smell the Roses is a proprietary blend of Geranium, Ho Leaf, Ylang Ylang, Litsea, Clove, Eucalyptus, Rose, Osmanthus essential oils, and Rose extract.

**Recommended Use:** Energizing, protection against seasonal threats

Smell the Roses is a delicate, romantic blend of 8 essential oils and Rose extract. The invigorating scent is from Eucalyptus, deeply calming notes from Ho Wood, and seductive hints from Ylang Ylang & Rose essential oils. A perfect scent for a candlelit dinner or indulgent spa day at home.

**Aroma:** Floral, sweet, fresh, slightly herbaceous

**Romantic Aroma:** Diffuse 3-5 drops in the house or bedroom when planning a date or romantic evening with your partner.

**Pampering Soak:** Add 5-6 drops to 1/2 cup of unscented Castile soap and add to bath waters.

**Personal Scent:** Add 10-12 drops to a roll-on bottle and fill the rest with Sweet Almond or Argan carrier oil.

# REVIVE

## ESSENTIAL OIL BLENDS



### SMILE \$20

*Comparable to doTERRA Cheer®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Smile is a proprietary blend of Wild Orange Peel, Clove Bud, Star Anise Fruit, Lemon Myrtle Leaf, Nutmeg Kernel, Vanilla Bean extract, Ginger, Cinnamon Bark, and Zdravetz Herb essential oils.

**Recommended Use:** Uplifting, stimulating, reduces sad & negative feelings

As the name suggests, REVIVE Smile has a cheerful, warming aroma that is guaranteed to lift low spirits, add a happy note to your day, and bring a smile to your face! The scent drives away negative thoughts and infuses positivity in the air.

**Aroma:** Citrus, sweet, spicy notes

**Warm Winters:** Diffuse 1-3 drops during winters, especially on cold, grey days.

**Stay Positive:** Rub a few drops between your palms & inhale deeply when feeling down or low.

**Uplifting:** Mix 6 drops with 1 tablespoon of Sweet Almond Carrier Oil and apply on temples, nape, & wrists. Feel fresh & energized throughout the day.

# REVIVE

## ESSENTIAL OIL BLENDS



### SOOTHE \$15

*Comparable to Young Living's Aroma Siez®*

TOPICALLY DILUTE

REVIVE Soothe is a proprietary blend of Basil, Marjoram, Lavender, Peppermint, and Cypress essential oils.

**Recommended Use:** Reducing stress, relaxing, comforting

REVIVE Soothe is a blend of 5 essential oils that are perfectly blended to be used for massages. It combines both relaxing and soothing oils to allow your body & mind to relax & recover.

**Aroma:** Minty, sweet, fresh, herbaceous

**Soothe Your Body:** Dilute with a carrier oil, such as Sweet Almond, for a muscle-relaxing massage.

**Pamper Your Feet:** Prepare a pampering foot soak using 1-2 drops mixed with epsom salts. Add this to warm water for a scented treat for your tired feet.

**Back Rub:** If your back needs some attention after a day of heavy work, dilute Soothe with your favorite carrier oil for a relaxing back rub.

# REVIVE

## ESSENTIAL OIL BLENDS



### SOOTHING MASSAGE \$12

*Comparable to DoTerra AromaTouch®*

TOPICALLY NEAT

REVIVE Soothing Massage is a proprietary blend of Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender essential oils.

**Recommended Use:** Reducing stress, relaxing, comforting

A rich blend of 6 essential oils, Soothing Massage will elevate your massage experience. A beautiful scent that creates an aromatic experience to relax the mind & body.

**Aroma:** Fresh, minty, menthol-like, floral hints

**Soothing Bath:** Mix a few drops with liquid Castile soap and add to bath waters for a relaxing soak.

**Relaxing Massage:** Add 1-2 drops to a tablespoon of Almond Oil and use for a calming massage.

**Aromatic Pedicure:** Prepare a pampering foot soak using 1-2 drops mixed with honey & liquid Castile soap. Add to warm water for a treat for tired feet.

# REVIVE

## ESSENTIAL OIL BLENDS



### SORE NO MORE \$20

*Comparable to DoTERRA Deep Blue Touch®*

TOPICALLY SENSITIVE

REVIVE Sore No More is a proprietary blend of Peppermint, Wintergreen, Camphor, Ylang Ylang, Helichrysum, Blue Tansy, Blue Chamomile, and Osmanthus essential oils.

**Recommended Use:** Soothing relief, cooling effect on tired & overworked muscles

REVIVE Sore No More contains essential oils that are known to provide relief to achy, tired, & sore muscles. Its cooling sensation helps soothe overworked muscles when used in massage.

**Aroma:** Minty, sharp, sweet

**Comforting Massage:** Mix a few drops with some Fractionated Coconut Oil and use for a soothing massage after a long, tiring day.

**Relax Tense Muscles:** Rub a few drops on the back of the neck & shoulders after a long day at work.

**Pre-Workout:** Massage a few drops mixed in Coconut Oil on your calves & legs before an intense workout session.



# REVIVE

## ESSENTIAL OIL BLENDS



### SPICED APPLE \$16

*Proprietary Blend*

AROMATICALLY

TOPICALLY

DILUTE

REVIVE Spiced Apple is a proprietary blend of Lemon, Balsam Copaiba, Clove, Cedarwood, Cinnamon, Lime, Davana, Eucalyptus, Rosemary, Lavender, Ocotea essential oils, and Vanilla extract.

**Recommended Use:** Balancing, cleansing

REVIVE Spiced Apple is a beautifully combined blend of 12 oils to help you de-stress and increase feelings of joy. This warm, nostalgic scent will bring you back to days of apple-picking or making apple pies with friends & family while freshening up your space.

**Aroma:** Sweet, spicy, warm, fruity

**Apple Vibes:** Reminiscing over when you went apple picking and waiting for the holidays? Diffuse 6-8 drops to keep you feeling happy and connected to all the great parts of the season.

**Freshen Your Home:** Mix 15 drops with 1 teaspoon Witch Hazel and 2 oz Distilled Water in a spray bottle to freshen the environment.

**Destress the Car:** Add a few drops to a cotton ball and keep in the car during long drives to keep balanced & calm.

# REVIVE

## ESSENTIAL OIL BLENDS



### STARGAZER \$34

*Comparable to Young Living Dream Catcher*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Stargazer is a proprietary blend of Sandalwood, Tangerine, Ylang Ylang, Pepper, Bergamot, Geranium, Lemon, Juniper, Blue Cypress, Grapefruit, Ocotea, Rose, Jasmine, Kaffir Lime, Spearmint, Davana, German Chamomile, and Blue Tansy essential oils.

**Recommended Use:** Confidence boost, energizing

REVIVE Stargazer is a blend to help you visualize your dreams, open your mind, and move forward in life.

**Aroma:** Sweet, floral, musky

**Look to the Stars:** Diffuse 3-4 drops to boost confidence & help achieve your dreams.

**Think Positive:** Apply a few drops to the wrists & nape at the beginning of your day to promote positive thinking all morning.

**In the Car:** Add a few drops to a cotton ball and keep in the car during long drives to stimulate your mind and thoughts.

# REVIVE

## ESSENTIAL OIL BLENDS



### STEADY \$22

*Comparable to Young Living AromaLife®*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Steady is a proprietary blend of Cypress, Marjoram, Ylang Ylang, Helichrysum essential oils, and Sesame Seed Carrier oil.

**Recommended Use:** Energizing, tension relief

REVIVE Steady is the blend you need when feeling tense and exhausted. Its energizing aroma will give you the boost you need to push through a hard workout or unwind after a long day.

**Aroma:** Sweet, floral, woody, herbaceous

**Energy Burst:** Feeling fatigued or low on energy before working out? Inhale from the bottle for a stimulating aroma.

**Connect with Others:** Mix a few drops with Sweet Almond Oil and offer your loved one a neck & shoulder massage.

**Release:** Apply a drop to the back of the neck to soothe tiredness & tension.

# REVIVE

## ESSENTIAL OIL BLENDS



### STRESS EASY \$14.50

*Comparable to Young Living Stress Away®*

AROMATICALLY TOPICALLY NEAT

REVIVE Stress Easy is a proprietary blend of Copaiba, Lime, Cedarwood, Ocotea, Lavender essential oils, and Vanilla Bean extract.

**Recommended Use:** Mental clarity, reduces stress, anxious feelings, & tension

A unique scent combining the citrusy aroma of Lime with the sweet scent of Vanilla and floral hints from Lavender. This pleasant aroma helps to calm the mind, soothe anxious thoughts, and promote relaxation.

**Aroma:** Woody, sweet, floral

**Spread Warmth:** Diffuse in the house for a warm & welcoming scent, especially if you are expecting guests.

**Bedroom Scent:** Diffuse in the bedroom to encourage sleep & relaxation.

**Overcome Anxiety:** Mix 1 drop with a carrier oil and apply to wrists & temples before embarking on a long journey.

# REVIVE

## ESSENTIAL OIL BLENDS



### STRESS RELIEF \$14.50

*Signature blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Stress Relief is a proprietary blend of Lavender, Rosemary, Eucalyptus, Fir, Niaoli, Tea Tree, and Peppermint essential oils.

**Recommended Use:** Relaxing, alleviate anxiety, reduce stress

REVIVE Stress Relief combines 7 premium essential oils to create a soothing scent that may help calm an anxious mind and promote relaxation throughout the whole body. The relaxing scent helps keep stress & tension away.

**Aroma:** Fresh, herbal, sharp, minty, slightly sweet

**Start the Day Right:** Apply 1 drop the soles of your feet before you set out to help you stay relaxed throughout the day.

**Stress Away:** Diffuse at home or at work to keep stress at bay.

**Relaxing Foot Massage:** Mix with Coconut Oil and use for a soothing foot massage.

# REVIVE

## ESSENTIAL OIL BLENDS



### SUGAR & SPICE \$18

#### *Signature Blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Sugar & Spice is a proprietary blend of Clary Sage, Lavender, Lemon, Lavandin, Lime, Orange, Eucalyptus, Ylang Ylang, Pink Pepper, Tea Tree, Cinnamon, Douglas Fir, Copaiba, Balsam, Vetiver, Lemongrass, Oregano, Blue Tansy, Rose, Vanilla, Geranium, Jasmine, Peppermint, Roman Chamomile, Rose, and Galbanum essential oils.

**Recommended Use:** Calming, soothing, uplifting

REVIVE Sugar & Spice is the perfect balance of sweet and spicy! Great for boosting positivity in the air. It can help calm yourself when things are a little hectic and you need some time to yourself.

**Aroma:** Sweet, spicy, fresh, citrus & floral hints

**Share the Love:** Add a few drops to 1-2 cotton balls and place them with 20 greeting cards in a ziplock bag. After 24 hours, use the cards like normal, but make sure the cotton balls don't touch the cards.

**Time for You:** Mix 2-3 drops with a carrier oil and apply to neck & feet soles to calm & soothe yourself.

**Uplifting:** Diffuse 3-4 drops to create positive feelings, especially during family gatherings.

# REVIVE

## ESSENTIAL OIL BLENDS



### SUMMER OF LOVE \$20

*Signature blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Summer of Love is a proprietary blend of Sweet Orange, Bergamot, Grapefruit, Douglas Fir, Roman Chamomile, Osmanthus, Vanilla, and Fenugreek essential oils.

**Recommended Use:** Energizing, boost positivity, spread love

Summertime is full of the very best things! Create the best summer ever with the help of Summer of Love! It's sweet and citrusy aroma will help you wake up each morning with positivity & energy.

**Aroma:** Citrusy, sweet, floral hints

**Diffuse for Positivity:** Diffuse 4-5 drops to create energy & positive feelings in your home. This aroma lightens the mood and instills confidence, a great blend for living rooms and common spaces.

**Summer Cruising:** When you need a dreary car ride to be more like a summer time road trip, add 4-5 drops to a car diffuser.

**Calm & Collected:** Apply a few drops to pulse points before meditation to help focus.

# REVIVE

## ESSENTIAL OIL BLENDS



### SUNKISSED \$16

*Signature blend*

AROMATICALLY TOPICALLY SENSITIVE

REVIVE Sunkissed is a proprietary blend of Lavender, Tea Tree, Helichrysum, and Roman Chamomile essential oils.

**Recommended Use:** After-sun skin care, soothe irritated skin, cool relief from heat

A mix of 5 essential oils, Sunkissed instantly soothes skin after sun exposure, leaving it cool & refreshed. The minty scent invigorates the senses while providing expert after-sun care for all skin types.

**Aroma:** Minty, fresh, light, citrusy, sweet

**Capture the Senses:** Diffuse 1-3 drops to invigorate the senses & refresh the atmosphere.

**Lock in the Glow:** Dilute with Golden Jojoba Oil and apply after spending time in the sun for glowing & youthful-looking skin.

**Soothe Skin:** Add 5 drops to a tablespoon of your favorite Aloe Vera. Apply on irritated skin after sun exposure for soothing relief.



# REVIVE

## ESSENTIAL OIL BLENDS



### SUNSHINE \$16

*Proprietary Blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Sunshine is a proprietary blend of Orange, Cinnamon Bark, Cinnamon Leaf, Camphor and Eucalyptus essential oils.

**Recommended use:** Uplifting, energizing, invigorating

REVIVE Sunshine is a blend to help you feel like the long, dark days are gone and the sun is finally here.

**Let the Sun Shine:** Apply 2 drops to the wrists, neck and the insides of elbows with Fractionated Coconut Oil when you are ready to get things done and just need a little kick start.

**Brighten a Room:** Diffuse 3-4 drops to create an energetic and invigorating atmosphere.

**Refreshing Spray:** Add 10 drops of Sunshine to a spray bottle with 1/4 cup water and use to freshen a room or linens.

# REVIVE

## ESSENTIAL OIL BLENDS



### SUPER DEFENSE \$24

*Comparable to Young Living® ImmuPower®*

AROMATICALLY TOPICALLY DILUTE

REVIVE Super Defense is a proprietary blend of Hyssop, Camphor, Oregano, Cistus, Mountain Savory, Frankincense, Cumin, and Clove essential oils.

**Recommended Use:** Supporting wellness, positive feelings

Super Defense is a blend of 8 potent protective & positive energy essential oils. It can be used to purify the air or boost positive energies when alone or interacting with others.

**Aroma:** Spicy, warm, fresh, herbaceous, rich

**Support:** Use during the cold & flu season, apply diluted to the soles of the feet to support wellness.

**Defend:** Diffuse 2-3 drops, 2-3 times a day on a daily basis to purify the air.

**Positivity:** When you are feeling like doing some self-care, diffuse 2-3 drops to help promote positive feelings while you journal, rest, read, or interact with loved ones. It will help you recharge those positive energies!

# REVIVE

## ESSENTIAL OIL BLENDS



### THE SECRET \$50

*Comparable to Young Living Highest Potential*

AROMATICALLY TOPICALLY NEAT

REVIVE The Secret is a proprietary blend of Blue Cypress, Ylang Ylang, Cedarwood, Jasmine, Geranium, Lavender, Black Spruce, Lemon, Hawaiian Sandalwood, Frankincense, Grapefruit, Ocotea, Cinnamon, Tangerine, Rose, Kaffir Lime, White Fir, Vetiver, Davana, German Chamomile, Blue Tansy, and Spearmint essential oils.

**Recommended Use:** Grounding, inspiring

REVIVE The Secret is a complex blend of 22 essential oils that are perfectly combined to help ground yourself and calm your emotions. The secret weapon you use when you need to prepare yourself for something big or make important decisions.

**Aroma:** Sweet, floral, woody, citrus hints

**Secret Weapon:** Apple 1-2 drops, diluted, to wrists & temples to ground yourself before a speech or important presentation.

**Inspiration:** Diffuse 3-4 drops before meditation or yoga to feel more focused.

# REVIVE

## ESSENTIAL OIL BLENDS



### TUMBLE & TIDY \$18

*Proprietary blend*

AROMATICALLY TOPICALLY DILUTE

REVIVE Tumble & Tidy is a proprietary blend of Lavender, Lime, Rosemary, Tea Tree, Bergamot, Ylang Ylang, Geranium, Sweet Orange, Litsea, and Jasmine essential oils.

**Recommended Use:** Getting rid of odors, freshening up stuffy spaces

REVIVE Tumble & Tidy is an all-natural cleaning powerhouse! It is perfect for eliminating the need for chemicals typically used to make laundry smell great when drying.

**Aroma:** Fresh, citrusy, sweet, floral hints

**Tidy the House:** Diffuse 2-3 drops in the house to get rid of odors and purify the air.

**Great-Smelling Laundry:** Add 2-3 drops to 2 wool dryer balls and toss into the dryer with wet clothes (use 6 balls for large loads, as this will help dry clothes faster). Reapply oil as scent dissipates.

**Refresh Stale Linens:** Add 10 drops to a glass spray bottle with 1/4 cup water and spritz onto linens.

# REVIVE

## ESSENTIAL OIL BLENDS



### UNITY \$25

*Comparable to doTERRA Peace®*

AROMATICALLY TOPICALLY NEAT

REVIVE Unity is a proprietary blend of Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage, Marjoram Leaf, Labdanum Leaf & Stalk, and Spearmint essential oils.

**Recommended Use:** Concentration, focus, sleep aid

REVIVE Unity is created from 8 essential oils. Frankincense is excellent in promoting focus, Clary Sage offers clarity, and Vetiver keeps you grounded. Together, these oils create a peaceful atmosphere that keeps away anxious feelings & fear.

**Aroma:** Rich, minty, floral, fresh, sweet

**Beauty Sleep:** Diffuse 1-3 drops in the bedroom before sleeping for a peaceful slumber.

**Work Smarter:** Diffuse at work, especially when working on an important project or brainstorming.

**Calm Your Thoughts:** Rub 1-2 drops between your palms and inhale deeply when overwhelmed.

# REVIVE

## ESSENTIAL OIL BLENDS



### WORLD'S BEST MOM \$20

*Proprietary blend*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE World's Best Mom is a proprietary blend of Lemon, Sweet Orange, Tangerine, Bergamot, Peppermint, Ylang Ylang, and Melissa essential oils.

**Recommended Use:** Feel safe, boost positivity

Moms know just how to make everything feel good and right in your world, and so does this blend! The fruity, happy aroma of World's Best Mom makes you feel safe and positive! A great gift to make sure the mom in your life knows that you think she is the World's Best!

**Aroma:** Fruity, sweet, fresh

**World's Best Aroma:** Diffuse 5 drops to uplift your mood and reduce negative thoughts & anxiety.

**Happiness On-the-Go:** Use a few drops on the neck & wrists when you need to take your happy with you out into the world!

# REVIVE

## ESSENTIAL OIL BLENDS



### YARPOM \$25

*Comparable to doTerra's Yarrow|Pom®*

AROMATICALLY TOPICALLY INTERNALLY NEAT

REVIVE YarPom is a proprietary blend of Yarrow essential oil and cold-pressed Pomegranate Seed oil.

**Recommended Use:** Antioxidant support, skincare, anti-aging

REVIVE YarPom combines 2 oils to create a powerful blend backed with antioxidants. A potent oil for aging skin that restores vitality by helping promote collagen production. Use YarPom regularly to get beautiful, glowing skin.

**Aroma:** Earthy, sweet

**Beautiful Skin:** Apply 1-2 drops daily after cleansing & toning for glowing, smooth skin.

**Smooth Legs:** To reduce the appearance of varicose veins, apply regularly to affected areas.

**Boost Metabolism:** Add a drop to a glass of water and drink daily to support a healthy metabolism.

# REVIVE

## ESSENTIAL OIL BLENDS



### ZEN \$28

*Comparable to Young Living  
Peace & Calming I®*

AROMATICALLY

TOPICALLY

SENSITIVE

REVIVE Zen is a proprietary blend of Tangerine Peel, Orange Peel, Ylang Ylang Flower, Patchouli, and Blue Tansy essential oils.

**Recommended Use:** Calming, comforting, peace

The comforting scent of REVIVE Zen helps promote peace & calm. It creates a relaxing atmosphere for parents & children. Topical use helps improve skin.

**Aroma:** Citrusy, floral, light, sweet, musky hints

**For Children:** Diffuse in the house or car for a calming effect on children.

**Increase Focus:** Diffuse before yoga or meditation to achieve better focus.

**Beautiful Skin:** Add a few drops to your skincare products for healthy, glowing skin.



# CARRIER OILS

Revive offers a selection of premium carrier oils that are suitable for different skin types. Made from the highest quality ingredients, these carrier oils have been extracted using processes that preserve the essential fatty acids, vitamins, and other beneficial ingredients that are so important for skin and hair. There is a carrier oil for every skin type— dry, oily, combination, or sensitive. Use Revive carrier oils with Revive essential oils or by themselves. These premium oils will not disappoint!



## ARGAN CARRIER OIL \$15

*Argania spinosa*

**Aroma:** Neutral, mild, nutty

Known as 'liquid gold', Argan oil is a versatile oil that can be used internally as well as topically. It has been used in beauty treatments for thousands of years. The cosmetic industry has recently woken up to its powerful benefits to the skin. Extremely light, it is quickly absorbed into the skin. It can also reduce breakouts and protect the skin from other irritations.

**Acne Spot Treatment:** Mix 6 drops of Tea Tree oil with 0.5 fl oz of Argan Oil to create an anti- acne facial oil. Apply to affected areas.

**Styling:** Apply a few drops of Argan Oil on hair to tame frizz and style.

**Anti-Aging Oil:** Add 12 drops of Frankincense oil to 1 fl oz of Argan Oil to create a powerful anti- aging facial oil.



## EVENING PRIMROSE CARRIER OIL \$10

*Oenothera biennis*

**Aroma:** Slightly sweet

Evening Primrose Carrier Oil leaves even dry skin supple & moisturized. It contains high levels of fatty acids and other nutrients that penetrate deeply and soothe even red or irritated skin. Its exceptionally fine texture and nourishing qualities make it popular in beauty treatments for softening, soothing, moisturizing, and boosting the skin's natural elasticity.

**Soothe Skin:** Apply a few drops directly to face. Massage gently into rough, dry skin to help reduce irritation or dryness.

**Dry Scalp:** Add a few drops to your shampoo and massage it directly into the scalp to help reduce dryness and flakiness.

**Natural Moisturizer:** Mix Evening Primrose Carrier Oil with equal parts Shea Butter and apply the mixture to skin every night before bed. This will nourish the skin and promote a soft, clear complexion.



## FRACTIONATED COCONUT OIL \$9

*Cocos nucifera*

**Aroma:** Odorless

Fractionated Coconut oil is the most popular amongst carrier oils. Made from regular Coconut oil, Fractionated Coconut oil is made by removing several fatty acids from the oil. High in antioxidants, Coconut oil has several skin benefits. As an excellent moisturizer, it can help soothe skin irritations. Being a liquid at room temperature, it makes for an amazing carrier oil to mix essential oils in.

**Strong & Lustrous Tresses:** Warm Coconut oil in a microwave. Using a cotton ball, apply the warm (not hot) Coconut oil on the scalp. You can mix a few drops of Rosemary oil for more hair benefits. Make sure to only warm the oil, do not use hot oil on scalp.

**Moisturize:** Mix 12 drops of Geranium oil in 1 fl oz of Coconut oil and use as a daily moisturizer.

**Relaxing Massage:** Mix 12-15 drops of Lavender oil in 1 oz of Fractionated Coconut oil and use for a relaxing massage.



### GOLDEN JOJOBA CARRIER OIL \$12

*Simmondsia chinensis*

**Aroma:** Light, subtle

Jojoba is similar to sebum produced by the human body. This fact alone makes it an excellent carrier oil for topical application. When used on the face, it can help balance an oily skin condition. Also, it is noncomedogenic, meaning it won't clog pores and cause breakouts. As a humectant, it forms a protective barrier on skin, preventing loss of moisture. It is rich in antioxidants and may help boost collagen production in the skin.

**Nourishing Facial Oil:** Mix 6 drops each of Frankincense and Geranium in 1 oz of Jojoba Carrier Oil. Use this facial oil regularly for soft, supple skin.

**Hair Conditioner:** Rub a few drops of Jojoba into the scalp & hair. Wrap a warm towel on the head for a few minutes. Wash & condition as usual.

**Make-Up Remover:** Add a few drops to a cotton ball and use to gently remove makeup.



## GRAPSEED CARRIER OIL \$10

*Vitis vinifera*

**Aroma:** Light, slightly nutty

A byproduct of the winemaking process, Grapeseed Carrier Oil is rich in vitamin E. It is even mentioned in the Bible and has been around for 6000 years. Being very light, it does not clog pores, making it an excellent carrier oil for people with sensitive skin. It contains stearic acid, which has cleansing properties and may help eliminate dirt from skin & hair. The oil is also an excellent preservative, so it works well as a carrier oil in essential oil blends.

**Nourish Hair Massage:** Mix 2 drops each of Ylang Ylang and Rosemary in 1 tablespoon of Grapeseed Oil and massage into the scalp. Leave overnight and wash your hair in the morning.

**Facial Oil for Acne-Prone Skin:** Add 6 drops each of Lavender and Tea Tree to 1 oz of Grapeseed Oil. Store in a dark bottle and use daily for moisturized, problem-free skin.

**Soothing Body Massage Oil:** Add the essential oil of your choice to the carrier oil and use it for a soothing massage.



## HEMP SEED CARRIER OIL \$9

*Cannabis sativa*

**Aroma:** Distinct nutty aroma, mild

Rich in Omega-3 and Omega-6 fatty acids, Hemp Seed Carrier Oil is good for the heart & skin. These fatty acids help lower bad cholesterol levels in the body and prevent diseases. They are great for moisturizing dry skin and promoting skin health. Its mild purifying properties make it ideal for skin prone to breakouts. It has properties that could help soothe minor muscle & joint aches & pains. Hemp Seed Oil also contains powerful antioxidants that help keep away visible signs of aging and maintains brain health.

**Pain Relief Balm:** Mix 2-4 drops of Ginger or Clove with 1 tablespoon of Hemp Seed Carrier Oil. Massage gently into sore muscles & joints.

**Anti-Aging Facial Oil:** Mix 6 drops of Frankincense, 3 drops of Sandalwood, and 3 drops of Geranium with 1 oz of Hemp Seed Carrier Oil. Use daily for moisturizing & anti-aging.

**Cooking:** Use 1-2 teaspoons in salad dressings, soups, or smoothies.



## POMEGRANATE CARRIER OIL \$15

*Punica granatum*

**Aroma:** Fruity, mildly nutty

Rich in Omega-6 and Omega-9 fatty acids, Pomegranate Seed Carrier Oil is nourishing and is an excellent addition to skincare routines. It has a conditioning effect that leaves skin moisturized and velvety. An added benefit, it is also rich in antioxidants, meaning it boosts collagen production, enhances skin elasticity, reduces the appearance of scarring, and leaves lasting moisture without feeling greasy or clogging pores. It also contains palmitic acid, which has emollient properties and softens hair without leaving a greasy or sticky residue.

**Anti-Aging Serum:** Mix 20 drops each of Pomegranate, Frankincense, Lavender, Liquid Vitamin E, and Jojoba Oil and gently massage 4 drops over the face before bed and wear overnight.

**Soothe Skin:** Apply a few drops to affected areas on the face for less inflamed, irritated, & dry skin.

**Itchy Scalp:** Add a few drops to shampoo and conditioner to eliminate dandruff & inflammation.





## ROSEHIP CARRIER OIL \$14

*Rosa rubiginosa*

**Aroma:** Mild, earthy

Rosehip Oil has been used for its skincare abilities for thousands of years. The oil is full of healthy essential fatty acids & vitamins that are a boon for the skin. The presence of linoleum acid makes it a powerful antioxidant and a powerful anti-aging oil. It is rich in fatty acids that help balance an oily skin condition. The presence of vitamin E makes it an effective option for reducing the appearance of fine lines, wrinkles, etc.

**Reduce Stretch Marks:** Mix 6 drops of Helichrysum in 0.5 oz of Rosehip Carrier Oil. Apply to affected areas after a bath, regular use should help lighten stretch marks.

**Anti-Aging Facial Oil:** Mix 6 drops of Frankincense, 3 drops of Carrot Seed, 3 drops of Sandalwood, and 1 oz of Rosehip Carrier Oil. Use regularly to reduce signs of aging.

**Strong Nails:** Add 1 drop to nail beds and massage gently to strengthen brittle nails and improve their overall health.



## SEA BUCKTHORN CARRIER OIL \$30

*Hippophae rhamnoides*

**Aroma:** Fruity

Sea Buckthorn Carrier Oil works well with all skin types. It has an abundance of health promoting bioactive components which improves skin health and makes it a skincare necessity. Sea Buckthorn is also rich in fatty acids and vitamin A, thus promoting scalp health. It is highly concentrated, so it is best used in blends with other carrier oils.

**Face Serum:** Combine 0.5 oz each of Golden Jojoba and Sea Buckthorn Carrier Oil with 25-35 drops of Frankincense in a glass, amber bottle. Apply 8-10 drops to the face 1-2 times, daily.

**Even, Supple Skin:** Add a few drops to your lotion and apply to skin to promote healing of eczema, rosacea, and burns. It also eases inflamed, irritated, or flaking skin.

**Healthy Scalp:** Add a few drops to your shampoo and use to moisturize and ease irritation of a dry, flaky scalp.



## SWEET ALMOND CARRIER OIL \$9

*Prunus dulcis*

**Aroma:** Strong, nutty, sweet

An excellent emollient, Sweet Almond Oil is very popular in skincare applications. It helps soothe & moisturize dry & irritated skin. It is very mild, so it is a perfect option for those with sensitive skin. The presence of vitamin A may help reduce breakouts. It is also rich in vitamin E, a powerful antioxidant, which may offer protection against damage caused by UV radiation. Lastly, it helps maintain skin healthy by keeping it clear, supple, and moisturized.

**No More Dark Circles:** Gently massage 1-2 drops under the eyes at night. Regular application will help reduce puffiness, dark circles, and fine lines.

**Clear, Glowing Complexion:** Mix 1 oz of Sweet Almond Oil with 6 drops of Frankincense and 3 drops each of Lavender and Geranium. Use daily for a clear, supple skin. You can also use it to lighten stretch marks.

**Hair Care:** Mix with Coconut Oil. You can add 1-2 drops of Rosemary & Cedarwood. Lightly massage on the scalp and wash the next morning.

# REVIVE CBD

REVIVE CBD is an all natural and safe way to ease minor aches and pains, reduce feelings of stress and anxiousness, and promote better sleep at night. Revive uses the highest quality CBD oil from full spectrum hemp extract, not from isolate or fractionated cannabinoids. This oil is extracted using total CO2 extract, yielding the highest quality extraction free of solvents rich in CBD and other cannabinoids that help deliver the better results. REVIVE CBD is 100% Organic Full Spectrum Hemp Extract, Peppermint Essential Oil and Fractionated Coconut Oil.

# REVIVE

## What are the benefits of REVIVE CBD?

REVIVE CBD is an all natural and safe way to alleviate minor pain and aches, reduce feelings of stress and anxiousness, and promote better sleep at night.

## Which REVIVE CBD should I choose?

**REVIVE CBD Oil** is our best seller. It is perfect for first time CBD users. This bottle contains 166+mg of CBD and 8.3mg of CBD per serving (10 drops).

**REVIVE CBD Oil – Extra Strength** is best for those that are experienced CBD users or those seeking more pronounced results. This bottle is double the dosage of the CBD mentioned above, containing 333+mg of CBD per bottle and 16.6mg of CBD per serving (10 drops).

**REVIVE CBD for Pets** helps our furry little friends have access to the same high quality full spectrum hemp extract humans enjoy, but at a lower strength and dosage to care for their digestive systems. This bottle contains 83+mg of CBD and we recommend a serving of 1 drop (.42mg of CBD) per five pounds.

**REVIVE CBD Oil Chocolate Mint** is another one that is perfect for first time CBD users, that want to add some chocolate flavoring to their CBD! This bottle contains 166+mg of CBD and 8.3mg of CBD per serving (10 drops).

**REVIVE CBD Oil Chocolate Mint – Extra Strength** is perfect for experienced CBD users or those seeking more intense results, that want to add some chocolate flavoring to their CBD! This bottle is double the dosage of the CBD mentioned above, containing 333+mg of CBD per bottle and 16.6mg of CBD per serving (10 drops).

# REVIVE

## How do I use REVIVE CBD?

REVIVE CBD Oil can be used internally or topically.

Use daily at any time of day, on an empty or full stomach. Some people feel the change right away. For most people, it takes 5-10 days.

Once you do feel the change, it generally takes 20 minutes to one hour after ingestion or topical use and the effects can last for 4 to 8 hours.

Taking CBD sublingually (under the tongue) is a quick and efficient way for CBD to enter the bloodstream and offer stress/anxiety relief while also helping with sleep issues. To use internally, pour 10 drops sublingually and wait 60-90 seconds before swallowing.

Taking CBD topically provides targeted pain relief. This is useful for joint pain, arthritis, muscle pain and inflammatory skin conditions. Cleanse the skin where you want to apply the CBD with lukewarm water and skin-friendly soap. Rinse with lukewarm water. Take 10 drops of REVIVE CBD and rub it into your skin with slow, circular motions. Keep rubbing until the product is fully absorbed. There is no need to dilute as it is already pre-diluted with Fractionated Coconut Oil.

To penetrate the skin, more liberal use of CBD might be required. Additionally, taking CBD sublingually might be more effective.

Our recommended dosage of 10 drops is a good starting point. If you aren't feeling the desired effects, increase dosage.

With REVIVE CBD For Pets, we recommend starting at 1 drop per 5 pounds. If your pet isn't experiencing desired effects, increase to 2 drops per 5 pounds. You can have them lick it straight from a spoon but if they don't like it, you can mix it in their food or water.

# REVIVE

## Who should use REVIVE CBD?

REVIVE CBD Oil is the all-natural, safe way to reduce minor aches & pains, reduce feelings of stress, soothe feelings of anxiousness, and for a better sleep at night. People seeking natural and safe alternatives should consider REVIVE CBD Oil.

Unlike prescription drugs, you can't get addicted to REVIVE CBD Oil. Even your pets can take CBD! Check out REVIVE CBD for Pets.

## Why is CBD Oil suddenly so popular?

Over the last few years, thanks to some amazing new discoveries about how CBD can help people with severe conditions, like epilepsy and Parkinson's disease, make truly miraculous turnarounds, CBD has really entered the spotlight.

The more that patients and studies confirm what it can do, the more the world is watching as CBD's massive potential continues to be unlocked.

Cannabis and cannabis-derived compounds, like CBD, have gained a lot of popularity in the past decade. The interest around their potential therapeutic applications continues to grow, thanks to new research and discoveries. Even the US Food and Drug Administration (FDA) recognizes the potential opportunities CBD may offer; it went on to approve one cannabis-derived and three cannabis-related drug products to treat certain medical conditions. This, along with a growing community of loyal users has contributed to its popularity.

# REVIVE

## What is REVIVE CBD?

CBD, short for cannabidiol (pronounced canna-bi-dial) is a natural, safe compound found in the cannabis plant.

Cannabis actually contains 80+ similar compounds called cannabinoids. Cannabinoids are in every plant and inside the human body – we humans create cannabinoids naturally.

The combination of CBD and these cannabinoids is referred to as full spectrum hemp extract, which is the distillation method we use. This produces what is called the “entourage effect” where the combination of CBD and other cannabinoids delivers better results.

Research continues to shed light on the many potential benefits of CBD, and it's growing popularity indicates its here to stay.

## Where does REVIVE CBD come from?

REVIVE CBD comes from the flowers and leaves of the hemp plant.

While REVIVE CBD is not an essential oil, we take the same care for quality in sourcing organic hemp grown in the USA. REVIVE CBD is gluten free, vegan, non-GMO and organic.

This is the highest quality CBD oil from full spectrum hemp extract, not from isolate or fractionated cannabinoids. This oil is extracted using total CO2 extract, yielding the highest quality extraction free of solvents rich in CBD and other cannabinoids that help deliver the better results. REVIVE CBD is 100% Organic Full Spectrum Hemp Extract, Peppermint Essential Oil and Fractionated Coconut Oil.



# REVIVE

Our founders started REVIVE with one mission: Make the highest quality essential oils and plants accessible and affordable to everyone so everyone could afford to live naturally.

We are proud to get the healing power of CBD into the hands of people who need it and to do so affordably. We are proud to offer the highest quality CBD at affordable prices to people who are seeking a natural and safe option to improve their overall health and wellness.

## **Is REVIVE CBD Legal?**

Yes, REVIVE CBD Oil is completely legal in all 50 States in the United States.

## **Can I take REVIVE CBD while on prescription drugs?**

Please consult your doctor to determine the proper dosage.

## **Will I get high from REVIVE CBD?**

The reason you get high from marijuana is due to the effects and high percentage of THC - but other cannabinoids, like CBD, don't get you high at all. REVIVE CBD Oil is safe to use and does not get you high.

All full spectrum hemp extracts have a small percentage of THC in it. Less than 0.3% to be exact, which cannot get you high. It is very unlikely you will fail a drug test if you use REVIVE CBD. Having said that, everyone's body metabolizes differently, so it isn't guaranteed that you will not fail a drug test by taking CBD.

# REVIVE

CBD OIL



CBD OIL \$25

*Proprietary blend*

TOPICALLY INTERNALLY

Organic full-spectrum CBD Oil, Peppermint Essential Oil and Fractionated Coconut Oil

**Recommended for:** First time users of CBD who are looking for relief from minor aches and pain, reducing feelings of stress and anxiousness, and a good night's sleep.

**For reducing feelings of anxiety and stress, and promoting sleep:** Pour 10 drops sublingually and swallow after 60-90 seconds.

**For soothing minor bodily aches:** Rub 10 drops into the affected area. REVIVE CBD is already pre-diluted with a carrier oil to avoid skin sensitivity and improve absorption.

# REVIVE

CBD OIL



## CBD OIL EXTRA STRENGTH \$45

*Proprietary blend*

TOPICALLY INTERNALLY

Organic full-spectrum CBD Oil, Peppermint Essential Oil and Fractionated Coconut Oil

**Recommended for:** Experienced users of CBD or those seeking more pronounced effects. It helps alleviate feelings of anxiousness and stress, and promotes a good night's sleep.

**For reducing feelings of anxiety and stress, and promoting sleep:** Pour 10 drops sublingually and swallow after 60-90 seconds.

**For minor pain relief:** Rub 10 drops into the affected area. REVIVE CBD is already pre-diluted with a carrier oil to avoid skin sensitivity and improve absorption.

# REVIVE

CBD OIL



## CBD OIL CHOCOLATE MINT \$25

*Proprietary blend*

TOPICALLY INTERNALLY

Organic full-spectrum CBD Oil, Peppermint Essential Oil, Cocoa Extract and Fractionated Coconut Oil.

**Recommended for:** First time users of CBD who are looking to soothe minor aches and pain, reduce feelings of anxiousness and stress, get a good night's sleep, and want to add some chocolate taste to their REVIVE CBD!

# REVIVE

CBD OIL



## CBD OIL CHOCOLATE MINT - EXTRA STRENGTH \$45

*Proprietary blend*

TOPICALLY

INTERNALLY

Organic full-spectrum CBD Oil, Peppermint Essential Oil, Cocoa Extract and Fractionated Coconut Oil.

**Recommended for:** Experienced users of CBD or those seeking more intense effects to soothe minor aches and pain, reduce feelings of stress and anxiousness, get a good night's sleep, and want to add some chocolate taste to their REVIVE CBD!

# REVIVE

CBD OIL



CBD 0.0% THC \$25

*Proprietary blend*

TOPICALLY INTERNALLY

REVIVE CBD 0.0% THC Oil contains only 100% Organic CBD Isolate and Fractionated Coconut Oil. The blend is tasteless and has undetectable levels of THC, so it will not show up on drug tests.

**Recommended For:** First time users of CBD who are looking for relief from minor aches & pain, reducing feelings of stress & anxiousness, and a good night's sleep.

# REVIVE

CBD OIL



## CBD 0.0% THC EXTRA STRENGTH \$40

*Proprietary blend*

TOPICALLY INTERNALLY

REVIVE CBD 0.0% THC Extra Strength contains only 100% Organic CBD Isolate and Fractionated Coconut Oil. The blend is tasteless and has undetectable levels of THC, so it will not show up on drug tests.

**Recommended For:** Experienced users of CBD or those seeking more pronounced effects. It helps alleviate feelings of anxiousness & stress and promotes a good night's sleep.

# REVIVE

CBD OIL



## CBD 0.0% THC CHOCOLATE MINT \$25

*Proprietary blend*

TOPICALLY INTERNALLY

REVIVE CBD 0.0% THC Chocolate Mint Oil contains only 100% Organic CBD Isolate, Cacao, Peppermint, Vanilla, and Fractionated Coconut Oil. Add some chocolate to your CBD and with its undetectable levels of THC, it will not show up on drug tests.

**Recommended For:** First time users of CBD who are looking for relief from minor aches & pain, reducing feelings of stress & anxiousness, and a good night's sleep.



# REVIVE

CBD OIL



## CBD FOR PETS \$14

*Proprietary blend*

TOPICALLY INTERNALLY

Organic US-grown full-spectrum CBD Oil and Fractionated Coconut Oil.

**Recommended For:** Your dog, cat or other pets to reduce & manage stress, reduce sad & anxious feelings, help relax, soothe tight & tense muscle pain, and a good night's sleep.

**How to Use:** We recommend starting at 1 drop per 5 pounds. If your pet isn't experiencing the desired effects, increase the dosage to 2 drops per 5 pounds.

**Tip:** You can have them lick it straight from a spoon but if they don't like it, you can mix it in their food or water.

# REVIVE

CBD OIL



## CBD FOR PETS -BACON \$14

*Proprietary blend*

TOPICALLY

INTERNALLY

Organic US-grown full-spectrum CBD Oil, Fractionated Coconut Oil, and Natural Bacon Flavoring.

**Recommended For:** Your dog, cat or other pets to reduce & manage stress, reduce sad & anxious feelings, help relax, soothe tight & tense muscle pain, and a good night's sleep. Your pet will love bacon-flavored Revive CBD for Pets.

**How to Use:** We recommend starting at 1 drop per 5 pounds. If your pet isn't experiencing the desired effects, increase the dosage to 2 drops per 5 pounds.

**Tip:** You can have them lick it straight from a spoon but if they don't like it, you can mix it in their food or water.

# REVIVE

CBD OIL



BLISS \$25

*Proprietary blend*

TOPICALLY INTERNALLY

REVIVE Bliss is 100% Organic full-spectrum REVIVE CBD Oil, blended with Sweet Orange and Tangerine Essential Oils, Vanilla Fruit Extract and Fractionated Coconut Oil.

**Aroma:** Citrusy, sweet

**Recommended For:** First time users of CBD and experienced users of CBD who are interested in the added benefits of essential oils. Helps to reduce feelings of stress and anxious feelings.

**Internal Use:** Pour 10 drops sublingually and swallow after 60-90 seconds.

**Topical Use:** Rub 10 drops into the affected area. REVIVE CBD is already pre-diluted with a carrier oil to avoid skin sensitivity and improve absorption.

# REVIVE

CBD OIL



## FOCUS \$25

*Proprietary blend*

TOPICALLY INTERNALLY

REVIVE Focus is 100% Organic full-spectrum REVIVE CBD Oil, blended with Coffee Essential Oil, Vanilla Fruit Extract, and Fractionated Coconut Oil.

**Aroma:** Strong coffee-like, sweet

**Recommended For:** First time users of CBD and experienced users of CBD who are interested in the added benefits of essential oils. Helps to target those scattered and stressed out feelings to help create Focus.

**Internal Use:** Pour 10 drops sublingually and swallow after 60-90 seconds.

**Topical Use:** Rub 10 drops into the affected area. REVIVE CBD is already pre-diluted with a carrier oil to avoid skin sensitivity and improve absorption.

# REVIVE

CBD OIL



## RELIEF \$25

*Proprietary blend*

TOPICALLY INTERNALLY

REVIVE Relief is 100% Organic full-spectrum CBD Oil, blended with Lemon and Lavender Essential Oils and Fractionated Coconut Oil.

**Aroma:** Floral, citrusy, sweet, light

**Recommended For:** First time users of CBD and experienced users of CBD who are interested in the added benefits of essential oils. Helps to target inflammation and soreness to help you get you some Relief.

**Internal Use:** Pour 10 drops sublingually and swallow after 60-90 seconds.

**Topical Use:** Rub 10 drops into the affected area. REVIVE CBD is already pre-diluted with a carrier oil to avoid skin sensitivity and improve absorption.

# REVIVE

CBD OIL



## REST \$25

*Proprietary blend*

TOPICALLY

INTERNALLY

REVIVE Rest is 100% Organic full-spectrum REVIVE CBD Oil, blended with Bergamot and Clary Sage Essential Oils, Vanilla Fruit Extract and Fractionated Coconut Oil.

**Aroma:** Sweet, fruity, floral & citrusy hints

**Recommended For:** First time users of CBD and experienced users of CBD who are interested in the added benefits of essential oils. Helps to promote relaxation and aids in getting a good night's Rest!

**Internal Use:** Pour 10 drops sublingually and swallow after 60-90 seconds.

**Topical Use:** Rub 10 drops into the affected area. REVIVE CBD is already pre-diluted with a carrier oil to avoid skin sensitivity and improve absorption.